



Maine and NH's Own Equestrian Newspaper

January 2020

\$2.00



BURRR...Baby it's Cold Outside

Winter Riding Tips



- * Bits and Bytes Industry News
- * Blaze: Healing Hearts Rescue
- * Year End Banquet Season
- * 2020 Editorial Calendar





Nutrena[®]

What's inside counts.

SAME GREAT FORMULA

NEW BAG.

Maine Horse and Rider

www.mainehorseandrider.com

Welch's Hardware and Lumber

Tack and Farm Store

Holden, ME

207-989-7005

Lebanon, ME

207-457-1106

Visit us on Facebook

We know what it takes to provide the balanced nutrients your horses rely on to look and feel their best. It comes down to what's inside the feed. That's why our SafeChoice' products are leading the controlled-starch market. It's also why we're always working to stay ahead of the curve on equine nutrition and topline health. Because the two go hoof in hoof.

TOPLINE

VISIT TOPLINEBALANCE.COM TO TAKE OUR TOPLINE ASSESSMENT.

MAINE

Andy's Agway Dayton, ME 207-282-2998 www.andysagway.com

Mac's True Value Hardware Rte. 139 Unity, ME 207-948-3800

NEW HAMPSHIRE

Achille Agway Peterborough, Milford, Keene, Walpole and Hillsboro, NH 603-784-5426 www.achilleagway.com

Clark's Grain Store Chichester, NH 603-435-8388 www.clarksgrain.com © 2018 Cargill, Incorporated. All rights reserved.

Meader Supply Rochester, NH 1-800-446-7737 meader@meadersupply.com

North Haverhill Agway North Haverhill, NH 603-787-6981 www.northhaverhillagway.com

Clark's Grain Store Ossipee, NH 603-539-4006 www.clarksgrain.com

Community Action

Volunteer Your Time

The Carriage Barn Equine Adaptive Therapy Programs

The Carriage Barn Equine Adaptive Therapy Programs is looking for volunteers to assist with Therapeutic Horseback Riding & Carriage Driving, Fundraising, Events, and Fun Activities. Volunteers are needed at various times throughout the week to work with horses and clients. Teens, adults and retirees welcome (volunteers must be at least 14 years old). Experience and horse knowledge is a plus, but not required.

Are you a student with a community service requirement (Honor Society, Scouts, 4-H, Graduation, etc)? If so, we would love to hear from you!

The program offers services in Kensington, NH and seeks to promote the health and well-being of individuals of all ages with disabilities by enhancing their physical, psychological, cognitive and emotional healing and strengthening through equine activities. The Carriage Barn is a 501c3 Not-for-Profit Organization, as well as a member center of the Professional Association of Therapeutic Horsemanship, International.



Anyone interested in learning more can contact: The Carriage Barn 603-378-0140, email carriage-barn@comcast.net, or check out our website at www.carriage-barn.org.



Stable Alignment Veterinary Services, LLC Practice limited to mobile animal chiropractic and acupuncture services Serving Maine and New Hampshire to help keep your animal balanced & healthy

Certified by the International Veterinary Chiropractic Association



Krista M. Lindquist, DVM, IVCA Certified Find us on Facebook or visit www.stablealignment.com for more information



LITCHFIELD, MAINE

Boarding - Lessons

*Boarding - Lessons - Summer camps - Adult camps - Clinics *Facility Rentals *Private, or group lessons, with certified instructors

Instructor: Leanna Smith (207) 751-9663 Owner: Tina Titus (207) 841-9922

http://www.upperpondstable.com e-mail tina@upperpondstable.com

Any Maine or New Hampshire barn or equestrian group is welcome to submit their news for consideration to be included in The Horse's Maine & NH.

Any Maine or New Hampshire barn or equestrian group is welcome to submit their news for consideration to be included in *The Horse's Maine & NH*

Email your news to: editor@horsesmaineandnh.com

There is no charge for submitting news in *The Horse's Maine & NH*

A great way to gain exposure!



Insurance Made Easy! Competitve Rates & Great Service

Equine ~ Farms

Mortality* Major Medical & Surgical Farm Packages (Auto & Home), Horse Associations & Clubs Director & Officer Coverage, Horse Shows, Clinics, Expo Coverage Instructor's Liability, Major Medical for horses up to age 20

Terri shows locally & nationally.

Insure Your Equine Partner with a Leading Equine Agent!

We provide you with competive rates, educated service & help substantiate values.

Payment plans are available. Call for a no-hassle, free quote.

Call Terri Ray today! terriray@donrayinsurance.com www.donrayinsurance.com (781) 837-6550 Marshfield. MA





A monthly newspaper for, by, and about Maine and NH residents. We encourage everyone to submit news from their association, barn, clinic, or show at no charge.

Opinions expressed herein are those of the authors and do not necessarily express the opinions of The Horse's Maine & NH, LLC. We cannot check the accuracy of all ads and make no claims, or guarantees concerning them.

Deadline is the tenth of each month. Email articles, ads, photos, and calendar dates to editor@horsesmaineandnh.com, for inclusion in the next month's paper. The Horse's Maine & NH, LLC reserves the right to edit material for length and clarity, and might not print all material.

Photographs are welcome and can be black & white, or color. Email photographs to editor@horsesmaineandnh.com.

Editor: Kandace Mattson 603-239-6606 editor@horsesmaineandnh.com or horsesmaine1@gmail.com Advertising: Lena Doubleday horsesmainenhads@gmail.com 603-812-9273 Content Developer: Bridie Pearce BridiePearce@gmail.com 603-903-7659 Proofreader: Wendy McCann

The Horse's Maine & NH, LLC 360 Taylor Hill Road Richmond, NH 03470 603-499-3634

editor@horsesmaineandnh.com Copyright 1993 The Horse's Maine

Our goal is to bring the news to the local equestrian community. We are dedicated to providing quality articles, and exceptional customer service, to our advertisers, and readers.

Article Submission Guidelines

Submitting articles to The Horse's Maine & NH is easy - email your articles and photos to editor@horsesmaineandnh.com. Articles must be news; news about your group or your barn, and events that have happened. You can mention future events, but they cannot be advertised in articles.

If you are submitting photographs, we need to know who to give photo credit to. We need the highest resolution possible. 300DPI is best. Cover shots need to be 8" tall and 10" wide and standard images should be 3" tall x 5" wide. Vertical shots will only be used in rare instances.

Please email or mail calendar dates. We cannot take calendar dates over the phone. Due to space limitations, we do not include camp dates in the calendar.

Feature articles and cover photos should be by or about Maine or NH residents. We love seeing submissions from new writers and photographers!

While Horse's Maine & NH ALWAYS recommends wearing appropriate safety tested helmets, we will post pictures, in rare instances, without helmets. However, it is not our opinion of safe riding methods.

Please DO NOT ride without a helmet!

Please email your news & dates

to editor@horsesmaineandnh.com

Any Maine or NH organization, or barn, is welcome to put their news into The Horse's Maine & NH at no charge

ON THE COVER



Madeline, Clint & Lane Holloway with their 8 year old mustang mare, Ginny.

Taken by their momma, Ashley Holloway of Hollow Way Photography

Hollow Way Photography

Child and Equine Photography as well as Maine Fine Art hollowwayphotography@gmail.com http://www.hollowwayphotography.com 207.399.3486

We often use staged photos on the cover of the paper, and we do not want anyone to try and recreate these images on their own. Please contact the photographer, if you would like to recreate any scene.



Phair Ridge farm LLC Danielle Runions

Suzanne Pearson

Danielle is well known in the hunter jumper circuit. At the age of 21 she received her USEF procard. She has extensive experience in training both riders and horses.

Danielle's training program produces a rider who knows the language of a horse and a horse who knows the language of the rider.

Suzanne is a dutch trainer, who just moved to Maine. She has trained many riders and horses. Her specialty is working with the biomechanics of rider and horse in mind. Suzanne's program often involves rehabilitation and training the horse as well as teaching the rider.

Phair Ridge Farm LLC has a team of specialists and we are ready to come to your farm and help you out!

We offer the following services in ME, NH and MA:

•	Training
•	Breaking in
•	Sales horses
•	Lessons
•	Clinics
•	Rehabilitation
•	Custom made jumps
•	Breeding 2020
	Contact us:

603-397-2089 207-636-0609 phairridgefarm@gmail.com equistolt@gmail.com



Prime Time Riders

Prime Time Riders had a wonderful meeting Oct. 12th at Welcome Home Farm in Greene, ME. Asa Woodman presented an introduction to Harmony Horsemanship.

For more information about Harmony Horsemanship, see this link: http://www.harmonyhorsemanship.ca/

Asa is a Licensed Marriage and Family Therapist. She uses the horses to help people overcome fear and trauma. To see more about her work follow this link: https://www.healthaffiliatesmaine.com/ counselors/asa-gustavsson-lmft/

We started the clinic inside with introductions and a brief introduction to the theory of HH.

Respect and Safety are the important aspect of horsemanship. The Harmony Horsemanship theory was developed by observing horse behavior in the herd. Horses in the herd will not cross the "drive lines" of the lead horse. In working with our horses, we need to be aware of what it means to cross these drive lines in establishing communication. For example, the horses in a herd will occasionally backup; the lead horse will never back up. The herd is showing respect for the lead horse.

Developing a close relationship with your horse does not include "cuddling". The horse must be taught to respect your space.

A calm connection is the second premise of Harmony Horsemanship. The rider is the leader and the reaction you get from the horse matters. Developing communication with the frontal lobe of the horses brain, along pathways that develop over time by repetition, will help prevent a panic (fight or flight) reaction. The Harmony Horsemanship method helps the rider get to a "yes" horse, a willing horse, rather than a "no" response horse. Asa suggested we read more about horse physiology. Two good resources are: Chris Erwin's Evolution of Horsemanship https:// chrisirwin.com/horsemanship/ and Dr. Stephen Peter's site: https://www.evidencebasedhorsemanship.com/

Ground Work: The first exercise Asa introduced was walking the square. We used a halter and lead rope to establish boundaries. Walking a square with the horse is a relaxing exercise that can help establish the boundaries. Repeated many times the square helps to bring the horse to a relaxed state. The repetition of the square helps to reinforce the idea that the rider and horse are a team and trust is in the leader (rider) is established.

The second exercise was walking the "S" shape and drawing the horse toward you on each turn. Again, this exercise repeated many times as a way of establishing a calming routine. Asa then added the "scary object" to practice getting the horse to overcome its fear of "the noisy plastic bag" or whatever might be encountered on the trail. The rider continued to make squares and "S" shapes to calm the horse. Reverting to a familiar routine is calming as demonstrated very well by the riders on the ground.

The mounted exercises: The now familiar exercises of "square" and "S" were helpful for each of the five riders. A lot of time and patience were required. Repeating the figures encouraged calmness. All participants gained good tools to use with their own horses and fun was had by all.

For those interested in joining our group, the Prime Time Riders, please contact Linda Veblen lveblen@jhu.edu, 443-992-3833 for information and schedule.



Affiliate





BOARDING & TRAINING

(207) 515-1163 • oakhillcenter@gmail.com

www.oakhillequestriancenter.com 97 White Oak Hill Road, Poland, ME 04274

PLEASURE HOPSE ORGANIZATION BORNES

MSPHO 2020 News

Maine Standardbred Pleasure Horse Organization

January 26, 2020 @ 1:00 PM Awards Banquet held at Buxton Town Hall Ceremony and Lunch open to members and anyone who is interested in becoming a member or to learn more about Standardbred Pleasure Horses.

@Standardbred Visit our website: MaineStandardbred.com

April 19, 2010 Fun Day Show @

Fun Day Show @ Hollis Equestrian Park Join us in preparing your horses for Show Season. Dressage instructors and demos along with an Obstacle course to help desensitize your horse with spring fever.

Save the Dates: June 14, 2020 – Dressage Show September 2020 – World of Horses

River View Farm Update

January is a quiet time of year, other than the winter weather, and storms of snow, sleet and ice! The quiet comes with the farm horses using all their resources to stay warm, comfortable and well-fed. Of course, there are times when horses are known to kick up their heels and fly through the snow!

We are featuring some of our lovely, fuzzy horses with their best 'snow' behavior! Jo-Jean













The Maine and New Hampshire Farm & Barn DirectoryAn All-Inclusive Guide for Farms & Barns

Avalon Meadows Equestrian Center Sarah Shraiberg 494 Bean Road, Otisfield, ME 207-595-7444 avalon.meadows@gmail.com Hunter/Jumper, Boarding, Training

Black Thunder Friesians Cindi Spear 25 Tarbox Lane, Buxton, ME 207-651-1651 blkthunderfriesians@yahoo.com Boarding, Dressage, Training

Brook Ledge Farm Erin Vannah 26 Woodledge Lane, Thomaston, ME 207-542-7307 brookledgefarm@icloud.com Boarding, Clinics

Double L Stable Equestrian Center Wanda Lounder 769 East Side Road, Hancock, ME 207-422-3001 dlsequarterhorses@yahoo.com Lessons, Boarding, Camp

East Mark Farm Susan Smith 25 East Mark Drive, Kennebunk, ME 207-590-7528 www.eastmarkfarm.com Lessons, Boarding, Training

Few Acres Farm Wendy McCann 64 Witham Road, Auburn, ME 207-577-7394 dwcbv@roadrunner.com Hunter, English Pleasure, Lessons

Grand View Farm Peggy Gilbert 137 North Raod, Dixmont, ME 207-257-2278 Icelandics, Breeding, Sales **Glowin' Dreams Farm** Linda Sue Goodwin 28 Butter Hill Road, Livermore, ME 207-897-6536 qtrhorse@gmail.com Cattle Work, Clinics, Lessons

Hana Poulin Dressage & Driving LLC

Hana Poulin 38 Bridge Road, Brunswick, ME 207-200-0308 hpoulin@alumni.unity.edu Dressage, Combined Training, Boarding

Hawk's Nest Farm Karen Hawkes 40 Hawkes Lane, Bath, ME 207-442-8683 Find us on Facebook Lessons, Boarding, Training

Hidden Valley Equestrian Center, Inc Terry Adkins 8A Hidden Valley Lane, Cornville, ME 207-474-3014 terry@hidval.com Equine Transportation, Boarding, Lessons

Life's A Ride Cassi Martin 184 Buxton Road, Saco ME 207-890-3112 cassandrajmartin@yahoo.com Boarding, Training, Lessons

Moments Peace Farm Elizabeth Corkum 44 Hansen Road, Hollis, ME 207-441-9431 egjohnston@roadrunner.com Boarding, Lessons, Training

Northern Lights Horse Rescue Elizabeth Corkum PO Box 44, Hollis, ME 207-441-9431 elizabethnlhr@gmail.com Rescue, Retraining, Rehoming **Oak Hill Equestrian Center** Maurizio Victor Mesiti 97 White Oak Hill Road, Poland, ME 207-515-1163 oakhillcenter@gmail.com Boarding, Training, Lessons

Piper Ridge Horse Farm Frannie Burridge 61 Sokokis Trail South, Limerick, ME 207-793-4101 frannie@piperridgefarm.com Lessons, Training, Clinics

Riverview Farm Lisa Bosse 58 Edgecomb Road, Lisbon Falls, ME 207-522-1651 riverviewhorsefarm@aol.com Lessons, Boarding, Retirement

Royal River Farm Cate Faustman 43 Sligo Road, Yarmouth, ME 207-846-6781 Find us on Facebook Boarding, Training, Lessons

Sable Oak Equestrian Center Sherrye and John Trafton 38 Bridge Road, Brunswick, ME 207-443-4006 trackrite@comcast.net Lessons, All Disciplines, Leases

SeaHorse Stables Amy Miller 325 Belmont Ave, Belfast, ME 207-505-1618 dnabeewee@yahoo.com Hunter/Jumpers, Lessons, Boarding

Springpoint Farm Bud and Gena McGrath 144 Bowie Hill Road, Durham, ME 207-926-5789 spfhorses@gmail.com Boarding, Lessons, Clinics Thistle Ridge Equestrian Centre Diane Bouford 1289 Village Road, Smithfield, ME 207-634-4770 diane@thistle-ridge.com Lessons, Training, Boarding

Thread of The Mill Farm Gail MacLean 212 Shaker Road, Gray, ME 207-657-3640 paza@myottmail.com Boarding, Pleasure, Trail Riding

Vienna Farm Tanya Rennie and Jim Jaeger 594 Fort Hill Road, Gorham, ME 207-839-4495 learnmore@viennafarm.com Dressage, Lessons, Boarding

Whispering Woods Stables Teresa Elvin 150 Ingraham Mountani Road, Augusta, ME 207-370-1150 teresa@whisperingwoodsstables.com Lessons, Boarding, Gatied

Wilson Brook Farm Klara Van Der Waal 41 Gabriel Woods Road, New Gloucester, ME 207-671-8271 klarav65@yahoo.com Boarding, Lessons, Dressage

Wright Way Stables Jon and Sarah Lettre 198 Eight Rod Road, Augusta, ME 207-626-5680 sarah@wrightwaystables.com Saddleseat, Lessons, Leases

Riding into the New Year By: Virginia Shaw is Head Trainer of Behind the Blue LLC

As we say good bye to 2019, many of us as horseman have reached new heights, we may have reached new training goals, new competing goals, or maybe we just fought that fear and did that thing that has scared us for a long time. Some of us have suffered, perhaps injury, could be horse or human. Needed to be reworded --> It could be the setbacks you had to overcome; whether it be the horse we bought isn't going to work out, or we have changed trainers or facilities, and some have just suffered downright tragedy. Well, good thing for all of us...it's a new year!

How do you plan on riding into the New Year?

Somedays, as I sit in the barn, I think about all the things I wish to accomplish. I'm not going to lie, many of them scare me, and a few of them I sit there and think, "I could never do that". Reality is what's stopping me? Or what's stopping us? Is it time?

It's easy to sit there and say we don't have time, between teaching, being a parent, and just trying to keep up with the day to day, that seems like a reasonable excuse. It could be a lack of motivation, there is always tomorrow right? I'll start tomorrow, I'll ride my horse next week, I will go to that lesson in next week, tomorrow, tomorrow there's always tomorrow.

And then there's fear....when you own a horse, what are you not afraid of? Fear can stop us dead in our tracks. The funny thing about fear, that it is usually what you want to do most. Things that scare you are also the things that excite you.

I say in 2020 we start running towards our fears. Do the thing that scares you. Try a new discipline, try working with a trainer, take a lesson, take a clinic, go on that trail ride, buy that horse, go to the beach, book and plan that vacation that takes you to Ireland to ride ponies, start a new program and create a completion goal. Do the thing(s) that makes you feel alive.

There will always be set backs or things that pop up that change the path some, but for the most part we can figure it out. Why not try for what we want, rather than fear it?

So here is my advice as we ride into 2020:

"I'd rather regret the things I've done than the things I haven't done."~Lucille Ball

Happy New Year and Happy Horsin'

Virginia Shaw Head Trainer of Behind the Blue LLC; www.btbequestrian.com Facebook follow: **Behind the Blue LLC** Blaze was an owner surrender.

He's a 17 year old, 15.3 hand Paint/Quarter Horse. He is sound and a super sweet guy with a wonderful disposition.

Great on the ground, but is forward when ridden. Blaze is a great trail horse and has been leased by a youth

rider. He loves ground work and is extremely level-headed when it comes to desensitization.

Healing Hearts Rescue 58 Edgecomb Rd Lisbon Falls ME 04252 207-522-1651



Rescue Horses



Brrr. . .Baby It's Cold Outside

Riding in the Winter Months (and enjoying every minute of it...)

By: HMNH Editorial Staff

After the hustle and bustle of the holiday season comes to a close, most horse owners begin to wish for spring. If my horses could talk, I suspect they too would complain of their green grass being replaced with endless white snow. Even those fortunate enough to have an indoor arena for winter use still endure the cold air of the season. As most arena users will report, indoor arenas in New England are the coldest places in the entire galaxy. We haven't verified with the National Weather Service, but we are very much in agreeance. Nonetheless, the footing is predictable and pleasant. In addition, we can all appreciate the convenience of lighting and no wind chill.

Many of us have an outdoor arena that is feasible for riding all year. Well, that assumes we can keep it open and ice free. Easier said than done. Still many horseback riders take to the trails. Living on a wellmaintained dirt road, opens up a whole world of riding.

There lies the key. A whole new world. Let me introduce you to koselig.

No, it isn't a new noseband or supercharged supplement. It's a Norwegian concept that loosely describes all things cozy. For some that might mean fluffy socks or hot chocolate. In Norway winters are long. As a result, Norwegians accept winter and use the concept of Koselig to be warm and prepared. This allows them to embrace winter instead of dreading it.

As horse enthusiasts, we can create Koselig in the barn, and under saddle, all winter long.

Provide Traction and stability for your horse:

Whether you ride in an outdoor enclosure, or prefer the trail, giving your horse the advantage of calks/studs for traction is highly recommended. Your farrier can recommend which shoes and /or pads are best suited for snow and icy conditions. Snowball pads or bubble pads help prevent the snow from packing into the hoof. They also help to prevent sole bruising from ice, and maneuvering frozen rough ground.

Is your horse is turned out with other horses? Shoes for the front only might be best. A kick from a hoof with calks/studs can create a lot of damage to the receiving horse.

When winter riding barefoot, applying petroleum jelly or hoof grease can help with snowballing. Snowballing (impacted snow) creates unnecessary stress to fetlock joints and can cause injury. Carry a hoof pick in case of snowballing.

Warm the bit:

Your horse will thank you if you warm the bit before putting it in their mouth.

There are many ways to warm a bit:

 Store your bridle in the house for the winter. Keep it warm while grooming and tacking up.
 Dip it in hot water and dry it completely before using it.
 Consider a bit warmer. There are many

Consider a bit warmer. There are many different styles available.
 Use a hair dryer, gently going back and forth, to warm the surface.
 Roll the mouthpiece between your

palms, you might want to have gloves on. 6.Put it in the sunshine. Well, assuming

6.Put it in the sunshine. Well, assuming you're lucky enough to have sunshine.7. Gel heating pads8. Bit Blankets.

Adjust the Workload:

Walking in knee-deep snow is a real workout. Maneuvering in the snow is much harder for your horse compared to flat or open ground. Snow is heaviest around midday, and softer too. Your best line of defense is to adjust the workload and speed of your horse. Instead of long and intensive riding sessions, focus on enjoying quality athletic time with your horse. Think Koselig, and make positive use of the time.

Quarter Sheets, Keeping Those Muscles Warm:

It's always a good idea to keep your horse's back and hindquarter warm and dry. Look for a well-made quarter



Photo compliments of Maine Horse and Rider located at 5 Debeck Drive in Holden Maine.

Riding in . . . continued on page 13



BEAUTIFUL RDE Meaningful Cause

Champion the Cure Challenge Horse Trail Ride

(5 and 10 mile rides)

September 19, 2020 Corinna, Maine Enjoy a fall trail ride in Maine while helping to fight cancer.

Register today! ctcchallenge.org

Northern Light Eastern Maine Medical Center

MHA News, Notes, and Nickers

by Dollie Hutchins, MHA Administrator

As the new year trots in, it's banquet season in the world of horse show and horse clubs. One of the earliest, and perhaps the very first, was MHA's held on November 16th at the Italian Heritage Center in Portland, Me. This month's article highlights our special awards and lists all our divisional award winners.

Congratulations to all our recipients and to those who helped them achieve these accolades.

Our oldest, most unique and only perpetual trophy, is the Gray Trophy which is an antique brass hunting horn with a custom box donated by the Braley Gray family in 1964. The Gray's daughter, Lendon Gray, went on to compete at the Grand Prix/Olympic level in dressage and today is a sought after dressage clinician, author, promoter of youth dressage and the founder of Lendon's Youth Dressage Festival held each summer in Saugerties, NY.

The Gray Trophy for the highest scoring hunter in a division open to all riders and horses/ponies (Open, Low, Special) was awarded to Appealing Promise shown by Julia House for her mom, Nancy. Tradition has it that the winner has to blow the horn which Julia did. Trotting up behind her when she accepted the award was lead liner, Chloe Cole, who also very successful sounding the call, much to the delight of everyone. We think she was practicing for the time that she will win this storied trophy.

A young man, who loved riding western and who lost his life way too soon, is honored each year with the Paul Mangin Memorial Challenge Trophy. Earning a second leg on this three-yearto-retire award was Ashlyn Bosse with her Quarter Horse, After Elegance. Elegance is owned by Ashlyn's grandparents, David and Lisa Bosse. This trophy, in existence ever since this writer can remember, is financed by the Paul Mangin Memorial Fund and will be continue for years to come.

The Saddlebred, He's Hammered with his rider, Selena Sola, was honored with the Olive Flanigan Challenge Trophy for the highest scoring mount in the Walk-Trot Pleasure Division for riders Ten and Under. This trophy is also a long-running special award. It began in 1992 with the first winner's being Riverview Royalton and Amanda McMamus.

The stunning gray Arabian, BPL Figuratiw, found his niche in the Arabian Western division and was shown very successfully by his owner, Meg Hall. The BPL Figuratiw Memorial Challenge Trophy, which features a portrait of his beautiful head, was retired by Jess Small's Mistaars Ibn Jameel. This is so fitting as Jameel also has that classic Arabian head.

New to the list of special and challenge trophies for 2019 was the Bill Davis Tribute Challenge Trophy. In memory of her late dad, Morgan Schlaack has donated this elegant bronze-look horse head trophy in the Youth Activity Pleasure, Western division; a division which she dominated with her buddy, John's Jet Lag, her last few years in the junior exhibitor ranks. The very proud recipient was Ashlyn Bosse with After Elegance.

MHA is all about growing up in the horse world with families and friends in your choice of discipline To that end, one of its most unique offerings is the Family Pleasure division which is open to both actual family and barn family. One person rides walk and trot/jog the first way of the ring, then a second rider walks and trots/jogs the second way.

The quintessential family pleasure horse, Hidden Hollow Hot Shot and his family, Pam and Emma Grace Lear, won the trophy named in his honor this year, The Hidden Hollow Hot Shot Family Pleasure Trophy. This was one of the biggest divisions as well as one the closest races of the season.

Each year, the Maine Morgan Horse Club supports MHA and showing Morgans at open shows by offering a special award to the highest scoring Morgan on the MHA circuit. This year's winner was a newcomer, Strike Zone, owned by someone we've watched grow up on the MHA circuit, Emily Hawkins.

Emma Ouellette was the worthy recipient of the 2019 MHA Scholarship. She is a freshman at the University of Maine in Orono majoring in preveterinary science. She is another young person we've enjoyed watching grow up in MHA.

The MHA Scholarship is open to Maine resident members who will be or are enrolled in a post secondary program (not necessarily a college program). A committee is currently reviewing the application process to make the application process more user friendly.

Tradition dictates that the final two awards of the evening are the Natalie B Libby Memorial Award presented to the outstanding adult member and the Chris Vose Memorial Award, a sportsmanship award presented to a worthy junior exhibitor.

The Natalie Libby Award went to Emily Hawkins who's always ready, willing and able to help out with whatever is needed from presenting the colors for opening ceremonies to fixing a mechanical creature.

Julia House was presented the Chris Vose Award. Besides showing her own horse and often one for her trainer Diane Kane, Julia is often seen helping out at the shows, adjusting jumps, giving out ribbons, running judges cards and so forth.

Congratulations to these two folks and all our special award winners.



May 2020 be happy, healthy and horsey for you and yours.











Rachel Flaherty, DVM Back Cove Equine

Phone: (207) 370-1645

backcoveequine@outlook.com

Serving Greater Portland, ME Mon-Fri 8am-5pm DEDICATED TO COMPASSIONATE, CONSCIENTIOUS CARE OF YOUR EQUINE COMPANION





Affiliate

Affiliate





















MHA 2019 GRAND CHAMPIONSHIP WINNERS

The MHA congratulates its 2019 Grand Championship Winners.

Dressage Training Level - CH Kennebec Elegance, Elizabeth Sanborn

Dressage First Level - CH Laurel, London Morin; RES DaVinci, London Morin

Organized Trail Rides -High Mileage Adult & Silver Award/181 Miles, Dusty & Joyce Winchell

Lead Line Equitation - Saddle Seat, CH Tessa Dugan; Western Seat, CH Emerson Rowe; RES Charlotte Hennessey; Hunter/ Jumping Seat, CH Chloe Cole

Pony in Hand - CH The Gift, Lynn Harrington

Saddlebred in Hand - CH A Royal Opportunity, Rebecca Gagnon

Horse Colts/Fillies, 2 & Under - CH Bonde's Bouncin B Tenza's Hot Tango, Cathy McDevitt

Quarter Horse Halter - CH Swift Diamond River, Robin Gregg

Open Halter Horse/Pony - CH Woodmere Fulatrix, Polly Weiss, Shown by Brandi Raymond

English Horse in Hand - CH Strike Zone, Emily Hawkins; RES Woodmere Fulatrix

Western Horse in Hand - CH Little Oak's Custom Chrome, Janine/Allen Hawkins, Shown by Emily Hawkins

Miniature Horse in Hand - CH Jingles, Nancy King, Shown by Kelsey King; RES Bonde's Bouncin B Tenzas Hot Tango

Lead Line Pleasure Horse/Pony - Hunter/ Jumping Seat, CH Kozette, Diane Kane, Shown by Chloe Cole; RES Christmas, Kayla Lovejoy, Shown by Kaidyn Martineau; Western Seat, KAK Wild Twist, Amy Rowe, Shown by Emerson Rowe; RES Little Oaks Custom Chrome, Shown by Charlotte Hennessey; Saddle Seat, CH Charlestown Firestorm, Nikki Tibbetts, Shown by Tessa Dugan

Color Breed Model Horse – CH Little Oaks Custom Chrome; RES John's Jet Lag, Morgan Schlaack

Saddlebred 3-Gaited Park Horse- CH Our Lady of Grace, Sarah Lettre, Shown by Amber McAllister

Thoroughbred Hunter – CH Appealing Promise, Nancy House, Shown by Julia House; RES Artesania, Samantha Beckwith

Color Breed Pleasure – CH Little Oaks Custom Chrome; RES John's Jet Lag

Open Pleasure Driving Pony – CH The Gift; RES Heartland Fancy Nancy, Diane Caverly

Low Working Hunter - CH Artesania

Morgan Western Pleasure - CH Little Oaks Custom Chrome

Special Working Hunter - CH Appealing Promise

Youth Activity Pleasure Horse/Pony - CH Charlestown Firestorm, Shown by Dixie Szabo; RES After Elegance, David Berry, Shown by Ashlyn Bosse; THIRD, Hidden Hollow Hot Shot, Pam Lear, Shown by Emma Grace Lear-Lapierre

Morgan Hunter Pleasure Horse – CH Srike Zone

Open Grooming Class - CH Ashlyn Bosse; RES Robin Gregg

Open Costume Class – CH Jingles; RES Hidden Hollow Hot Shot

Walk-Trot Equitation, Riders 11 & Over, All Seats – CH Pam Lear; RES Isabella Rowe; THIRD Hannah LeRoy

Hunter Pleasure Equitation, Juniors & Amateur Adults – CH Morgan Schlaack; RES Emma Grace Lear-Lapierre; THIRD Dixie Szabo; FOURTH Ashlyn Bosse

Amateur Adult Saddle Seat Equitation – CH Courtney Grant

Puddle Jumper – CH Christmas, Kayla Lovejoy; RES Kozette Shown by Allison Mescia & Julia House

Hunter Pleasure Horse [Hunter Shows] -CH Radical Diamond, Hanah Couture

Trail Horse, Open – CH Little Oaks Custom Chrome

Standardbred Pleasure, 2-Gait - CH Woodmere Fulatrix

Easy Does It Hunter - CH Kane's Krowd

WHAT'S HAPPENING IN MAINE & NEW HAMPSHIRE?

Acknowledge your love of horses, farms, barns and people!

Any Maine or New Hampshire resident is welcome to send photos, stories, and poetry, as well as, birth, wedding, and graduation announcements to:

editor@horsesmaineandnh.com

Also, if you have a farm that you have updated, learned something new, or if you have tips and tricks to share:

Please submit your photos, stories and other information you would like to have added to the Community Update: WHAT'S HAPPENING IN MAINE & NEW HAMPSHIRE



Midcoast Maine IEA Team with our 2019 Season Review

Midcoast Maine IEA Team Opens Season With Second

The Midcoast Maine IEA team opened their season at Evenstride Farm in Byfield Mass on Sunday. The high school team, with five new riders and four returning members had some strong performances, allowing them to place second among seven teams, only 1 point behind the winner.

Earning points for the team were: Ella Villeneuve, Varsity Open flat, third place. Brooke Seiders, Varsity Intermediate over fences, first place. Zoe Maltese, Varsity Intermediate flat, third place. Lily Sukeforth, J.V. Novice over fences, second place and flat, first place. Nadia Rosenberg, J.V. Beginner Equitation on



the flat, second place. The second place finish gave the team 5 points towards the 20 needed to qualify for Regional competition in February. In addition to helping the team, each rider's points count toward individual qualification which requires 18 points. Also earning individual points were Nina Miller, Varsity Open flat, fourth place. Zoe, Varsity Intermediate over fences, second place, and Celine Doucette, J.V. Beginner Equitation on the flat, sixth place.

The middle school team finished fifth out of seven teams, despite having only two riders. The team in competing this year with the minimum of three members, one in each division. Two of last year's riders have moved up to the high school team and no new riders in grades 6-8 joined this season. Riding on Sunday were Will Bradley, earning a fifth in Future Intermediate on the flat and sixth over fences and Emily Carter, who finished second in Future Beginner Equitation on the flat. Unable to compete due to illness was Isabelle Curtis who rides in the Future Novice division.

New to IEA this year is an Introductory Pilot program, open to fourth and fifth graders. These 9 and 10 year old riders can compete in either Walk/Trot or Walk/Trot/Canter. Although ribbons are awarded, they do not earn points and are not eligible to compete in the post-season but they are part of the team and gain valuable experience. Joining the Midcoast Maine team this season is Ava Nickerson, daughter of coach Virginia Shaw, who is in fourth grade and competes in Walk/Trot/Canter. On Sunday, Ava finished third at her first IEA show.

The entire team is looking forward to an exciting rest of the season. Coach Virginia Shaw is excited to welcome so many new members: Nina Miller and Mia Lahaye who join Ella in Varsity Open. Zoe Maltese who joints Brooke in Varsity Intermediate and Nadia Rosenberg and Nora Conlin who compete in J.V. Beginner along with Celine who moved up this year from the middle school team. Lily also moved up from the middle school Future Intermediate to J.V. Novice. Next, the team hosts a home show at West Neck Farm in Nobleboro on Sunday, November third. Anyone is welcome to attend and the team will be serving delicious hot food and hosting a raffle to raise money for future shows. The following weekend, they will travel to Berwick to compete at a show hosted by the York Equestrian Team. In December, the team returns to Evenstride and then travels to N.H. for their fifth and final show.

Midcoast Maine IEA Team Sweeps Home Show

The Midcoast Maine IEA team, coached by Virginia Shaw, hosted a home show on Sunday November 3rd at West Neck Farm in Nobleboro. Five teams from IEA Zone 1, Region 2 competed at both the high school and middle school levels. In both levels, Midcoast Maine came away with the win by a narrow margin over York Equestrian Team of Berwick. Also attending were two teams from Massachusetts and one from N.H. Both teams earned seven points toward the 20 needed to qualify for the post season, giving the high school team a total of 12 and the middle school team 9 after just 2 of their 5 shows. The team could not host these shows without the generosity of all the horse owners who allow us the use of their horses. Everyone in attendance on Sunday was impressed with the quality and exemplary behavior of all the participating



horses and ponies. A huge thanks to horse providers Virginia Shaw, Chrissy Bradley, Kristen Mugnai, Bev Zahner, Jan Barter, Corey Fougner, Amy Miller and Melissa Demmons.

In each of the twelve classes, one team rider is designated as the "point rider" meaning their points count not only toward the individual totals but the team total for the day. Earning points for the Midcoast Maine high school team on Sunday were the following riders: Brooke Seiders, 2nd in Varsity Intermediate over fences; Zoe Maltese, 2nd in Varsity Intermediate on the flat; Lily Sukeforth, in J.V. Novice finishing 2nd over fences and 1st on the flat, and Nadia Rosenberg, 2nd in J.V. Beginner on the flat. Additional points were earned for the following: In the Varsity Open division, Nina Miller placed 3rd over fences and 2nd on the flat; Mia Rae placed 4th in both fences and flat. In the Varsity Intermediate Division, Brooke placed 2nd on the flat and Zoe won over fences. In J.V. Beginner, Nora Conlin finished 3rd and Celine Doucette 4th.

The middle school team won with a full team effort despite having only three riders to compete in the three middle school divisions. In the Future Intermediate division, William Bradley finished third in both the over fences and flat sections. In Future Novice, Isabelle Curtis won over fences and earned a 5th on the flat. In the Future Beginner flat class, Emily Carter finished third. Competing in a new Pilot Introductory Division for fourth and fifth graders, Ava Nickerson earned a 2nd in Introductory Walk/Trot/Canter. Although the Pilot program does not allow riders to earn points toward post season competition, it is giving these 9 and 10 year old young riders a chance to see what competing on a team is all about.

The Midcoast Maine team is very excited about the start of the season and is hoping to qualifying both the high school and middle school teams for Regional Semi-Finals in February. Next weekend the team travels to York, then they head back to Evenstride Farm in Byfield Mass. on Dec. and then to Lanes End Farm in Danvers, Mass on Dec. 14th to wrap up the regular season. Many individual riders also have an excellent chance to qualify for Regionals. Everyone will be riding regularly and practicing together to prepare. Coach Shaw, team manager Kristen Mugnai and all the parents are very proud of all the hard work put in by these young riders. The team will once again be hosting a Holiday Fundraiser and we look forward to having another great turnout. Details will be available soon.

Midcoast Maine IEA Team Wins Again

The Midcoast Maine IEA team, coached by Virginia Shaw, traveled to Berwick, Maine on November 10th to compete against seven other teams at both the high school and middle school levels.

The high school team had strong performances across all divisions, ending the day as show champions by 5 points. This moved the team total after the first three regular season shows to 19 points, just one short of qualifying for Regionals. The much smaller middle school group again proved it's about quality not quantity, finishing a very close third and moving up to a total of 13 points for the season so far. Several riders also earned individual points toward post season competition.

Designated high school point riders whose placings counted not only for themselves but also toward the team totals were: Nina Miller, 4th in Varsity Open over Fences, Ella Villeneuve, 1st in Varsity Open Flat; Brooke Seiders, 1st in Varsity Intermediate over fences, Zoe Maltese, 5th in Varsity Intermediate Flat; Lily Sukeforth, 2nd in J.V. Novice over Fences and 5th



on the Flat, and Nadia Rosenberg, 3rd in J.V. Beginner on the Flat. Additional individual placings were: Varsity Open: Ella Villeneuve, 1st over Fences; Varsity Intermediate: Zoe 1st over Fences; J.V. Beginner, Celine Doucette 4th and Nora Conlin 5th.

The middle school team competes with the minimum of one rider in each of the three divisions so all points count for both the team and the individual riders. In the Future Intermediate division. William Bradley finished 4th in both the over Fences and Flat sections. In Future Novice, Isabelle Curtis took 2nd over Fences and earned a 3rd on the Flat. Entering the Future Beginner Flat class, the middle school team standings were very close, with six teams able to finish in almost any order. Emily Carter rode beautifully to earn third out of eleven riders, moving the team into third overall. Competing in the new Pilot Introductory Division for fourth and fifth graders, Ava Nickerson rode to the win in Introductory Walk/Trot/Canter. The Midcoast Maine team is

in excellent position to qualify both the high school and middle school teams for Regional Semi-Finals in February. At Regionals, the top two teams at both levels move on to Zone Finals in March. Next the team travels to Evenstride Farm in Byfield Mass. on Dec. 1 and then to Lanes End Farm in Danvers, Mass on Dec. 14th to wrap up the regular season. At York, Brooke Seiders and Zoe Maltese qualified for Regionals individually over Fences and several other riders are only a few points away. The team will be hosting a fund raiser this winter to help pay for Regionals which is completely funded by the teams within Regions 1 and 2. We will keep you posted on upcoming events.

Midcoast Maine continued page 15

Start your year off right, with our new year, new gear weekly specials!

January 2 - 4 10 % off halters, leads, and blankets!

January 6 - 11 15% off reins, saddle pads, and breastplates

January 13-18 15% off saddles (10% off consignment saddles)

> **January 20-25** 20% off bridles, headstalls, and bits

January 27-31 25% off apparel (breeches, hunt coats, and boots)



"Your one stop shop for all things equine from the horse on up!"

575 Oak Grove Road · North Vassalboro, ME 04989

 $207\text{-}872\text{-}7964 \cdot \text{emily@hemphillshorses.com} \cdot \text{www.hemphillshorses.com}$

Store Hours Monday - Saturday 8:30 to 5:30 · Barn Hours Monday - Saturday 9:00 to 4:00, or by appointment.

Continued from Page 8: Riding in the Winter Months removed.

sheet that is quilted, or fleece-lined for warmth. Ideally it should also have a waterproof exterior. Some quarter sheets are worn between the saddle pad and saddle, others fit over your saddle and help to protect it from the elements outside. If your horse is a newbie to wearing a sheet, plan that it may take some getting used to.

Cooling out your horse:

Upon returning to the barn, look

for signs of sweat under the saddle or on the chest area. Perspiration, or wet weather mixed with winter temperatures can cause your horse to chill. Putting a heavy winter blanket on a wet horse can trap moisture, and prevent your horse from drying. The best way is to cover your horse with a light breathable blanket or cooler (wool or fleece are excellent materials). This will help to wick away the moisture. Walking your horse will also help them cool down. Once they are dry the blanket or cooler can be



Kerrits Winter Riding Breeches: photo courtesy of HEMPHILLS https://hemphillshorses.com/

Protection for your horse's legs:

Choosing protective legwear for your horse is fairly simple. When riding indoors, you're probably all set with your usual boots. If you're hacking outdoors use a sport boot made of Neoprene or PVC. Fabric-based boots and legs wraps become wet and soggy during the winter. As a result, they are impossible to keep on, and very irritating to your horse.

Keep an eye out:

Always be proactive and safety minded to ensure a positive winter riding experience. Look for any possible holes, or uneven footing. Be aware of obstacles under the snow that may be tough to see. Going off the trail, crossing logs, and crossing frozen water are all hazards of riding in a winter wonderland. Being aware of your surroundings will help avoid injury to you or your horse.

Creating koselig also means being aware of yourself. In addition to making our equine friends safe and comfortable, riders should also focus on staying warm and safe. Dressing in layers is nothing new to folks that spend time outdoors. Avoid wearing tight clothing and footwear, as you will actually loose heat and you'll be much colder. Layers of clothing build pockets where warm air is trapped providing insulation. When clothing comes in contact with your skin or boot, your body heat will transfer to the items instead of keeping you warm.

Start with fabrics designed to wick the moisture away from your skin.

Consider a synthetic fabric, such as polyester or polypropylene. While they don't provide a lot of warmth, they will wick the moisture from your skin. Cotton can trap your sweat against your body making you colder. This is similar to your horse wearing a cooler after a ride. When you remove the cooler (once he's dried) the cooler is actually damp from the wicking.

Middle layer and outer layers are best left to natural fibers. Both silk and lightweight wool, such as Merino wool, are good choices. Wool is both an excellent wicker and dries quickly. For many of us wool is very irritating to our skin so be sure to have your base layer under your wool. Fleece and synthetics such as Thinsulate are other great options for your middle layer.

Final outer layers such as Gore-Tex are a great choice. Outdoor enthusiasts suggest waxed cotton canvas, or anything with a weather resistant shell. Popular jacket designs include a hood, high neck, fasteners at the wrist, a double zipper with a snap lay over piece to help with wind through the zipper, gussets that spreads open when you're seated in the saddle, vented double back and additional vent zippers at the chest area.

Riding in . . . continued on page 14



Continued from Page 13: Riding in the Winter Months

Head, fingers, legs and toes:

Keeping your legs warm while riding in the cold can be challenging. The Equine market offers a wonderful selection of insulated thermal and fleece lined breeches. A base layer can be synthetic, merino wool or silk under your regular breeches. Or under your fleece line breeches for added warmth.

Warm, safe, and heeled riding boots with a layer of socks to wick the moisture away from your skin. Be sure they're not too bulky and could get stuck in your stirrup if you did have a fall. Avoid boots with a steel toe, the metal cools off quickly and transfers that cold to your toes.

Choose a glove with a snug cuff that can be long enough to keep your wrists covered when your arm is extended. It is sometimes challenging to find the perfect pair that doesn't add to much bulk and limits the dexterity of your fingers. As with all outdoor riding wear, durable and weatherproof materials are a must. You'll also want a good grip.

Winter helmet covers can extend down to protect our ears and cover

our neck. Add a scarf, neck warmer, or turtleneck to add additional protection to your neck. When needed, a turtleneck can be pulled up over your chin and nose.

Finally, you can always rely on those little chemical packets that provide heat for your toes and hands. They are inexpensive, and are small enough to provide warmth within your gloves, or at the tip of your toes.

While enjoying all that winter has to offer, wear brightly colored clothing, or a reflective safety vest. This enables you to be visible to traffic and hunters. Pick a time of the day when you have plenty of time to ride in the daylight hours. Try not to be out at dusk, or on poor weather days when visibility is reduced.

One of my favorite ways to build koselig is to become hyper aware of the beauty that winter represents. From snow covered treetops, to warming sunrises, I make it a point to appreciate nature. Even when the temperatures dip, there is much to appreciate. A mix of clothing, winter equipment and solid planning will ensure a beautiful ride Kathleen from Maine Horse and Rider would like to suggest:

Warm waterproof mid-thigh length jacket. This jacket offers:

• Detachable & adjustable hood with zipper gusset to fit over helmet and much more!

Ariat Extreme tall H2O winter riding boots: For the ultimate outdoor riding boot, the Extreme Tall H20 Insulated style provides the wearer with a fully waterproof item of footwear that is suitable for riding, working or walking in.

Mountain Horse Polar Breeches: Mountain Horse(R) Polar Breeches are the

Information Horse(K) Polar Breeches are the ultimate winter riding pant. Breathable, windproof and waterproof. Fully seam sealed. Reflective piping around knees amd much more!

Florescent orange quarter sheet

Florescent orange vest for the rider



Call 207.989.7005 Mon-Sat 9-5 & Sun 9-3 or email customerservice@mainehorseandrider.com anytime!

CALENDAR OF EVENTS

	Ja	anuary 2020			July 2020
1/26	MSPHO Awards Banquet Ceremony and Lunch	 (a) 1:00 PM held at Buxton Town Hall open to members and anyone who is interested in becoming a member. MaineStandardbred.com 	7/12	Cheshire Fair Horse Show	for more info: Cheshirefair.org Judy@CheshireHorse.com
	•	April 2020		A	August 2020
4/19	Fun Day Show	 @ Hollis Equestrian Park Join us in preparing your horses for Show Season. Dressage instructors and demos along with an Obstacle course to help desensitize your horse with spring fever. MaineStandardbred.com 	8/23	Cheshire Fair Horse Show	for more info: Cheshirefair.org Judy@CheshireHorse.com
				Ser	otember 2020
		June 2020	9/13	Cheshire Fair Horse Show	for more info: Cheshirefair.org Judy@CheshireHorse.com
6/21	Cheshire Fair Horse Show	for more info: Cheshirefair.org Judy@CheshireHorse.com	9/18 to 9/20	Down East Medal Finals	Please contact Ginger Albert ginger@downeastmedalfinals.com Location: Skowhegan Fairgrounds, ME
			9/19	Benefit Trail Ride	Champion the Challenge trail ride, sponsored by Northern Light Eastern Ma Medical Center. Enjoy a fall trail ride in Maine while helping to fight cance and 10 mile rides. Located in Corinna Maine. Register today @ ctcchallenge.

Midcoast Maine continued from page 12

Midcoast Maine IEA Team Wins Again

After a couple of weeks off, the Midcoast Maine ÎEA team, coached by Virginia Shaw, traveled to Byfield, Massachusetts on December 1st to compete at both the high school and middle school levels. Due to a limit on rides set by the host team, three members of the high school team did not attend. Despite this, they ended the day as reserve champions, earning five points and qualifying for Regional Semifinals. Next weekend the riders who did not compete will travel to Spring Tide Farm, in Boxford, Ma. where they will have a chance to earn individual points toward post season qualification. The last regular season show for both high school and middle school teams will see all the Midcoast riders compete on December 14th in Danvers, Mass.

Designated high school point riders on Sunday were: Nina Miller, 5th in Varsity Open over Fences and 3rd in Varsity Öpen Flat; Brooke Seiders, 1st in Varsity Intermediate over fences; Lily Sukeforth, 2nd in J.V. Novice over Fences and Nadia Rosenberg, 4th in J.V. Beginner on the Flat. Additional individual placings were: J.V. Beginner Flat, Celine Doucette 1st and Nora Conlin 5th. Lily joins Brooke and Zoe Maltese as individual qualifiers for Regionals

The middle school team was very competitive in a strong field, finishing third overall. In the Future Intermediate division, William Bradley finished 4th in both the over Fences and Flat sections. In Future Novice, Isabelle Curtis took 3rd in both over

Fences and Flat. Emily Carter finished 4th in the Future Beginner Flat class. In the Introductory Division for fourth and fifth graders, Ava Nickerson earned a third place in Introductory Walk/Trot/Canter.





Daniel Murphy

Stillwater Ave Bangor, ME 04401 p: (207) 299-3906

djmurphyphotography.com

Acknowledge your child's equestrian ability!

Any Maine or New Hampshire guardian(s) are welcome to submit their photos and stories for inclusion on our website horsesmaineandnh.com

Please contact us by e-mail and

be sure to include a photo, with a caption, and any other information you would like listed!

editor@horsesmaineandnh.com

There is no charge for submitting to The Horse's Maine & NH

You, or your child, may even appear in the paper. We will contact you before we print!

If you are hoping to get into the printed newpaper, please make sure there is a horse in the photo.

Maine & NH Horse Organizations

American Saddlebred Association of Maine Regan Grant, Secretary 207-432-7671 momg23@metrocast.net www.mainesaddlebredhorse.com

Arabian Horse Association, Inc. of Maine Laurie Emery, BOD 207-399-6511 mvaemery@hciwireless.net www.mainearabian.org

Central Maine Dressage Association* Suzanne Crowell, Treasurer 207-688-2268 scrowel2@maine.rr.com www.mainedressagesociety.org

Central Maine Team Penning Association Meghan Farrell, Secretary 207-592-1819 www.cmtpa.com

Cumberland County Riding Club Lisa Bowe 207-353-7826

Dusty Boots 4-H Group Terri Pierce 207-779-6774 tpierce385@gmail.com

Eastern Maine Dressage Association Rebecca Reed 207-478-2097 rebeccareed52@gmail.com www.mainedressagesociety.org

Ellis River Riders* Kathi Kyes, President 207-200-7115 president@ellisriverriders.com www.ellisriverriders.com

Farmer's Draft Horse, Mule & Pony Club Darcy Winslow, Secretary 207-583-2204 belgian1@verizon.net www.farmersdraftclub.org

Granite State Carriage Association Jean Harvey, President 603-667-1880 jharvey@cli-usa.com www.granitestatecarriage.org

Granite State Draft Horse & Pony Association Marc McGinnis, Secretary gsdhpa@yahoo.com www.granitestatedraft.wixsite.com/club

Granite State Morgan Horse Society Cindy Harb, Treasurer 603-382-8067 cindyharb@gmail.com www.nhmorgans.com

Highview Riding Club, Inc. 207-850-1773 www.mainehorseassoc.com

Hollis Area Equestrians Beth Moody, President haehollis@gmail.com www.hollisareaequestrians.org

Joy Valley Riders 207-568-3475 joyvalley.riders@yahoo.com www.joyvalleyriders.com

Maine Appaloosa Horse Club Rosalind Clancy, Secretary 207-504-1933 diamondoakranch@ymail.com www.maineappaloosahorseclub.com Maine Barrel Racing Association Jamie Leeman, President 207-696-4036 peppy22@beeline-online.net www.mainebarrelracing.com

Maine Combined Training Association* Kris Nicola, President 207-848-5310 dr3ssag3@gmail.com www.maine-eventing.org

Maine Cowboy Mounted Shooters Bill Ledoux, President 207-282-2821 cowboybill@maine.rr.com www.mainecowboymountedshooters.com

Maine Dressage Society Beth Brainerd, Vice President 207-743-6546 hbf@roadrunner.com www.mainedressagesociety.org

Maine Driving Club* Paula Leavitt, Treasurer 207-234-4537 treasurer@mainedrivingclub.org www.mainedrivingclub.org

Maine Farm Bureau Penelope Jordan, President 207-622-4111 info@mainefarmbureau.com www.mainefarmbureau.com

Maine Farriers' Association Susan Walker, President 207-577-1345 mainefarriers@gmail.com www.mainefarriers.vpweb.com

Maine Horse Association Dollie Hutchins, Treasurer 207-850-1773 stepntime@metrocast.net www.mainehorseassoc.com

Maine Hunter/Jumper Association* Esther Goodrich-Puffer, Secretary 207-698-1970 mainehjassn@gmail.com www.mainehunterjumper.com

Maine Morgan Horse Club, Inc. Pamela Vose, Secretary memorgan2018@gmail.com https://sites.google.com/site/mainemorganclub/ home

Maine Mounted Search & Rescue Unit Sharon, Lead Deputy Officer 207-951-0526 info@mainemountedsar.org www.mainemountedsar.org

Maine National Barrel Horse Association District 03 Christina Waters District Director 207-649-1058 hrsesnse2@cs.com www.mainenbha.com

Maine Quarter Horse Association Ricky Drew, President 207-272-0082 meqhanews@yahoo.com www.meqha.org

Maine Trail Riders Association Trudy Bickford, President 207-720-0550 trudybickford@mainetrailriders.com www.mainetrailriders.com

Mousam Saddle & Harness Club* Andrea Valliere, Secretary 207-929-8445 mvalliere@roadrunner.com http://mousamsaddleandharnessclub.webs.com/ N Bar H Riding Club Linda Mattress, President nbarhrc@gmail.com http://www.nbarh.com/ New England 4-H Horse Program Sherri Thornton 207-474-9622 herri.thornton@maine.edu

New England Jumpers Association Renae Samay 207-514-6626 nejumpersassociation@gmail.com www.nejumpersassociation.com

NH Barrel Horse Association Terri Foster, NH State Director sthlnd@aol.com http://www.nhnbha.com/

NH Dressage & Eventing Association Stefanie Rossetti, President 603-361-0270 Steffanierossetti@gmail.com http://www.nhdea.org/

New Hampshire Arabian Horse Association Lurline Combs, Secretary 603-627-8645 lcombs1@comcast.net http://www.nharab.org/

New Hampshire Gymkhana Horse Association Shonoa Straw, President 603-986-3371 https://nh-gha.weebly.com/

New Hampshire Horse & Trail Association Jane Boucher, Secretary 603-463-7924 f5fy@aol.com http://www.nhhta.org/

New Hampshire Horse Council Diane Russell, President nhhorsecouncil@aol.com http://www.nhhorsecouncil.org/

New Hampshire Hunter Jumper Association Kim Romano secretary@nhhja.com http://www.nhhja.com/

New Hampsire Quarter Horse Association Victoria Leonard, Secretary vleonard@nhqha.com http://nhqha.com/

North Country Riding Club Amanda Sherburne, Secretary 207-277-5029 sherburne.amanda@gmail.com www.dexterridingclub.dom

Northeast Icelandic Horse Club Ebba Meehan, Secretary neicelandicHorseclub@gmail.com www.neihc.com

Northeast Miniature Horse Club Virginia Gonsalves, Secretary 508-822-3668 gonsalves@newbedfordrehab.com http://www.northeastminis.info/

Northern Maine Dressage Association Michele Zambrano leibchon@hotmail.com

PATH International Sarah Bronson, Maine Chair 207-892-2813 sbronson@ridingtothetop.org https://www.pathintl.org/

Pine & Spurs Riding Club Shaun Bagley, President pineandspursridingclubme@yahoo.com https://pineandspursridingclub.yolasite.com/ Prime Time Riders Adult Pony Club Sam Morrison, President 207-946-5045 wlcmhome@live.com

Riding To The Top Therapeutic Riding Center 207-892-2813 info@ridingtothetop.org www.ridingtothetop.org

Sebasticook Riding Club Pat McCollor 207-872-5301 patmcc1@gmail.com

Silver Heels Riding Club Stephanie Remick 603-988-5632 remick06@yahoo.com http://silverheelsridingclub.com/

Silver Spur Riding Club Jackie Kulik, Secretary www.silverspurmaine.com

State of Maine Dressage Association* Cindi Spear blkthunderfriesians@yahoo.com www.mainedressage.com

Standardbred Performance Society Elizabeth Tewksbury stbperformance@live.com

Standardbred Pleasure Horse Organ. of ME* Robyn Cuffey 207-985-9144 robyn@sacoriver.net www.sphomaine.net

Tiny Hooves Miniature Horse Club Hayley Martin 207-852-0445 hayleymi@yahoo.com

Trail Riders of Today (TROT) Sondra Day 207-234-4762 srday@uninet.net http://trot-md.org/

Tri-County Horsemen* Rosemary Feyler, Treasurer 207-785-6657 rosemary.feyler@maine.edu http://www.tricountyhorsemen.com/

US Pony Clubs, North East Region Lucy Hunt, Region Secretary 207-985-1801 lbcheney@gmail.com northeast.ponyclub.org

Waldo County Riding and Driving Club* Avis S. Winchester, Secretary 207-338-1788 wcrdc@yahoo.com

Wentworth Hunt Club Daun DeFrance 603-479-8364 info@wentworthhunt.org http://www.wentworthhunt.org/

Western ME Dressage & Eventing Association Beth Brainerd 207-743-6546 hbf@roadrunner.com www.mainedressagesociety.org

White Mountain Riding Club Vicki Herzog, Treasurer whitemountainridingclub@gmail.com http://www.whitemountainridingclub.org/

Yankee Miniature Horse Club Wanda Mullen TizWandaM@gmail.com http://yankeeminihorse.com/



RIDE SAFELY

Ribbon Rule

by Louise Lester

Many years ago I was participating in a ride with a stallion which usually behaved himself with my full attention. On this ride, which was very hot, water was at a premium and only available in 5 gallon buckets at designated spots. I got to a watering area and my horse was eagerly drinking when a lady on a mare came up and her horse dove into the same bucket. Of course my horse totally forgot about his drinking. I had him adorned with a yellow ribbon in his tail, but I guess she didn't realize what that meant. Needless to say her comment of "Do they think about that all the time?" made me back away quickly. My answer to her was "Yes they do!" My intention with this story is to remind people that there has been an unwritten rule that stallions should have yellow ribbons on them and that horses that might kick have red displayed. Judy Lorimer added that it might be good to have ribbons on the front of the horse as well for good visibility going and coming. This is not to do anything other than warn people to be careful around these horses. I don't mean that they should be given preferential treatment but that the red/yellow ribbon display is for safety's sake.

My safety suggestion: Use the ribbon rule on your horse if it applies and while riding be watchful for those ribbons and ride accordingly. Obviously this doesn't apply to the show ring, but it could in the warm-up area.



Bits and Bytes Industry News



Blue Seal to Take Over Operations for Ames Farm Center

North Yarmouth, Maine – Beginning on Dec. 2, 2019, Blue Seal will lease Ames Farm Center, a family owned business established in 1971. The same friendly faces will greet customers and provide the excellent service they're accustomed to. The store will continue to offer familiar products to meet the needs of a rural lifestyle. Blue Seal, part of the Kent Nutrition Group, and Ames Farm Center have had a long-standing relationship for nearly a half century.

"I have been with Blue Seal for nearly 30 years, and have had the privilege of working with the Ames family for all of that time. What a wonderful family and a great local business they have built. We are proud to be accepting the passing of the torch in North Yarmouth. This will always be the store that the Ames' built. We'll do our best to continue that hometown legacy." -Mark Farrington

Blue Seal shares a passion for animals — lifestyle animals, livestock, and pets. It's why they are the leading source for quality animal nutrition in the eastern U.S. For 48 years, Ames Farm Center has offered local farmers and homeowners feed and supplies for their pets, horses, and livestock; lawn and garden supplies; bird and wildlife feed and supplies; fencing and more. When Blue Seal takes the reins in December, the public will see these same items along with expanded product lines and service.

John Ames II is retiring after building his business from stocking items in a space the size of a two-car garage in 1971 to its current 11,700 square foot facility. John partnered with his father Lt. Col. (Ret.) John Ames to grow the business, and they were joined by daughter Jennifer Ames Kimball in 1995. Family members who have also worked at Ames Farm Center are son Jeremy, his wife Tracy, and son-in-law Todd Kimball who started there in 1989 and is still there to this day.

Located at 14 The Lane, North Yarmouth, Maine, this store provides excellent service, a relaxed shopping experience with plenty of parking, and a friendly atmosphere. Most people exclaim that their items are loaded into their vehicles before they have even finished paying at the register!

Phair Ridge Farm LLC On site instruction in ME., NH. and MA. Danielle Runions

Phair Ridge- Danielle Runions

Daniel Runions is the proprietor of Phair Ridge Farms located in Hollis, Maine, Epping New Hampshire and Ipswich Massachusetts.

Danielle is a wonderful, passionate USEF certified trainer with 20 plus years of experience. She takes the time to understand each rider's goals and works with them to achieve the next level in their training. In addition to training riders she trains, shows breeds and breaks horses.

Under her tutelage, students have reached Medal Maclay and USET levels. The joy of teaching a student and horse and seeing that relationship develop is of utmost importance for Danielle and her team. She develops and trains capable horses and riders. They gain an understanding of each other and succeed at whatever level they want to achieve.

Please contact us for more information and a tour. Looking forward to hearing from you! Danielle Runions <u>phairridgefarm@gmail.com</u> 1603-397-2089

The Staff at The Horse's Maine & NH wishes everyone a safe Happy New Year.





The Maine and New Hampshire Business Directory

An All-Inclusive Guide for All Things Equestrian



Where's Your Directory Ad?

It's the place where everyone looks to find everyday services, a new barn, an equine photographer, a farrier, a massage therapist, an equine dentist, a rescue, a tack and feed store, and all the out of the ordinary things that horse people need.

At just \$20 a month for a year. (If pre-paid for \$200 this will also link your ad to your site from our site) it's affordable, and we will lay it out for you for free, if you like.





www.clarksgrain.com

www.hemphillshorses.com

www.brooksfeed.com

Cheshire Fair Horse Show Benefit Series

2019 Year End Banquet

1st Year Lead Line Champion ~ Alayna Chaput Reserve Champion ~ Lila Pearl Wellington 3rd ~ Harper Quigley 3rd ~ Avery Davis 4th ~ Leanna Costagna 5th ~ Audrianna Aguiar-Brown 6th ~ Zoey Smith

Open Lead Line Champion ~ Maxton Smith Reserve Champion ~ Addison Chaput 3rd ~ Anna Clough 4th ~ Katie Crawford 5th ~ Ainsley Wellington

Lead Line Trail Champion ~ Maxton Smith Reserve Champion ~ Katie Crawford

Green Horse English/Western Champion ~ Emilie Gokey Reserve Champion ~ Devon Rogers Reserve Champion ~ Mallory Roof 3rd ~ Abigail Quigler 4th ~ Shawna Wallace

Adult Walk/Trot/Canter Trail Champion ~ Ellie Neff Reserve Champion ~ Kayleen Dould

Youth Walk/Trot/Canter Trail Champion ~ Isabelle Senn Reserve Champion ~ Mya Shattuck

Youth Trail Walk/Trot Champion ~ Matthew Hammond Reserve Champion ~ Margaret Winiecki 3rd ~ Charlotte Reilly

Walk/Trot Trail (Adult/Green Horse) Champion ~ Jennifer Crawford

Junior English Champion ~ Payton Adams Reserve Champion ~ Nola Sciacca 3rd ~ Mya Shattuck

Senior English Champion ~ EmmaRose Greenwood Reserve Champion ~ Isabella Senn

Youth Western Champion ~ Isabella Senn

Stock Horse Champion ~ Alicia Springer Reserve Champion ~ Sara Wellington 3rd ~ Ellie Neff

Adult Western Champion ~ Chesea Pratt Adult English Champion ~ Kayleen

Dould Reserve Champion ~ Devon Rogers

Western Halter Champion ~ Isabelle Senn Reserve Champion ~ Alicia Springer 3rd ~ Tracy Springer

English Halter Champion ~ Emilie Gokey Reserve Champion ~ Jennifer Crawford 3rd ~ Mya Shattuck 3rd ~ Shawna Wallace

Walk/Trot A English Champion ~ Liam Shea Reserve Champion ~ Taylor Faulkner

Walk/Trot B English Champino~ Margaret Winiecki Reserve Champion~ Keigan Illingworth 3rd ~ Matthew Hammond 4th ~ Charlotte Reilly

Youth Showmanship Champion ~ Isabelle Senn Reserve Champion ~ Mya Shattuck

Adult Showmanship Champion ~ Emily Gokey Reserve Champion ~ Jennifer Crawford 3rd ~ Tracy Springer 4th ~ Sara Wellington

Adult Walk/Trot Champion ~ Tracy Springer Reserve Champion ~ Jennifer Crawford 3rd ~ Jaimie Goodrich

Youth Walk/Trot Champion ~ Colby Merritt

Stock Horse Walk/Trot Champion ~ Tracy Springer Reserve Champion ~ Tara Babcock





Like and follow us on Facebook to enter in our monthly Magna Wave & Maine Equine Concepts giveaways!

Sebasticook Riding Club 2019 Year End Meeting

At the last meeting of 2019 the Sebasticook Riding Club elected officers for the coming year. We are happy to have as president Pat McCollor, for vice president JoAnn Jankavitch, treasurer Rick Lyons, and secretary Sherry Lyons. The club thanks these members for their time and service to the club. These four officers can not do everything, and we also thank all the friends and members who help the club, and those who donate time throughout the year.

Both the class schedule for the equitation shows and the class schedule for the game shows was updated. To clear up the confusion we had at the shows, it is now clearly stated on the program that any rider entering the lead line classes can only enter lead line classes regardless of age. In other words, even though the youth class says age 13 and under, if a child 13 or under goes in a lead line class, that child can not also go in youth classes during that same show.

Several members at the meeting recounted how much fun they have had in the past with the water race game. It sounded like they had so much fun that the water race has been added to the equitation shows as the last class of the day.

It was voted to keep all the other club activities going. This includes a fall trail challenge show and a fall club trail ride.

The dressage show judge for 2020 will be Paula Foote. And the new dressage show secretary is Susan Phelps. Judges for the other shows have not been confirmed yet.

The next meeting will be in the spring, at the clubhouse, on clean up day.



Available throughout Maine and New Hampshire





Photo Credit: Melissa Looman. Horse: Liberty

Call, email, or text for an appointment today! Mary Deane • 207-356-2311 • mldeane@aol.com

AFFILIATED GROUPS:

Membership in the following groups includes a subscription to *The Horse's Maine & NH*

To join a group, please use and mail a separate piece of paper for each group. Provide your *Name, Address, State, Zip, Phone, and Email*. Povide *all additional information requested* by the group you are joining.



Bits and Bytes Industry News

NEW YEAR, NEW OWNER & NEW STAFF



With the New Year upon us let us start by saying as of, June of 2019 The Horse's Maine & NH was purchased by Kim (Kandace) Mattson. Kim Mattson isn't new to the Equine Industry nor to the Newspaper world. Her background of working for 18 years for a regional publication representing the State of Maine and eventually working for Lynda McCann as an independent account executive. Kim worked servicing Maine for many years and is quoted to say. "The most wonderful asset Maine has is their Equine population. They are one of the most polite, gracious and dedicated horsemen and women I've ever dealt with. Tradeshows, clinics, shows or banquets the warm welcome from all was greatly appreciated".

It's our hope to bring a new face to The Horse's Maine & NH and offer a variety of articles and Industry news as well as show results, affiliation news and personal accomplishments. Months ago the staff at The Horse's Maine & NH asked many of you to please send in higher resolution photos to help with the lay out, tighter deadline to give us time for a nicer lay out and lots of patience as this has been a learning curve for ALL of us. IN the future we look to you to keep us updated on Industry News, accompishements and continue to provide the content of our newspaper to share with other equestrians in Maine and NH.

Bridget (Bridie) Pearce is giving the paper a new look and brighter energy. She has created an updated layout and her expertise on the computer is an invaluable asset. The website is also being brought up-to-date and will be more welcoming for all users. Bridie has been a computer systems

administrator for companies like EMC², and Gillette. Then in 2004 she switched her focus to Web and Graphic Design. She is also an accomplished artist and writer, you can find her teaching the art of Quilling at fairs and schools. Bridie has been working in the computer industry since 1992.

Lena Doubleday has taken over as an Independent Account Executive and isn't new to Maine or the equine industry either. Lena spent many years traveling with Kim throughout Maine and New England, attending equine industry events such as the Northeast Horseman's Conference and Trade-show in Augusta, Equine Affair in Springfield MA, affiliate club banquets, fairs, shows and clinics. Lena is a passionate equine fanatic who's love of horses started before she could talk as a child. She grew up participating in 4-H and achieved her C 3 rating thru The United States Pony Club at age eighteen. She was never dedicated to any one breed or discipline, taking the reins and testing the waters in everything from Western and Gymkhana to 4th Level Dressage and Jumping. When asked what her favorite part of traveling with Kim was she said "Getting to meet all walks of horsemanship life while experiencing exciting new adventure's."

The Horse's Maine & NH is the official paper of the following affiliated groups:

Central Maine Dressage Association

Ellis River Riders

Maine Combined Training Association

Maine Driving Club

Maine Hunter/Jumper Association

Mousam Saddle and Harness Club

Primetime Riders

State of Maine Dressage Association

Standardbred Pleasure Horse Organization

Tri-County Horsemen

Waldo County Riding & Driving Club

AFFILIATION BENEFITS Submit club news and advertisements to the paper each month - the benefits are huge!

- Free advertising! One free page of ad space per year, to use based on your needs.
- Save on costs! Print your news in the paper and stop mailing newsletters.
- Free classifieds ads for members.
- Discounted display ads for members.

- Free member subsciptions to *The Horse's Maine & NH*.
- Your club membership information printed in the paper.
- A guarantee your members will see your news and events published in the paper.
- Email editor@horsesmaineandnh.com for detailed information.

INTRODUCING: MORE POWER E-TEC FIBRE-MAX NOW WITH 14% PROTEIN **#POULINPOWERED**

POULIN GRAIN

Т



----(iter the base of the ter

Achille Agway

Keene, Walpole, NH

603-924-6801

Blackmount Equipment 2924 DHC North Haverhill NH 603-787-6311 Peterborough, Milford, shawnb@blackmounteq.com www.achilleagway.com

Clarks Grain Store Chichester, NH 603-435-8388 Ossipee, NH 603-539-4006 www.clarksgrain.com

MAINE DEALERS

Heart and Hand, Inc 750 Pequawket Trail Brownfield, ME 207-935-1125

Longhorn Horse and Pet

Supply 1371 Long Plains Rd. Buxton, ME 207-929-8808 www.longhorn.me

Osborne's Agway Hooksett, NH 603-627-6855 Concord, NH 603-228-8561 Belmont, NH 603-527-3769 www.osbornesagway.com

Perkco Supply 1326 Exeter Rd. Exeter, ME 207-379-2900 www.perkosupply.com

POULINGRA

NH DEALERS

Dodge's Agway Hampton Falls, Exeter, and Plaistow, NH 603-926-2253

www.dodgesagway.com

Henniker Farm & Country Store 110 Bradford Rd. Henniker, NH 603-428-3255 www.hennikerfarm.com

Brooks Feed and Farm Supply 86 Union Street Brunswick, ME 207-729-6501 www.brooksfeed.com

Hammond Lumber Belfast,ME 207-338-4080 Blue Hill, ME 207-374-2814 Machias, ME 207-255-3328 www.hammondlumber.com