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Maine and NH's Own Equestrian Newspaper

February 2019

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Therapy Rider of the Year: Rose Thorington
Rookie Rider of the Year: Sam Dalleo

Apprentices/Interns

Apprentice of the Year: Emily Wasina
Long-Time Apprentices: Kris Gould & Joyce Brown
Veteran Intern of the Year: Matt Day

Special Awards

Long-Time Carlisle Charitable Foundation Board Members: Bill Souter & Leslie Lindgren
Long-Time Carlisle Academy Staff Members: Cynthia Paquette & Patricia Mason



Horses

Horse of the Year: Maggie Mae
Rookie Horse of the Year: Simon Sez
Long-Time Horse: Beauty

Stay tuned for news on the upcoming 2019 season!





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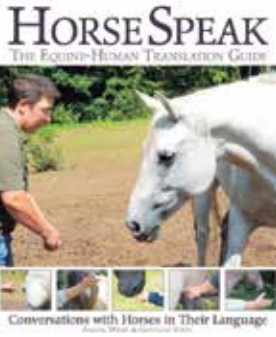
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A MULTI-DISCIPLINE MONTHLY NEWSPAPER EXCLUSIVELY FOR
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A monthly newspaper for, by, and about Maine and NH residents, we encourage everyone to submit news from their association, barn, clinic, or show at no charge.

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Deadline is the tenth of each month. Email articles, ads, photos, and calendar dates to editor@horsesmaineandnh.com, for inclusion in the next month's paper. *The Horse's Maine & NH, LLC* reserves the right to edit material for length and clarity, and might not print all material.

Photographs are welcome and can be black & white or color. Email photographs to editor@horsesmaineandnh.com.

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Our goal is to bring the news to the local equestrian community. We are dedicated to providing quality articles and exceptional customer service to our advertisers and readers.

ON THE COVER



Rory Ella with Bossie, a four-year-old American Warmblood.

*Photo by Rikki Babcock

Article Submission Guidelines

Submitting articles to *The Horse's Maine & NH* is easy - email your articles and photos to editor@horsesmaineandnh.com. Articles must be news; news about your group or your barn, and events that have happened. You can mention future events, but they cannot be advertised in articles.

We do *not* allow:

- Web addresses in the articles, such as "For our news, go to www..." We publish a newspaper, not a listing of web addresses.
- Pictures that display someone on a horse without a helmet, or at least a cowboy hat or derby (which we always assume has a helmet underneath).

Please email or mail calendar dates. We cannot take calendar dates over the phone. Due to space limitations, we do not include camp dates in the calendar.

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What Do You Know About Centered Riding?

By Sam Morrison

Centered Riding® Mind Body and Horse

“The Mission of Centered Riding® is not to be a discipline in itself. It must go forward in its purest and simplest form so it may be integrated into all disciplines of riding” (and driving).

Centered Riding was developed by Sally Swift (1913-2009). Sally was born with extreme scoliosis and told she would never walk. Her Mother took her for Alexander Technique lessons with Mabel Todd, who herself had been bed ridden and using her mind, taught herself to move again. Doctors told Sally that horseback riding would be helpful to her. She rode and began to teach others, developing the basics of breathing, centering, building blocks and soft eyes which became the foundation of Centered Riding.

Clinics and instructor courses followed. Centered Riding is now taught worldwide

and is used for all disciplines, such as dressage, eventing, western, jumping, long distance competitions, mental/physical challenged riders, driving, and gaited riding. As a matter of fact, although Centered Riding was developed and has headquarters in the USA, there are now more certified instructors in Europe and other countries than in the US. Instructors and members in South America, Japan, Australia, and Africa are also seeing the benefits of adding Centered Riding philosophy and techniques to their riding, teaching, and competing.

Throughout her life, Sally studied and practiced the Alexander Technique and T'ai Chi, always developing new images and fun exercises to help people with their riding and living.

The Alexander Technique (AT) is a gentle way of learning how the bones and joints move. The AT teacher guides the person into self-knowledge and how to inhibit poor

movement in everyday living, working, riding. Using this mind-body connection, how to use oneself efficiently and effectively without stress or tension (use of self), carries through to the horse, who in turn releases tension in his mind and body (comparable parts).

T'ai Chi is a form of the martial arts. Beginning with the horse stance, it develops balance, self-control, breathing, power, and energy. The rider becomes strong and secure, yet moves softly and elastically with the motion of the horse.

For information about finding Centered Riding instructors, clinics, and certification courses please visit www.centeredriding.org.



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Musings of a Horse Show Mom

By Stephanie Parron

New Year, New Budget

It's the new year, and that means banquets and year-end awards and miserable cold weather, and thinking about show season! One of the things I do this time of year is start to plan out the show season and create a budget for it. I would love to be able to just go to every show, all over New England, without having to think about how much it costs. But let's be real, who can really do that? If you can, you're super lucky. Most of us regular old horse show people have to keep the spending within a limit. The establishing of that limit is where it gets interesting.

Every year my husband and I have this talk about how much horse shows are going to cost this year, and I attempt to create a spreadsheet listing all the shows I want to attend, and how much each will cost. I try to keep the total within a certain limit. Then at the end of the year he tells me how much over the budget I went. And then we argue about what he includes in his total that I did not include in my budget. This happens pretty much every year. And during this recap of expenses I have to point out that my budget was just for horse shows. Not vet bills, shoeing, membership fees, or IEA costs. On the other hand, he counts everything. Every purchase that is horse related. Every piece of tack, every massage, and every saddle pad. And for some reason, we buy a lot of saddle pads.



This is a lot of saddle pads. We don't have this many, at least I don't think so.

Earlier this week we had this discussion for the 2019 season. I went through which shows I think we want to attend and he recounted how much we spent last year, and how much over last year's "show budget" I went. He pointed out all the "extra things" we bought. Including all the saddle pads. He thinks we have way too many saddle pads. And I explain that in contrast to most horse things, saddle pads are relatively inexpensive. And you can NEVER have too many saddle pads. You use them every day, they are easy to store, they get dirty and need to be switched out, and I love that you can have one in every color. Most recently we bought two at Equine Affaire and had them embroidered with the barn's logo. My husband cannot understand this and is

threatening to build a room and pad it with all the saddle pads we have so he can go in there and scream when he sees how much we spend on horses every year. I think this is just overreacting. But he does like to build things, so it's not impossible that he would do this just to prove a point.



This is the treehouse Kevin built. I don't think we have enough saddle pads to cover the entire inside of this treehouse, but he thinks so.

Horse spending is a constant topic in our house. And I know it's a topic in most horse homes. You can tell by all the Facebook and Instagram posts, memes, jokes, and comments you see every day. It seems every household that participates in horse sports has this discussion. The hard part is coming to some agreement or middle ground on what is reasonable to spend. How do you do this? I have no idea. Anyone have any idea? Anyone out there have some magic potion to convince your spouse that you should spend all the vacation money on horse shows? Because I'd buy that. Or how to explain why you need one more saddle pad (it matches the new ear bonnet! Or it's the barn colors!)? Or why your horse needs a massage, chiropractic, acupuncture, supplements, or whatever new and improved product people are out there selling, telling you it will make you invincible in the show ring? It's certainly a constant struggle.

During our budget discussion I pretty much always say we won't have any big purchases. And at the time I mean it! But for some reason every year there's something that comes up. It feels inevitable. Something will always come up. Horses are destroyers of things. Blankets, wraps, tack get broken

or ruined, and then you need to replace it. Or, you find a good deal you can't pass up. I might be guilty of this once in a while. Have you seen how many Facebook groups there are where people are selling horse stuff? Holy crap. It's SOOOO tempting. I've been keeping my eye out for a fleece half pad. I've almost bought one, maybe five times. I get to the point of actually buying it and then talk myself out of it. "I don't really need a fleece pad. It's too much money. I could just buy a new one for a little more. What if it doesn't fit? I really shouldn't spend the money." So far, my subconscious is winning. I have not bought the fleece pad. I'm not promising I won't at some point, but so far, I'm holding strong. I keep telling myself to wait, that there will probably be something else we need more.

I see no end to this struggle in our house. We want to attend different shows this year, more overnight shows, and less one day shows. I try to convince myself, and husband, that this is going to save us money. Less overall shows, just better ones. But I honestly don't know if that is going to be true. Let's face it, when you stay overnight you have the added cost of food and someplace to stay. I can only hope it works out to be equal once I do all the math. We bought a trailer at the end of last year, so I also remind him that we are going to be saving that cost. And then he tells me it just means we will do more and go more places, which in turn costs money. At some point I just yield in these discussions. I can't deny that horse sports are expensive. That horses in general are expensive. And a lot of our disposable income goes to support our love of horses. What I can say is that spending time at the barn makes me happy. And it makes Allie

happy. I have lots of things I want to do this year, and will probably need to pare my list down, but I know even if all I do is walk around the property and gallop in the field, it will put a huge smile on my face. It brings a calm to my life that nothing else has ever done. That's worth something. Some would say it's worth everything.



Allie had a great season last year with NHHJA; hard to put a price tag on that smile.

Stephanie Parron and her daughter Allie have been active in the local show circuit and IEA for several years. Stephanie writes a blog of the same title as her articles. You can find more musings at musingsofahorsemom.blogspot.com/



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From New England Equine Medical & Surgical

Navicular Syndrome

By Dr. Ella Pittman, DVM

Abstract

Navicular syndrome, sometimes also called navicular disease, entails the degeneration of the navicular bone and the surrounding soft tissue structures. The navicular bone is a baby carrot sized and shaped bone tucked behind your horse's coffin bone within the hoof. The deep digital flexor tendon (DDFT) courses over the navicular bone to insert on the caudal (back) portion of the coffin bone. In between the navicular bone and the DDFT sits the navicular bursa, a synovial "cushion" that allows the tendon to glide smoothly over the flexor surface of the navicular bone. Navicular syndrome/disease used to encompass any lameness in the foot that could not be attributed to something definitive, like an abscess or laminitis. Now with more advanced imaging modalities, including digital x-ray and MRI, navicular syndrome is defined by specific degenerative changes to the navicular bone and the deep digital flexor tendon.

Pathogenesis

The exact pathophysiology of navicular syndrome is unknown. Multiple factors are believed to be involved. Distal limb conformation, and the resulting biomechanics, play a large role. A "broken back" hoof-pastern axis, underrun heels, and long toes can put excess pressure on the navicular bone, causing a low level of damage, which over time leads to degeneration. Certain breeds such as warmbloods, Quarter Horses, and Thoroughbreds, are predisposed to developing navicular syndrome. Horses tend to be 8-10 years old at onset of clinical signs.

Clinical Signs

Classic navicular syndrome presents as an intermittent, mild forelimb lameness. When the palmar digital nerve in the lame foot is blocked with local anesthetic, the lameness resolves but a new mild lameness appears on the other front foot. A palmar digital block is then performed on the other front foot. If that foot then blocks out, navicular syndrome is the tentative diagnosis. Sometimes, affected horses are positive to hoof testers along their heels. Additional diagnostics (see below) are required to confirm a diagnosis and to make the best treatment plan. Certainly, treatment (also see below) can be diagnostic and therapeutic as well.

Diagnosis

Veterinarians will take two specific x-ray reviews to evaluate the navicular bone. The first view is called a 60-degree dorsopalmar view, in which the x-ray beam shoots from the coronary band at the front of the foot toward the heel. The second view is called a navicular skyline. The x-ray beam is directed from just above the heel bulbs toward the toe. Your veterinarian will look for three characteristic changes: loss of corticomedullary distinction (loss of distinct outer and

inner layers of bone), irregularities to the flexor surface (loss of smooth bone surface where the DDFT courses over the navicular bone) and increased synovial invaginations (sometimes called lollipop lesions, loss of architecture of the inner portion of the bone). Radiographs, however, do not always correlate to the severity of clinical signs. MRI is the gold standard in diagnosing navicular syndrome. An advantage of MRI over radiographs is that an MRI will show both the changes to the navicular bone and the extent of damage to the DDFT and the navicular bursa.

Treatment

Treatment for navicular syndrome generally starts with shoeing changes. The goal is to provide additional heel support and/or raise the heel with egg bar shoes or wedges; this decreases some of the force on the navicular area. Sometimes pads will also be applied to decrease the concussion on the entire foot. Coffin joint and navicular bursa injections with steroids and hyaluronic acid can also help horses with navicular syndrome. Most horses will benefit from a course of non-steroidal anti-inflammatory medications such as Bute®, Banamine®, or Equioxx®. Another treatment option is bisphosphonates. Bisphosphonates, including Tildren® and OsPhos® inhibit the cells that break down bone, called osteoclasts. This helps prevent additional bone destruction. Bisphosphonates, however, cannot reverse the damage already done.

Prognosis

Response to treatment depends on the individual horse. A carefully designed treatment plan and good communication between you (or whoever rides your horse), your veterinarian, and your farrier can help prolong your horse's athletic career. Lower intensity jobs, such as light trail riding and no jumping, will minimize the pounding on your horse's navicular region. Because it is a degenerative condition, some horses become refractory, or non-responsive, to treatment over time.



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My horse of thirteen years has navicular syndrome. His diagnosis was the reason I became a veterinarian! I competed on the A circuit with him for four years after his initial diagnosis. He then retired from competition, but he and I found a new love of jumping our local hunt club's natural fences. When he developed a DDFT injury along his pastern, I turned him out in a field for three years. He's now enjoying life as a lower-level dressage horse with wedge

shoes and the occasional dose of Bute as his only maintenance. At times, managing his front feet has been frustrating and not inexpensive. But he has a job he enjoys and people who adore him. Navicular syndrome doesn't have to mean the end of a productive life. With good management, patience, and reasonable expectations, in most cases you and your horse can still share many hours together in the saddle.



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Happy Horsin' Real Life Professional Tips

By Virginia Shaw

How Do You Know When It Is Too Cold To Ride?

As we enter into the coldest months in the northeast, the question I feel I'm answering a lot is "When is it too cold to ride?" Now, I have to be honest anything below 20 degrees you won't see me suited up in gear! I'm happy to hand walk and teach my die-hards, but it is unlikely I will be hoping in the saddle. I just find it too uncomfortable. That being said, I am also the first one telling my clients they need to get their horses out and moving, especially if we will be experiencing many cold days in a row.

Every year I find myself pondering the right response to this and attempting to figure out what is best for the horses. Upon much reading and searching, there doesn't seem to be any specific research stating when it is too cold to ride. There is plenty of blanketing info to be found, all the proper ways to blanket or not blanket, or to body clip or not. Reality is, what works for you and your horse?

I feel as though it is common knowledge that in colder weather you must take a longer time to warm-up and cool down. A 10-15 minute walk warm up is recommended and same for the cool down. It is also a known fact that a horse's respiratory system is designed to humidify and heat air as it enters the nose before it reaches the lungs. This means that as a horse exerts energy it breathes harder, and it's possible the colder air isn't warmed up enough before it hits the lungs. This can damage the horse's respiratory tract. So, in these colder temps, take breaks during your rides, allow

your horse to work lightly. Heavy jumping, cantering, and trotting is not recommended in temps below 20 degrees. If your horse is clipped, properly blanket and be sure to have them covered up during warm ups and cool downs. A horse that is unfit and not used to consistent work should be treated very gently during cold temps and not pushed into heavy work quickly. Make sure your horse has plenty of water and forage during these cold months to ensure weight and help keep them happy!

We can all survive these cold months and so can our horses with a little TLC. Even on a cold day, spending time with your four-legged friend can progress your training and create a stronger bond. Worst case, hang up that helmet for a few months, stay warm, and get back to it in the spring!

Happy Horsin'
Virginia

Virginia Shaw is Head Trainer at Behind the Blue LLC located at West Neck Farm in Nobleboro Maine

Is your group listed in the paper?

If not, send an email to editor@horsesmaineandnh.com and we will include it.

And PLEASE check your listing.

If you see anything that needs changing or updating, let us know.

We want to keep your listing as up-to-date as possible!



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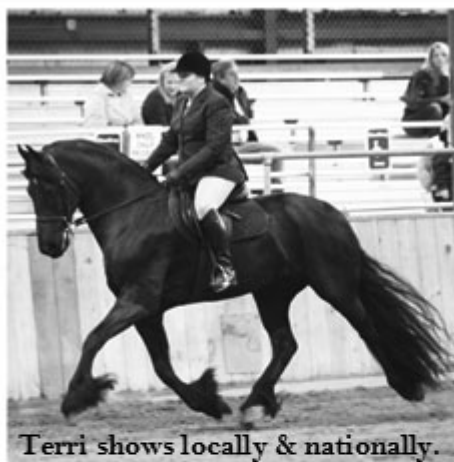
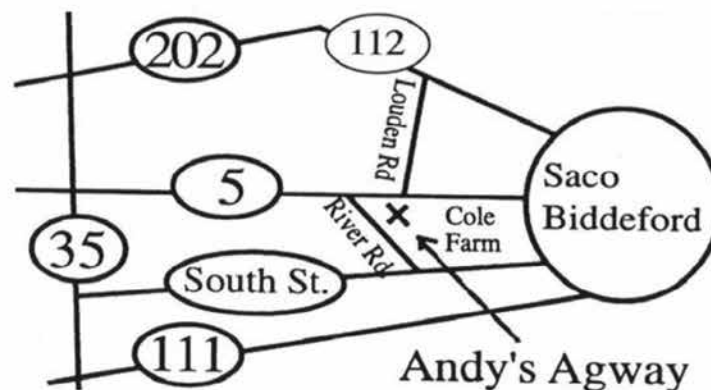
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Waldo County Riding & Driving Club News

By Avis Winchester

Waldo County Riding & Driving Club officers and directors met recently to start planning the 2019 show season. Exciting changes and additions are happening! Our show bill has 56 regular classes and six Championship classes. New additions include 12 classes for minis to show: Showmanship, Halter, Driving, Trail, Jumping as well as two Championship classes. Our Championship classes are cash awards in Showmanship, Halter, HMS and Pleasure Championships in walk/trot and canter/lope divisions.

Show fees have also changed (gone down) and will be \$7/class or \$40/day for members who preregister, \$9/class for nonmembers who preregister, and \$12/class for everyone day of show with a \$60/day fee for members. It is worthwhile to become a member to save in show fees and be able to take advantage of day fees as well as qualify for great end-of-year awards. Awards for 2018 included show buckles, chairs, and tack accessories. Memberships are \$30/family or \$25/individual which includes a subscription to The Horse's Maine & NH. Memberships expire on December 31, so get your paperwork in to be a 2019 member. We rely on our sponsors to help provide the ribbons, trophies, and awards for each show and the banquet and ask all

members to get one or two sponsors each season. This past season we had \$3,840 in sponsorships!

Show dates, always the third Sunday of the month, will be July 21, August 18, and September 15.

We look forward to an exciting show season and welcome all breeds of horses and minis to come show with us! Our next planning meeting is Sunday, March 3, at 3:00pm at 9A Andrew Lane. We welcome all interested to come to the meeting. Please check us out on Facebook, our website wcrdc.me (will be revised with new class list and show entry forms), or email us at wcrdc@yahoo.com.

Central Maine Dressage Association (CMDA) Year-end Awards Banquet

Photos By Jennifer Mitchell

CMDA held their annual year-end awards banquet and put luck lunch on Saturday, January 19.

Congratulations to all the winners!

Intro Level JR: 1)What's The Reason/Sofia Mitchell/67.60%. 2)Sherman March To The C/Rebekah Kropp/66.41%.

Intro Level AA: 1)Kennebec Elegance/Elizabeth Sanborn/69.38%. 2)Dun Mess With Cee/Patricia Varnum/69.06%. 3)Legende/Brittany Jacques/67.04%. 4)Lacey Chimes/Charlotte Wilkins/67.03%.

Intro Level Open: 1)DaVinci/Wadean Chadwick/72.41%. 2)Kennebec Commander/Kathleen Bailey/67.81%.

Training Level JR: 1)Chantilly Lace/Amariah Glaude/75.09%. 2)Scooby Doo/Phoebe Keliher/69.45%.

Training Level AA: 1)Watch Me Go/Selma Powers/65.94%. 2)HRF Tawny/Joanne Spires/63.29%.

First Level JR: 1)Cajun Way/Abby Gardner/63.99%.

First Level AA: 1)Dandylion/Erin Luck/64.17%.

First Level Open: 1)Dynastie/Carol Poulin-Taylor/66.95%.

Prix St. Georges: 1)Valdi's Majestic Bo/Wadean Chadwick/70.29%.


Western Dressage AA: 1)LSF Lady of Shalott/Carol Knight/65.90%.

Western Dressage Open: 1)Kennebec Rugby/Katie Chandler/68.75%.

Combined Training JR: 1)Cajun Way/Abby Gardner/33.06.

Combined Training AA: 1)Kennebec Elegance/Elizabeth Sanborn/30.78.

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Riverview Farm Updates

By Jojean Keller

What an incredible winter! The ice, snow, wind, and generally challenging weather make it difficult to accomplish much, other than the most important task of keeping the horse herds well fed and comfortable in the chilly temperatures. Riverview Farm's horses are well-fed, happy, and enjoying their companions! I did manage to capture one photo of a brave rider on a winter ride!



When Charlie goes outside, you may observe him showing off for lady friends in the next field! He definitely has some moves!



Charlie

Lady and Baby are retired Standardbred horses who were winning racers in their prime. They are a little moody at times,



Lady

but are also curious and respond well to a soft voice and a few treats. When they're outside, you will often see them re-enacting their winning moves!



Baby

Tribute to Diva

I am sad to say we lost one of our most popular horses this winter. Diva was a friend to all and especially loved by our barn cat, Shadow! According to her owner and friend, Karen Swasey-Jones, she was over 30 years old and she'd had Diva since 2005.

According to Karen, "She was a love to all... other horses, kitties, and she loved her people." Karen didn't have to speak out loud. She and Diva communicated through their thoughts. She was a cuddler and gave great hugs that Karen misses every day. She loved her treats and would take Karen's gloves out of her pocket and shake them to find the hidden treat.

Diva's History

Diva was bought off a truck in Maine. The person who bought her wanted to train her as a hunter/jumper. However, Diva was originally a PMU mare in Canada and was pregnant at the time. She had her foal and was put out to pasture. When Karen bought her, she discovered that Diva's pelvis was out of alignment and restored her to health. From then on, she was happy with her ground work, some brief times under saddle, and taking care of everyone around her, especially Karen.



This month, I'll take a look inside the barn at several of our most beloved "retirees:" Charlie, Lady, and Baby. Charlie lives in the first stall to the left as you enter the barn and he is the self-appointed "king" of the barn. He is the first to check you out and perhaps nibble a bit if you get too close. He always checks on any horse being groomed in the aisle and tries to give them a hello nip if he can. He's been known to adjust the barn radio, which is now off limits to him, however, anything on the shelf next to his stall is open to his inquiring muzzle.



Diva and Karen



Diva and a young rider



Diva and Shadow

Healing Hearts Update

Great news from Healing Hearts this month! Brandi is a 13-year-old Belgian/Morgan/Arabian mare who found her forever home, after her original owner had passed away. Here she is at her new home:



Maine Hunter/Jumper Association (MeHJA) Celebrates 2018

Threat of snow didn't keep them away. Members of the Maine Hunter/Jumper Association met on Saturday, January 19, at the Martindale Golf and Country Club in Auburn, ME to celebrate and recognize year-end award winners. Although this year's attendance was down, folks enjoyed silent auction items, a raffle, amazing food, and laughs.

Prior to the banquet, current and prospective board members and a handful of regular members met to elect new board members and official positions. There were a record six seats to fill this year. The 2019 board of directors for MeHJA are: President – Kaitlynn Pouliot, Vice President – Wendy McCann, Secretary – Esther Goodrich-Puffer, Treasurer – Anne Kozloff, and new this year, Events Manager – Renae Samay. Other board members include Alexandra Nason, Diane Kane, Jessie Schnell, and Lizzie Dutton. As always, please contact a board member with any suggestions or questions you might have. Once the board was selected, discussion turned to the Summer Classic, this year being the tenth anniversary show. Planning will begin in earnest at the first meeting of the year on February 6, which is always open to club members. MeHJA wants your suggestions and opinions. If you want to see change, please contact a board member to see how you can become involved.

The evening ended with awards and announcing the raffle winner. The winner of the single raffle item, a 40" tv, was Anne Kozloff. Congratulations, Anne! And congratulations to all of our 2018 year-end award winners. You should be proud of your accomplishments and we look forward to seeing you at the shows this year.

MeHJA 2018 Year End Award Winners

Hunter Breeding Ponies – CH Sunny Days
Hunter Breeding Horses – CH Gonna Getcha Good, RES Paparazzi
Leadline Equitation – CH Skyla-Mae Walker, RES Sonora Pilley
Leadline Pleasure – CH Gonna Getcha Good, RES Kozette
Walk-Trot Equitation – CH Adyson Brooks
Walk-Trot Pleasure – CH Butterscotch
Long Stirrup Equitation – CH Joanne Syson, RES Jayde Driscoll
Easy Does It – CH Appealing Promise, RES Kozette
Schooling Hunter – CH Judicial, RES Enzo Ferrari
Special Hunter – CH Kane's Karousel, RES Slow Motion
Pony Working Hunter – CH Sunny Days
Low Working Hunter – CH Syllabus, RES Friendly Frolic
Children's Hunter – CH Appealing Promise
TB Hunter – CH Appealing Promise, RES Syllabus
Hunter Pleasure – CH Gonna Getcha Good
Puddle Jumpers – CH Dante

Volunteer Recognition Program

Julia House – 42 Hours, Runner Up – Grace Keenan – 23 Hours

MeHJA Medal Winners

MeHJA SS/LS Medal – GOLD (tie) Grace Keenan, Jayde Driscoll
MeHJA Junior Medal – GOLD Julia House
MeHJA Modified Medal – GOLD Nina Miller, SILVER Gina Carbone, BRONZE Jessica Douglas
MeHJA Adult Medal – GOLD Kaitlynn Pouliot

Downeast Medal Winners

Walk-Trot Poles Medal – GOLD Adyson Brooks
Short/Long Stirrup Medal – GOLD Joanne Syson, SILVER Jayde Driscoll, BRONZE Olivia Lindo
Mini Medal – GOLD Summer Pilley, SILVER Lauren Fougner, BRONZE Elissa LaVoie
Modified Junior Medal – GOLD Nina Miller, SILVER Mia Rae, BRONZE Gina Carbone
Junior Medal – GOLD Kate Austin, SILVER Julia House
Modified Adult Medal – GOLD Jessica Douglas, SILVER Kaitlin Dyer
Adult Medal – GOLD Kaitlin Dyer, SILVER Lizzie Duttin, BRONZE (tie) Amy Miller, Jessica Douglas



Adyson Brooks Walk-Trot Equitation and Pleasure Champion



MeHJA Banquet dessert table



Chloe Cole, Leadline Pleasure Champion



MeHJA members from Seahorse Stables



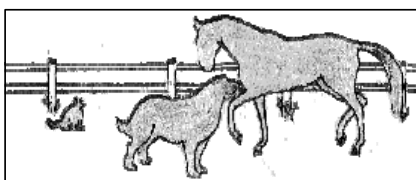
Diane Kane and Chloe Cole with the Kane Kountry Farm awards

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Granite State Carriage Association

Happy New Year!

2019 Carriage & Riding Outings

Granite State Carriage Association is ready to launch the 2019 carriage driving and riding season. The annual planning meeting was held in November and resulted in a full calendar of events, starting in February with the club's first Snow Games Day in Warner, NH, and the increasingly popular Sleigh Day in Lebanon, NH. Most of the 2018 events will be repeated in the new year, along with a few additions: a new day outing at Profile Falls in Bristol, NH is planned for June and our first excursion of the Loudon Roads and Woodlands Trails is on the calendar for July. Our most popular multi-day events at Mt. Chocorua, NH and Shelburne, VT will be back, along with several multi-day meet-ups at popular venues such as Acadia National Park and Myles Standish State Forest in Carver, MA. Be sure to check the club's website for the full calendar of 2019 events and reach out to the respective event hosts to preregister (if required) and obtain additional details.



Granite State Carriage Association's "Look to the Mountain" multi-day outing in Chocorua, NH is it's best-attended event every year. It will be held again in July 2019, but Space is limited, so sign up early!



Shelburne, VT is one of the most picturesque venues for carriage driving and very popular with Granite State Carriage Association members. GSCA is happy to report that this event is on the 2019 calendar, and now, riders are welcome too!

Annual Members' Meeting

Mark your calendars now for the Annual Members' Meeting to be held March 24 at the Red Blazer Restaurant & Pub in Concord, NH. In addition to a fun day of fellowship and a great meal, GSCA's annual FUNdraiser auction is always a blast!

GSCA Mourns Loss of Long-time Member, Barbara Hurl

We are sad to report that our long-time GSCA member, Barbara Hurl, passed away on November 25, 2018. She was 92 and will be fondly remembered as a supportive and active member, driving her horses till age 80. Condolences may be sent to Nancy and George MacGown, 56 Mill Lane, Seabrook, NH 03874. A celebration of her life is being planned for the Annual Meeting on March 24.



Granite State Carriage Association mourns the passing of long-time member, Barbara Hurl. She was 90 years old and drove her horses until she was 80.

Annual Dues due now!

GSCA depends on annual dues to meet administrative, such as insurance, and outing, expenses. Prompt payment helps us to offer our outings free of charge to members. At only \$ 25/year, membership in GSCA is bargain that can't be beat! And, for just \$ 1 more, you can also become an affiliate member of the Maine Driving Club, which entitles you to participate in their events as well.

GSCA Snow Games Day Outing - Drivers and Riders welcome

February 9, 2019 (Saturday) 10:00am at Rhapsody Farm, 5 Poverty Plains Rd., Warner, NH (formerly known as Double Clear Farm, Cathy Aranosan).

Ever wanted to see how fast you and your horse can race around hay bales? If your horse can pull a sleigh, plastic sled, a person on skis, or anything else safely and you'd like to see how well you can maneuver through round hay bales, come to this event! This is a fun event in which you compete only against yourself.

Looking for something exhilarating with a little less thrill? No problem; there will also be a loop just to enjoy driving. Come join us – meet your friends for some winter fun, meet new folks while having a fun filled day, topped off with a cup of hot cocoa and chili. We look forward to seeing you there!

Note: Pre-registration is suggested in case the event needs to be postponed or cancelled. Contact Denise Reed Gagnon at denisereedgagnon@gmail.com or 603-470-5747

GSCA Sleigh Day

Sunday, February 17, 2019 (Alternate date February 24) at The Townsend Farms, Lebanon, NH 10:00am-3:00pm.

We have five miles of groomed trails and 60-acres plus of open fields for you to sleigh on! So, drag out those sleighs and come give it a try. We always have extra people to help out if you need an extra hand while unloading, hitching, and so on. Easy trailer parking. We will once again have Bob's famous corn bread to go with the chili, and Becky makes the best ever chocolate chip cookies! Please feel free to bring a favorite of your own to share. Hot coffee and hot chocolate too!

The host must know if you plan to attend this event so the track can be set. Call or text Carolyn Townsend at 603-359-1505 or cmtownsend2@gmail.com



Winter Fun, coming up at GSCA's third annual Sleigh Day in Lebanon, NH. Check the website for details.

GSCA continued on page 13

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Granite State Carriage Association

GSCA continued from page 12

Pickpocket Farm Educational ADTs

By Linda & Eric Wilking

The Pickpocket Farm Educational ADT hosted by Linda and Eric Wilking in the heart of the NH Seacoast Region in Brentwood, has in its third year become the go to event for new drivers. Present at the last of three events scheduled for 2018 were 14 VSEs, and two horses and five ponies. The educational activity was set up to prepare drivers for Arena Driving Trials and Combined Driving Events.

The weather leading up to the weekend was nearly perfect, and helped with setting up the event, but on Sunday a brisk wind and cool temperatures had everyone wondering if winter was making an early arrival. The footing was good and spirits were high, as most were just happy to get out one last time before a long winter break. For this, the last of three events scheduled this year, Mini's easily outnumbered ponies and horses two-to-one. Participants with skills ranging from "Green as Grass" newbies with no showing experience to Preliminary drivers participated again this year.

All VSE's complete in a 30 x 60 meter dressage ring, then the ring is opened up to 40 x 80 meters, for the drivers of ponies and horses. Following dressage was a 15-cone course, and two obstacles, each driven twice. The grounds are perfect to accommodate 20-25 trailers with plenty of room to warm up with a

very friendly, low pressure atmosphere for all that participate. Everyone was encouraged to ask questions, seek help and lend a hand to anyone needing assistance.

Granite State Carriage Association was well represented with 12 members of the 19 participants. The VSE's had 12 training entries, so the training division was split into two divisions. Training Division 1 was won by Jane Lynds, with Dot Rourke and Shelly Hendler 2nd and 3rd. In Training Division 2, Tanya Wheeler won the class followed closely by Pat Musser and Nancy LaBron-Kiley driving pairs. Maine Driving Club and GSCA member Kassi Farrar driving her pair won the VSE preliminary division, with Georgia Barry 2nd.

Denise Reed-Gagnon won the Training Horse Division followed by Elsie Rodney, and Amy Severino won the Preliminary Pony Division followed by Lisa Brooks-Smets.

Lunch at the event is a pot luck, with many bringing crockpots with warm food to share. Comaraderie and family fun are requirements at this event. Recognition for a job well done, and helpful words of encouragement from Judge Susan Rogers follow the event. Linda and I look forward to hosting the series again next year with tentative 2019 dates of May 5, September 8, and October 20.



Mini horses rule! Pickpocket Farm's Educational ADTs, hosted by GSCA members, Linda & Eric Wilking are the go-to venue for GSCA members and others to safely learn and participate in friendly competition.

GSCA is dedicated to the promotion of safe, recreational, pleasure driving. Single day and multi-day driving events are held all over New England and riders are welcome at most events. Dues are only \$25 a year (for \$1 more, also become an affiliate member of Maine Driving Club!). Participation in most events is free, except for stabling or camping fees or catered meals, if applicable. Find out more about GSCA, and find a calendar of events at www.granitestatetrailers.com. Check out GSCA's club blog, Horse Smarts & Carts, on the GSCA website. It features ongoing stories, training information, useful horse management tips, photos, and GSCA monthly Recaps & Reminders.

<http://granitestatetrailers.com/index.php/activities-photos/horse-smarts-blog> Find us also on Facebook GSCA Granite State Carriage.

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Choosing the Right Trailer

Written by Sue Perry, reprinted with permission of Yered Trailers

The best trailer is the one that works for you and your horses, and is safe!

Hundreds of Choices

There are over 50 horse trailer manufacturers in this country and each company makes at least a dozen different models. All of them are safe transport for your horses if they are well-maintained and appropriately hitched to a suitable tow vehicle. Beyond that, most choices are personal preference.

Horse trailers are constructed in one of three ways: all steel, steel frame with aluminum skin, or all aluminum. I asked George Yered of Yered Trailers in Medfield, MA if there are any particular advantages to one construction type. “No, neither one is better than the other two. All make good, safe trailers.”

Trailer flooring also comes in three different ways: pressure treated wood, aluminum, and rubber (a hard plastic). No one type of flooring is better than the other. George says, “Flooring in a trailer will last a minimum of 20 years, possibly forever, if it’s properly taken care of. No matter what type of material you have for a floor, it should always be covered by rubber mats.” Mats make any floor more comfortable for horses to stand on and provide traction so they do not slip during transport.

The care that George mentions means cleaning out hay, manure, and urine-soaked shavings every time you use the trailer. Sprinkle a little lime on the clean wet spot to neutralize the acid from the urine. Several times a year, pull the mats out and wash both the mats and the trailer floor with soap and water. Allow everything to air dry before replacing the mats.

Many of the choices you make between different trailer models are personal preference and depend upon how you will use the trailer (such as days trips with one horse, overnight trips, or multi-day competitions).

Choosing a gooseneck versus a tag-a-long trailer also depends in part on your tow vehicle. A gooseneck requires an open-bed, full-size pickup truck, with larger trailers requiring a dually truck. Tag-a-longs can be towed with an open truck, a pickup with a cap or small camper top, or a large SUV.

Horse trailers carry their live cargo in one of three ways. Straight load trailers have the horses standing parallel to the road, facing straight ahead (and occasionally straight backwards in a large gooseneck). Slant load trailers carry all of the horses facing at a diagonal angle to the road. Stock trailers have no interior stall dividers between the horses, although

each horse’s head may be loosely secure to an interior tie ring. The horses can position themselves as they feel comfortable.

There are two choices for how the horse enters and exits the trailer: rubber-covered ramp or step-up. If your horse is used to one style and you purchase a trailer of the other style, you will have to spend time training him how to load and unload with the new entrance/exit method.

Do you want a dressing room? This adds length, weight, and cost to the trailer, but can be convenient if you do a lot of showing.

Tag-a-long trailers can also come with extra open space (about two-feet of additional length) in front between the breast bars and the front wall. This gives you plenty of room for cargo like water jugs, buckets, emergency kit, and cleaning tools.

Do you want living quarters in front of the horses? This is useful if you want to stay overnight on the showgrounds with your horses.

If you plan to do multi-day travels with your horses, you’ll have a lot of bulky cargo, such as hay, grain, shavings, stall equipment, and tack trunks. Do you plan to carry this in your tow vehicle or trailer? Cargo in the trailer can be put in the peak of a gooseneck, in a dressing room, or in an empty stall.

How many horses do you need to transport? The answer to this question might narrow your choices of trailers. Although you do not want to buy something bigger than you need, an extra empty stall can be filled with a lot of cargo or an occasional extra horse.

What size horses will you be transporting? Welsh ponies, Thoroughbreds, and draft horses need different sized trailers and stalls. Ponies can travel in a big rig, but the opposite just won’t work. If the roof is too low, or the stall is too small (short and narrow), your horse will be nervous, uncomfortable, and unsteady. The horse must be able to spread his legs as necessary to remain balanced when the trailer is in motion. On tight turns and steep inclines, he also needs room to move his head and neck for balance.

There are numerous small options that your trailer dealer can add onto your trailer once you purchase it. These include: bridle hooks, saddle racks, blanket bars, tie rings, and exterior safety door latches (in case your horse is a

Houdini and plays with the regular door latch on the inside).

Trailer Safety

George reminds everyone, “Have a proper tow vehicle and make sure it is properly equipped to pull the trailer you have. Trucks with a tow package will have heavy duty radial truck tires, heavy duty shock absorbers in the rear, and an underbody hitch for tag-a-long trailers. Four-wheel drive is a prerequisite for trailer towing.” Although you should not be driving your horses in the snow (unless it’s an emergency), you will often have to park on wet grass or tow along muddy driveways.

The longer the wheel base on your truck or SUV, the safer the towing setup. Longer, heavier vehicles, such as a full-size pickup truck (1/2 ton or ¾ ton) or Suburban, are less influenced by the weight behind them. Coupled with sufficiently-large engines, these vehicles make it easier to steer and drive straight, especially on windy days, and get you up steep hills. If you should have to make a sudden avoidance maneuver (stop, accelerate, tight turn), a long, heavy tow vehicle can keep the trailer following along. A shorter, lighter SUV would be overpowered by the loaded trailer behind it, making a dangerous accident more likely.

For tag-a-long trailers, a weight-distributing hitch with bars from the hitch base to the sides of the trailer tongue improve the stability and safety during towing. This system takes some of the trailer’s weight off of the hitch ball and puts it down on the strong hitch base. Your trailer dealer can install this type of hitch on your rig and determine the optimal tension adjustment for the bars.

All of the trailer windows should be covered by screens to prevent any road debris from getting into the trailer (especially your horse’s face). Open all of the windows and vents for travel (except perhaps the window on the front wall). Cool, fresh air moving through the trailer during transport is very important in preventing respiratory disease/infections caused by shipping. The stress of shipping tends to weaken the horse’s immune system. A horse in a tightly-closed trailer is forced to breathe in hay dust, shavings dust, and noxious gases from manure and urine. Opening the windows helps keep the air clear and reduces the risk that your horse will develop shipping fever.

Open trailer windows also help prevent your horse from getting overheated during his trip. The horse’s muscles are constantly working during transport as the horse maintains his balance through turns and changes of speed. This muscle activity generates heat – almost as much as if you were riding your horse at an easy trot.

George advises everyone to, “Do a circle check every time you hitch up. After everything is hooked up and plugged in, walk around the entire rig. Are all the lights working? Kick tires to make sure they have sufficient air. It’s really all common sense, but safety is the magic word.”

Once a month, give the interior a safety check. There should not be anything sharp or sticking out that could harm a horse. Tie rings and latches should lie flat. Snaps should open easily and close completely. Traction devices on the entry ramp should be secure. Replace items in your emergency and first aid kits that are missing, used-up, or outdated. Check the tire pressure with a tire pressure gauge.

Proper maintenance is essential to prolong the life of your trailer and ensure it remains safe. In addition to cleaning after every use and your daily and monthly checks, take the trailer and tow vehicle to a reputable horse trailer dealership for a yearly tune up.

George points out that, “If your trailer doesn’t get a lot of use, not all tune up services are needed every year.” But since safety is paramount, it does not hurt to have your rig checked over by a professional once a year.

For most horse owners, their trailer is what allows them to go places with their horses. Lessons, shows, and trail rides would not happen if we didn’t take to the road with equine companions. So, choose a trailer that meets your needs, hitch it to a proper tow vehicle, and take good care of that trailer.

Sue Perry is a Certified Veterinary Technician and equine massage therapist. She lives in Upton, MA with her horses, and runs Muscle Magic, an equine massage service.

Meet the Professional: George Yered, owner Yered Trailers

In November of 1976, Yered Trailers had but one philosophy. They vowed to perform top quality work at a reasonable price. Now, 43 years later, that pledge still rings true.

George Yered and his staff have been in the automotive and trailer-related business since 1966. An avid horseman, George blended his passion and knowledge to create Yered Trailers, a full-service trailer sales and repair company.

Yered Trailers has a continually updated inventory, including superior brands such as Sundowner, Featherlight, Cotner Trailers USA, Bri-Mar, and Kingston, among others, along with innumerable accessories. They offer full customization by professional welders who can work with both aluminum and steel products. Yered Trailer's 15,000 square foot facility, located on an expanse of over three acres, has the capability to handle any job with any trailer.


The most necessary, and also the most often overlooked, maintenance is seasonal service. There is nothing worse than being broken down on the side of the road, horses loaded and nervous, waiting for a tow truck! As a Massachusetts licensed DOT inspector, Yered Trailers can make sure a trailer is not only safe and roadworthy, but legal as well.




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The Challenge

For many in the equestrian field, the health, wellbeing and security of their entire extended equestrian family is of great importance. Making certain that all the members including family, livestock, and stable hands are all experiencing a comfortable, healthy, and secure quality of life can be a challenge. A key element in this difficult and long term pursuit is the overall performance of the structures that they all live, work, and socialize in as a total working farm family team. Ultimately, houses, barns, garages, workshops, and other structures required on the farm that are high quality, rugged, attractive, spacious, quiet, naturally comfortable, and environmentally responsible, directly or indirectly, contribute towards significantly better living and working conditions that can translate into happier, healthier, and more productivity for all members of the extended equestrian family.

Until recently there has been no single truly 21st century construction system that could provide the overall quality, ruggedness, efficiency, design and utilization versatility, affordability, and green deliverables for most all the structures on the farm. The challenge has been to develop a comprehensive and state of the art construction system that significantly raises the bar on providing higher financial, physical, and environmental performance and value in a single, modern, common sense and cost effective manner. Today, such a next generation and Single Source Solution building system does exist to effectively serve the residential, multi-family, condo, vacation home, agricultural, religious, recreational, commercial, retail, and professional building sectors.

The Home

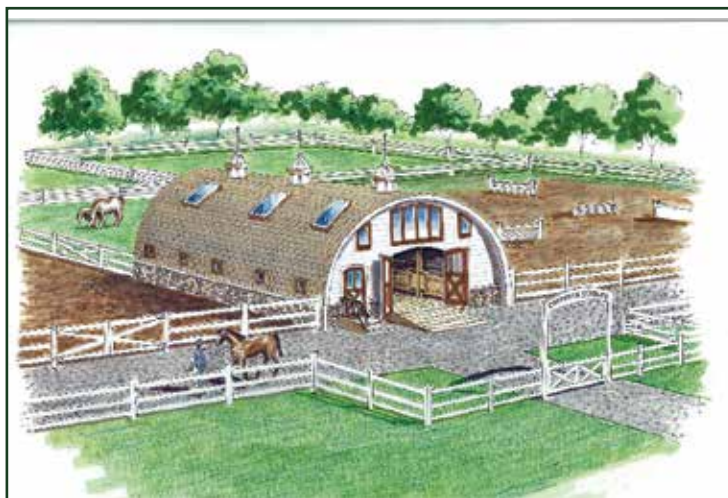
Ideally, a home provides a warm, secure, welcoming, and spacious environment where all interior living, working, relaxing, and socializing activities can occur and flow in a naturally comfortable manner. The free standing and design flexibility nature of this system provides the opportunity to efficiently create whatever floor plan layouts are required to meet the endless range of preferences, idiosyncrasies, habits, and needs of the vast variety of different individuals, couples, families, and social groups from across the country.

The Barn

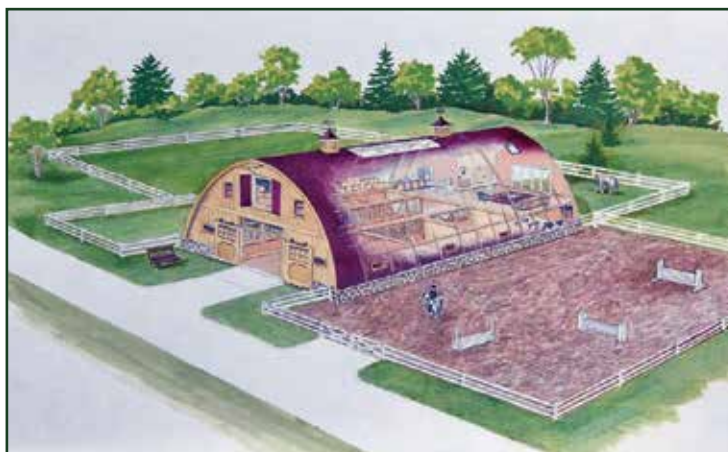
The barn often serves as control central for the entire equestrian operation. It houses the livestock often in conjunction with tack room, office, workshop, feed stock, and supply storage facilities as well as housing accommodations for the valued staff. In addition, the design, appearance, layout, and quality of the structure can clearly signify the overall quality, performance, and professionalism of the operation. Again, this building system provides the opportunity to create an exceptionally attractive, welcoming, efficient, high performance, and very green structure to benefit the overall operation in many direct and indirect financial, physical, and environmental ways. All of this can be accomplished in an exceptionally rugged, handsome, and attractive manner at only a fraction of the cost of traditional post and beam or timber frame barn structures.



The Homestead



Barn



Barn Layout Concept

The Single, Source Solution

The absolute key that determines the real world performance and true value of every building is its shell, the actual chassis of a structure. The design and construction of the shell directly impacts its quality, attractiveness, structural integrity, speed of assembly and move in timeframe, floor plan limitations, and greenness along with its long term energy and maintenance requirements, ownership cost, and resale value, in short, its overall financial, physical, and environmental performance. Every one of these target elements steered the development process to a very successful outcome, the “Ultra-High Performance Building Shell System.”™ Through the use of modern technology, know-how and materials, a true 21st century caliber, comprehensive and trend setting solution was developed to provide a common sense, affordable and green alternative to the overpriced and under-performing 19th century concept buildings that are still being constructed across the country. This system is designed and engineered to deliver an extraordinary level of long term performance and value like nothing else on the market today. And, at a price competitive with good quality conventional stick built constructed buildings, and often at over \$100.00 per square foot less than many turnkey buildings that are promoted as being green, net zero and high performance buildings.

The System

The “Ultra-High Performance Building Shell System”™ is based on a Lego Block approach to quickly assembling free standing structures with a minimum of labor, material, and waste in the process. Only four high quality and factory manufactured components are required to rapidly construct the overall building shell in a matter of days, not weeks or months. Once the overhead shell is assembled, both gable ends are constructed in an exceptionally rugged and well insulated conventional construction manner. The same four components are used to create an endless range of both arch and Gothic design structures in single floor, with loft and full two story models. Compared with the given footprint and useable interior space of conventional structures, these buildings deliver a far more rugged, spacious and versatile structure, most often with more interior useable space, while using far less construction and wasted materials in the process. The basic system offers buildings from 20’ to 40’ wide and in any lengths in 4’ depth increments. Wider custom designed and fabricated structures can be created when required. Building shells can be constructed on slabs, frost walls, stilt platforms, and basement foundations. Most every roofing and siding product can be used to cover the exterior of the structure. Dormers are available to provide additional space on the side of the shells for entrances, windows, additional interior floor area, and other design features.

Benefits and Advantages

From the security and peace of mind perspective, these structures are engineered to efficiently handle heavy snow and wind loads, which is critical in regards to the more severe weather patterns evolving along with climate change. The shell assembles quickly reducing overall construction costs, carrying cost and move in timeframe. The extraordinary tightness of the shell and density of the insulation systems provide for exceptionally low energy requirements, interior quietness and exceptionally low ability of outside weather conditions to influence interior air quality and comfort. The overall high quality of the construction materials and assembly methodology, along with less square footage of exterior surface area exposed to the elements, significantly reduces both long term energy and maintenance requirements. Interior layout and exterior design opportunities are only limited by the owner's imagination and budget. From the green perspective, less building material and waste throughout the manufacturing and assembly processes, reduced energy and maintenance requirements, buildings eligible for LEED Gold and Net Zero status, and fewer truck delivery trips necessary during the construction phase all contribute towards placing this product line as being an exceptionally green building system.

Conclusion

When it comes to maximizing overall performance, comfort, physical security, lower ownership cost, unlimited interior and exterior design capabilities, higher long term resale value and return on investment, all packaged within a small environmental footprint, there is no other building system that can truly compete across the board with the "Ultra-High Performance Building Shell System"™, even at significantly higher pricing.

For more detailed information, design concepts, and project photos visit www.archtypestructures.com.



Arch Style Structure



Gothic Style Structure



Spec House Under Construction in West Gardiner

Design Concepts



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What Makes Your Barn Unique?

In the September 2018 issue of *The Horse's Maine & NH*, we covered options for building your barn or run-in shed. Here are some ideas of how the interior of your barn can reflect your personal uniqueness.

Stall Sizes

Stall sizes are important and it's a rule of thumb that a 12x12 stall is ideal for a 1000+ pound horse. But a 10x12 or 10x10 stall will also allow comfort for a 15-hand horse. Ponies or miniature horses can rest very comfortable in a 8x10 space. Use of adjustable free-standing partitions offer flexibility in stall arrangements for brood mares.

Run-in Sheds

The size of a run-in shed is dependent on what your needs are and how territorial your horses are with each other. Per horse, it is suggested a 12x12 or 10x10 run-in shed allows enough space. If your shed must accommodate more than one horse, it is suggested to have at least 60 sq. feet per horse. A run-in shed for three horses must be at least 10x18. One suggestion: keep an eye on the low horse as he could be out in the freezing rain or the hot sun, or not get his hay if the space isn't large enough.

Windows

Windows should be placed in each stall for light and air flow in the hotter summer months. Add bars or wire for the horse's safety, and add screens to help to keep the unwanted pests out and the air flow through.

Electrical and Lighting

Electrical and lighting is a factor that should be considered. Lighting should be placed well out of the horses reach and in some kind of a protective cage. Aisle lights are important, and individual stall lights are an added plus (also fully caged). Electrical wires should be wrapped in conduit to offer protection from varmints, and the barn panel box should be placed in the barn and easily accessible. Outlets are important and should be fully covered; the number of outlets is dependent on your needs. Outside lighting, such as spotlights or welcome lights by the entry door are important; some prefer automatic sensors and some prefer manual switches.

Stall Doors

Stall doors have many different styles and options: wooden, cast iron, aluminum, and steel. The doorway should be at least four feet wide when fully open to allow enough room for safe passage. Doors can slide on runners or swing into the aisle. Sliding doors usually offer more safety, as they stay flush against the aisle wall. Full doors or Dutch doors are another decision; the half doors (or Dutch doors) that swing or slide add flexibility to allow more air flow for the horse. Stall dividers can be full walled or half walled. If half walled, place bars or wire as a barrier between the stalls. If wire is used please be sure to cover the raw edge for your horse's safety. Free standing stalls can be hooked together offering many different options of stall sizes and wall height.

Flooring

Flooring in stalls can be asphalt or concrete with mats over the flooring. The spring of rubber mats coupled with adequate bedding allows comfort for your horse. Clay flooring is considered the ultimate flooring, but is extremely expensive and difficult to keep up with. It usually means leveling floors at least every two years. It's hard work, but creates a fantastic floor. Wooden floors were popular for many years, as they supply spring and give. Wooden floors create a lot of upkeep and work (replacing broken, worn, or rotten flooring), which is time consuming and expensive. And the space between the flooring and the ground is a great place for those unwanted creatures to live. Center aisles can be matted or left plain; most stables like matted aisles.

Storage Space and Tack Rooms

Storage space and tack rooms are the hardest to estimate. Most traditional barns that have hay storage above calculate roughly 150-200 bales per horse for winter feeding and the size of each bale. Tack rooms seem to be the easiest to overcrowd and are never big enough. The rule of thumb is for every five stalls, add a space the same size for your tack room. Utility rooms to store extra buckets, grain bins, tools, extra fencing, and so on should also allow for one stall space per five stalls. Shavings, if loose or bagged, and stall cleaning equipment require additional space too.

The Added Touch

The added touch to any barn or run-in shed is a weather vane or cupola. There are many styles and sizes of cupolas to purchase, or you can have your contractor put one together for you. Weathervanes offer many kinds of materials and can be a specialty design of your own or manufactured.

Decorative hardware, paint, door styles, windows styles, lighting, hinges, and latches are abundant and reflect your uniqueness and needs. So much to think about and so much to do, but spring is around the corner; it's time to think about your new barn or run-in shed and contact your builder to help with the process.

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State of Maine Dressage Association (SMDA) News

By Susan Pendleton

SMDA held its Annual Meeting and Awards Banquet on Saturday night, January 19. Scheduling a winter banquet is tricky, but we got lucky we were able to conclude the evening and send everyone home just as the first snowflakes started falling! Once again, we had the banquet at Duffy's Tavern & Grill located in Old Orchard Beach, which provided us with a nice venue and great food to enjoy for our evening.

SMDA Annual Meeting

The Annual Meeting included a review of 2018 and discussion of plans for 2019. We presented the results of the election and met our new Officers and Board of Directors. For the 2019-2020 term, we're pleased to have Brandi Raymond taking over as President. Susan Pendleton has completed her second term as President, and as Vice President will support the incoming Board and Officers during the coming year. Our other officers are Maggie Roy, Secretary; and Cindy Cox, Treasurer. The 2019-2020 Board of Directors are: Valerie Cole, Robyn Cuffey, Kristin Gould, Asheley Ireland, Elizabeth Jewell, Jenna LeBarge (Junior Representative), Sandra Negus, Nancy Smith, Cindi Spear, and Jane Tremlett.

New for 2019

SMDA has many plans for 2019, including a few changes and updates for the coming show season:

- We have new dressage tests for 2019, which are in place for four years. SMDA has purchased a copyright agreement from USDF to publish the tests in our Equine Edition Omnibus.
- Western Dressage riders will be split into two classes: Intro and Basic, and Level 1 and up. We're seeing more Western Dressage riders at our shows; this change will help make the competition more fair and hopefully encourage more riders to go Western!
- The USEF Rider Tests are added to our class list. These tests were developed with the goal of providing tests that place more emphasis on the rider than the horse's gaits. This is a trial year, and we'll be interested to see if there is interest – we encourage your participation.
- Grant Program – SMDA has done an overhaul of the Volunteer Recognition Award Program. We'll offer grants up to \$350 for qualified applicants who have a history of volunteering for SMDA, and who will use the money for an educational purpose. The application form and details are on SMDA's website.

2019 Equine Edition Omnibus

SMDA's 2019 show directory was distributed at the banquet to members in attendance. If you are a current (2019) SMDA member and were unable to attend the banquet, your copy will be mailed shortly.

We are grateful to the Friends of SMDA donors and the businesses and other organizations that advertised in our show directory. We rely on the income from these ads to pay for printing and distribution. Please take a moment to thank them and show appreciation for their support!

The Omnibus includes a list of SMDA's regular schooling shows, our July USDF/USEF Recognized Show, and the SMDA affiliated shows – the SPHO show, four shows at Life's a Ride in Saco, and two shows at Scarlet Day Farm in Gray.

Banquet Keynote Speaker – Jennifer Mitchell, PT

A highlight of the banquet was a special presentation by Jennifer Mitchell, PT. Jennifer is a USEF Certified Practitioner who specializes in helping riders correct their physical imbalances with the goal to improve their riding performance. She provided information about different rider issues with asymmetry and how physical therapy and exercise can help. Jennifer brought a table with her, and did a demonstration of how she assesses a rider's stability and flexibility in the core and pelvis area, which gave us a taste for how manual therapy session works.

We're grateful to Jennifer for coming to our banquet to make this presentation, and for donating a free evaluation session to our Silent Auction.

Year End Awards

We concluded the evening with the presentation of the year-end awards and medals. Our Awards Coordinator, Maggie Roy, did a great job selecting the beautiful gifts for the winners, which included leather halters with nameplates, and beautiful engraved silver plates. Thank you, Maggie!

Our Volunteer of the Year award went to Jane Tremlett. Jane had been a long-time member of SMDA, including terms as President. She's a tireless volunteer, managing shows, organizing ring set-up, finding judges, and maintaining our supply of ribbons. Jane was presented with a bowl of peppermints – something both she and her horse will get to enjoy!

SMDA 2018 Year End Awards

USDF Intro AA: Champion: Elizabeth Sanborn and Kennebec Elegance, 68.67%. Reserve: Cindi Spear and Ryleigh BTF, 66.23%. Third: Candice McElroy and Golden Heartland, 63.50%.

USDF Intro Open: Champion: Katrina Scarito and Lexicon, 68.43%. Reserve: Elizabeth Jewell and Jakob, BTF 67.4%. Third: Elizabeth Jewell and Gabriel, 67.11%. Fourth: Nancy Gauthier and Urchin, 66.46%.

USEF Training Level Jr: Champion: Jenna LeBarge and Sarola, 68.94%. Reserve: Catherine Sullivan and Indigo, 66.65%.

USEF Training Level AA: Champion: Pam Coulling and Cloud, 63.44%. Reserve: Cindi Spear and Cayden BTF, 61.31%. Third: Candice McElroy and Golden Heartland, 61.24%.

USEF Training Level Open: Champion: Elizabeth Jewell and Jakob BTF, 67.07%. Reserve: Brandi Raymond and In Short Order, 63.93%. Third: Gloria Steiger and Castleberry Rio, 61.42%.

USEF First Level Jr: Champion: Catherine Sullivan and Indigo, 64.81%.

USEF First Level AA: Champion: Susan Terry and Gypsy Vanadio, 62.82%. Reserve: Chrissy Smith and Zoysha, 59.78%.

USEF Second Level AA: Champion: Chrissy Smith and Zoysha, 59.85%

WDAA AA: Champion: Debra Harter and Impulsive Rita, 64.64%. Reserve: Cindi Flow and Sandy, 62.85%.

WDAA Open: Champion: Brandi Raymond and Vesters Grand Finale, 66.36%.

High Point Intro AA: Elizabeth Sanborn
High Point Intro Open: Katrina Scarito
High Point Jr: Jenna LeBarge
High Point AA: Debra Harter
High Point Open: Elizabeth Jewell

Bronze Medal Recipients: Jenna LeBarge, Candice McElroy, Elizabeth Jewell, Cheryl Peaslee.

Silver Medal Recipients: Chrissy Smith, Laurie Lee Mason.



Elizabeth Jewell receiving her award from Maggie Roy



Jane Tremlett receiving her award from Maggie Roy



Jenna LeBarge receiving her award from Maggie Roy



SMDA Medal Winners



Sue Terry receiving her award from Maggie Roy

Maine Horse Association (MHA) News, Notes & Nickers

By Dollie Hutchins, MHA Adminstrator

The Maine Horse Association capped off its 2018 show season in grand style with its **Annual Grand Championship Awards Banquet** on the Saturday evening, November 17, 2018. Held at the Italian Heritage Center in Portland, ME, the large crowd enjoyed a sumptuous buffet, bidding on a variety of items in the annual scholarship fund silent auction, and lots of visiting before the presentation of the high point grand championships. (Listed separately)

In addition to the high point awards, MHA is proud to present a number of **Challenge Trophies and other Special Awards** each year. In competition since 1964, the Gray Perpetual Trophy, a traditional brass huntsman's horn (the kind you see heralding in horse show classes at a large show) was presented to Gina Carbone for her showing Kane's Karousel for Diane Kane in a hunter division open to everyone (Open, Low, and Special). As MHA tradition dictates, the recipient must blow the horn. After a few tries, ever the good sport, Gina was successful. This trophy was donated by the Braley Gray family, whose daughter, Lendon Gray, became well known in the dressage world with her diminutive mount, Seldom Seen; and who now champions the junior riders in the dressage world.

Ashlyn Bosse with After Elegance took home the newest rendition of the Paul Mangin Memorial Trophy, which is supported by MHA's Paul Mangin Memorial Fund, in the Youth Activity Pleasure Western division. Paul was a young western enthusiast lost before his time. The Flanigan family remembers Olive Flanigan with the Olive Flanigan Challenge Trophy each year awarded to the horse and rider with the most points in the ten-and-under walk-trot pleasure division. In her last season in walk and trot, Emma Lear-Lapierre with her beloved Cooper (Hidden Hollow Hot Shot) was the delighted recipient.

Meg Hall's wonderful BPL Figuratiw is honored each year with the presentation of the BPL Figuratiw Memorial Challenge Trophy to the highest scoring purebred Arabian Western Pleasure Horse. Jess Small's hard work with her young Mistaars Ibn Jameel paid off as she took home this trophy. Trouble's EZ Touch, a very successful mount for Kori Green in the 1990s, is honored with a challenge trophy in his name. Retiring the Troubles EZ Touch Memorial Challenge Trophy in the Hunter Pleasure division this year was Morgan Schlaack and her colorful John's Jet Lag. The Maine Morgan Horse

Club supports MHA each year with its sponsorship of a special award to the Morgan horse scoring the highest in all MHA's Morgan divisions combined. Little Oak's Custom Chrome, known for his versatility, garnered the award this year.

One of MHA's most unique classes is the Family Pleasure class which is a walk and trot/jog only class open to not only actual relatives, but also to 'barn family' members as well. From lead liners who can trot/jog (and have a leader who can run long enough...lol) to the person at home who rides just a little to a pair of barn friends and everyone else, this class is always fun. Given by the Drummey family whose three generations are involved in showing, the Denim Ridge Farm Family Pleasure Challenge Trophy was won by Whiskey Freckleberry shown by Brooke Smith and Cohne Goodwin.

Traditionally, the final two awards of the MHA Banquet honor an outstanding junior and adult. The Christopher Vose Memorial Award, (another young person lost way too early) for outstanding sportsmanship was awarded to Lucy Pruett from the Wright Way Stables in Augusta. In her lifetime, Natalie Libby tirelessly supported the MHA and the NEHC organizations. She is honored each year with the presentation of the Natalie B Libby Memorial Award given to an adult who has contributed to the betterment of MHA. Emily Hawkins from Little Oak Farm in Wesley was this year's worthy recipient.

Prior to the banquet, MHA held its Annual Meeting with the **2019 officers** elected as follows: President, Regan Grant, Acton, ME; First Vice-President, Robert MacDonald, North Berwick, ME; Second Vice-President, Cohne Goodwin, Bowdoin, ME; Recording Secretary, Courtney Grant, Acton, ME; Treasurer, Administrator, Prize List Editor, Dollie Hutchins, Sanford, ME. Elected to the Board were Peggy Drummey, Cohne Goodwin, Nancy House, and Courtney Grant. They joined Board members Leigh Drummey, Lyn Schlaack, Jo Hight, Dollie Hutchins, Diane Kane, Sylvia Corbett and Pam Lear.

In other news, MHA is pleased to announce the addition of the **Thoroughbred Hunter Division** to its roster of recognized classes and that it is revamping its **Jumper Divisions** to reflect current practices: Puddle Jumpers – fences up to 0.8m (2'7"); Schooling Jumpers – 0.8m up to but not exceeding 1.0m (3'3"), and Open Jumpers – fences exceeding 1.0m.

MHA's **affiliated shows** are now in the process of planning their shows for 2019 and sending in affiliations. Please remember that each show management/show committee selects its classes to offer. If you have interest in certain classes, please contact the individual show management. While some changes in the list of affiliated shows are expected, the 2018 list with the prize lists will remain on the MHA website for your reference until the bulk of the 2019 affiliations have been received. Then, I'll update the list. MHA hopes your winter is going well and is looking forward to the new show and trail ride season.

MHA 2018 High Point Grand Championship Awards

Horse Shows:

Lead Line Equitation Saddle Seat: Champion: Ava Donovan
Lead Line Equitation Western Seat: Champion: Emerson Rowe
Lead Line Equitation Hunter/Jumping Seat: Champion: Chloe Cole; Reserve: Skyla-Mae Walker; Third, Kaidyn Martineau
Morgan in Hand, Open: Champion: Little Oak's Custom Chrome, Emily Hawkins for Janine/Alan Hawkins
English Horse in Hand: Champion: Pacific Sonata, Jenna Lebarge for Alyce Swan; Reserve; Woodmere Fulatrix, Brandi Raymond for Polly Weiss
Western Horse in Hand: Champion: After Elegance, Ashlyn Bosse for David Berry; Reserve: John's Jet Lag, Morgan Schlaack
Quarter Horse Halter: Champion: After Elegance
Miniature Horse in Hand: Co-Champions: Birchcrest I'm Exceptional Too, Cathy McDevitt and Clearbrook's My Two Cents, Lily Ouellette/Tatum Milley; Reserve: Vanity Groves Split Decision, Mark Letourneau for Cathy McDevitt
Lead Line Pleasure H/P Hunter/Jumping Seat: Champion: Kozette ridden by Chloe Cole for Diane Kane; Reserve: Gonna Getcha Good ridden by Skyla-Mae Walker for Anne Kozloff; Third, Mini ridden by Kaidyn Martineau for Darcy Martineau
Lead Line Pleasure H/P Western Seat: Champion: ZA Fancy Face ridden by Emerson Rowe for Sarah Lettre
Lead Line Pleasure H/P Hunter Pleasure Seat: Champion: Whiskey Freckleberry ridden by Peyton Brann for Brooke Smith
Color Breed Model Horse: Champion: John's Jet Lag; Reserve: Little Oak's

Custom Chrome
Half-Arabian Pleasure Horse, Open: Champion: MVA Kahlua N Cream, Jess Small
Schooling Hunter: Champion: Red, Kaitlyn Pouliot and Charlotte Smith for Esther Goodrich-Puffer
Children's Hunter: Champion: Appealing Promise, Julia House for Nancy House
Color Breed Pleasure Horse: Champion: John's Jet Lag; Reserve: Little Oak's Custom Chrome
Quarter Horse Hunter Under Saddle: Champion: Whiskey Freckleberry, Brooke Smith
Low Working Hunter: Champion: Syllabus, Kaitlyn Pouliot for Esther Goodrich-Puffer
Special Working Hunter: Champion: Kane's Karousel, Gina Carbone for Diane Kane; Reserve: Thunderwood, Katrina Kondrup for Esther Goodrich-Puffer
Morgan Western Pleasure: Champion: Little Oak's Custom Chrome
Youth Activity Pleasure H/P: Champion: After Elegance; Reserve: In Like Flynn, Jon Lettre, Jr. for Sarah Lettre
Walk-Trot Equitation 10 & Under, Western Seat: Champion: Linda Jessiman
Morgan Hunter Pleasure Horse: Champion: Little Oak's Custom Chrome
Open Grooming Class (award to handler) : Champion: Ashlyn Bosse; Reserve: Morgan Schlaack
Trail Horse Open: Co-Champions: Whiskey Freckleberry and Little Oak's Custom Chrome
Walk-Trot Pleasure H/P 10 & Under, Western: Champion: Little Oak's Custom Chrome ridden by Linda Jessiman; Reserve: MVA Kahlua N Cream ridden by Evie Willer for Jess Small
Walk-Trot Pleasure, Riders 11 & Over: Champion: Pacific Sonata; Reserve: Callaway's Dancer ridden by Lauren Poulin for Amanda Boutet; Third: Woodmere Fulatrix
Walk-Trot Equitation, Riders 11 & Over: Champion: Marjorie Young
Hunter Pleasure Seat Equitation (Junior & Amateur Adults): Champion: Brooke Smith; Reserve: Abie Anderson
Saddle Seat Equitation Under 18: Champion: Hanah Couture
Walk-Trot Pleasure H/P, 10 & Under, Hunter Pleasure Seat: Champion: Hidden Hollow Hot Shot, Emma Grace Lear-Lapierre for Pam Lear
Easy Does It Hunter: Champion: Kozette ridden by Jayde Driscoll for Diane Kane; Reserve: Appealing Promise, Nancy House

MHA continued on page 22

Maine Horse Association (MHA) News, Notes & Nickers

By Dollie Hutchins, MHA Administrator

MHA continued from page 21

Hunter Pleasure Horse (Hunter Shows): Champion: Dante ridden by Joanne Sysun for Anne Kozloff; Reserve: Gonna Getcha Good ridden by Joanne Sysun for Anne Kozloff

Standardbred Pleasure, 2-Gait: Champion: Pacific Sonata; Reserve: Woodmere Fulatrix

Adult Equitation Western: Champion: Emily Hawkins

Adult Equitation English: Champion: Courtney Grant

Arab/Half-Arab Western Pleasure: Champion: Mistaars Ibn Jameel, Jess Small

Walk-Trot Equitation 10 & Under, Hunter Pleasure Seat: Champion: Emma Grace Lear-Lapierre; Reserve: Charlotte Tyler

Arab/Half-Arab Hunter Pleasure: Champion: MVA Kahlua N Cream, Jess Small

MHA English Pleasure: Champion: Actually Me, Caitlyn Hall; Reserve: John's Jet Lag

Quarter Horse Western Pleasure: Champion: After Elegance

Open Halter Horse/Pony: Champion: John's Jet Lag; Reserve: Royal Silks Success Secret, Nicole Currier for Cohn Goodwin

Open Halter H/P, Junior Handler: Champion: Sea Spirit Enchanted Ruby, Charlotte Tyler; Reserve: After Elegance, Ashlyn Bosse; Third: MVA Kahlua N Cream, Evie Willer

Standardbred in Hand, Open: Champion: Pacific Sonata; Reserve: Woodmere Fulatrix

Youth Activity Showmanship under 18 Years: Champion: Ashlyn Bosse
Miniature Horse Driving: Champion: Clearbrook's My Two Cents

Hunter Pleasure Horse (Pleasure Shows): Champion: John's Jet Lag; Reserve: Whiskey Freckleberry

Ladies Pleasure Western: Champion: Little Oak's Custom Chrome

Ladies Pleasure English: Champion: John's Jet Lag; Reserve: Whiskey Freckleberry

MHA Western Pleasure: Champion: After Elegance; Reserve: Little Oak's Custom Chrome

Junior Exhibitor's Hack H/P: Champion: Rita Anne Whirlwind, Lucy Pruett for Judy Hansen-Childers

Saddlebred 3-Gaited Show Pleasure, Jr. Exhibitor: Championship: Mary's Immeasurable Asset, Hanah Couture for Peggy Drummey

Saddlebred 3-Gaited Show Pleasure, Amateur Adult: Champion: Jean Pool, Courtney Grant; Reserve: Blue Velour, Teddy Fortin for Joey/Teddy Fortin

Family Pleasure Horse: Champion: Whiskey Freckleberry shown by Brooke Smith and Cohn Goodwin; Reserve: Hidden Hollow Hot Shot shown by Pam Lear and Emma Grace Lear-Lapierre
MHA Medallion Pleasure H/P, Pleasure Shows: Gold: After Elegance; Silver: Actually Me; Bronze: Worthy's What the Heat Wants, Brooke Lefebvre
MHA Medallion Pleasure H/P, Hunter/Jumper Shows: Gold: Dante; Silver: Gonna Getcha Good; Bronze: Christmas, Kayla Lovejoy

MHA Special Programs

Organized Pleasure Trail Rides

Gold Award: Over 200 miles logged for the year: Dusty & Joyce Winchell
High Mileage Adult: Joyce Winchell and Dusty, 210 miles
Life Time Mileage to Horse (awarded in 250 mile increments):
2,750 miles: Dusty, Joyce Winchell
750 miles: Honour and Glory, Dollie Hutchins

Dressage Competitions

Introductory Level: Champion: Kennebec Elegance, Elizabeth Sanborn
Training Level: Champion: Sarola, Jenna LeBarge; Reserve: In Short Order, Brandi Raymond
Western Level I: Champion: Vester's Grand Finale, Brandi Raymond



Brooke Smith with the Denim Ridge Family Pleasure Challenge Trophy



Emily Hawkins (left) being presented the Natalie Libby Memorial Award by MHA President, Regan Grant



Ashlyn Bosse with the Paul Mangin Memorial Challenge Trophy

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April <ul style="list-style-type: none">• Builders: Barns & Fencing• Show Season	May <ul style="list-style-type: none">• County Fair Guide• Horse Health: Supplements	June <ul style="list-style-type: none">• Foot Care: Common Problems & Diseases• Insurance: Liability
July <ul style="list-style-type: none">• Horse Health: Feeds & Feeding• Rider Health: Fitness	August <ul style="list-style-type: none">• Builders: Barns & Arenas• Insurance: Farm Buildings & Equipment	September <ul style="list-style-type: none">• Horse Health: Alternative Therapy• Rider Health: Sports Phycology
October <ul style="list-style-type: none">• Foot Care: Winter Management• Gift Guide	November <ul style="list-style-type: none">• Gift Guide• Horse Health: Dental	December <ul style="list-style-type: none">• Gift Guide• Insurance: Equine

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CALENDAR OF EVENTS

Anyone is welcome to put Maine or NH equestrian events in the Calendar of Events at no charge. Email entries to editor@horsesmaineandnh.com. Include the date, what it is, where it is (town/stable), and a contact number and/or email (contacts limited to two numbers or two emails, or one of each; no web pages please). Due to space limitations, we do not list camp sessions in the calendar. Sorry, we cannot take calendar entries over the phone. Check your calendar entries for accuracy.

FEBRUARY 2019

2, 9, and 16	Education Event	Workshop Series - Fundamentals of Horsemanship for Middle Aged and Seniors three-day workshop series with Kate Bennett at Kate Bennett Horsemanship, Scarborough, ME. Contact Kate Bennett at 207-632-0052 or bennettk428@gmail.com. Please leave a message if calling.
2, 9, and 16	Education Event	Workshop Series - Fundamentals of Horsemanship for Tweens and Teens three-day workshop series with Kate Bennett at Kate Bennett Horsemanship, Scarborough, ME. Contact Kate Bennett at 207-632-0052 or bennettk428@gmail.com. Please leave a message if calling.
9	Education Forum	Maine Driving Club, Carriage Maintenance, presented by John Happel, at Skyline Farm in North Yarmouth, ME at 10am, contact Anna at 207-798-2616
16	Fundraiser	NEJA 2nd Annual Barn Bash Fundraiser at the Ramada Inn in Lewiston, ME, contact 207-514-6626 or nejunperassociation@gmail.com
23	Clinic	Get Ready To Ride Workshop Part I: Mental/Physical Awareness Exercises, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
24	Hunter/Jumper Show	NEJA Winter Series I Hunter/Jumper show at Hideaway Acres in Cumberland, ME, affiliated with MEHJA, contact 207-514-6626 or nejunperassociation@gmail.com

MARCH 2019

9	Clinic	Get Ready To Ride Part II: Rider and Horse Groundwork, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
23	Education Forum	Maine Driving Club, Driver Fitness/Body Mechanics, presented by Sam Morrison in Augusta, ME, contact Paula at cleavitt@uninets.net
30	Clinic	Get Ready To Ride Part III: Rider Awareness Games – Horse Partnership Activities, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
31	Hunter/Jumper Show	NEJA Winter Series II Hunter/Jumper show at Hideaway Acres in Cumberland, ME, affiliated with MEHJA, contact 207-514-6626 or nejunperassociation@gmail.com

APRIL 2019

13-14	Clinic	Centered Riding/Horse Training Clinic, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
27	Driving Clinic	Maine Driving Club, Dressage Readiness/Prep for ADT with Mary Gray, at the Windsor Fairgrounds (pending) in Windsor, ME, contact Louann Thompson at wyatte1210@yahoo.com
31	Two-Phase Show	NEJA Spring Schooling Two-Phase show at Kennebec Morgan Farm in Woolwich, ME, affiliated with MeCTA, contact 207-514-6626 or nejunperassociation@gmail.com

MAY 2019

4	Certification	Special Olympics Coaches Training & Certification at Hearts & Horses Farm, 63 Justin Merrill Road in Buxton Me, contact 207-879-0489; this course is FREE of charge
5	Driving Clinic	Maine Driving Club, clinic with Scott Monroe, Driven Dressage at Upper Pond Stable in Litchfield, ME, contact Paula at cleavitt@uninets.net
10-12	Horse Show	Maine Appaloosa Horse Club 50th Anniversary Horse Show, open classes for all breeds and appaloosa classes, at Skowhegan Fairgrounds in Skowhegan ME, contact Mike Grass at 207-745-2745 or grassands252@gmail.com

12	Game Show	Mousam Saddle and Harness Club game show, in Kennebunk ME, contact Andrea at 207-929-8445.
15	Dressage Show	SMDA Dressage Schooling Show at Hollis Equestrian Park, Hollis ME, judge Krista Nordgren, contact Nancy Smith at 207-653-8255 or nancy.smith2002@yahoo.com
16-19	Clinic	Horse Speak Immersion Clinic with Sharon Wilsie at Whispering Woods Stables, Augusta ME, contact Teresa at teresa@whisperingwoodsstables.com or 207-370-1150
17-19	Clinic	Centered Riding Instructor Certification Course Part I, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
19	Pleasure Show	Mousam Saddle and Harness Club pleasure show, in Kennebunk ME, contact Andrea at 207-929-8445.
25-28	Trail Ride	Maine Trail Rides, ECTRA sanctioned competitive 80, 60, 30, 30, and 10 mile CDR. Waterford Fair Grounds, N. Waterford, Me. Contact Louise Lester at 207-894-8185 or louise1@maine.rr.com
26	Dressage Show	Life's A Ride Dressage Schooling Show in Saco, ME, SMDA affiliated, contact Cassi at 207-890-2606 or cassandrajmartin@yahoo.com

JUNE 2019

2	Horse Show	Tri-County Horsemen open show, Union Fairgrounds in Union, ME, contact Marilyn at 207-594-4039 or marilynsmith@roadrunner.com
8	Arena Driving Trial	Mine Driving Club, Arena Driving Trial at the Windsor Fairgrounds (pending) in Windsor, ME, contact Louann Thompson at wyatte1210@yahoo.com
9	Dressage Show	SPHO Dressage Schooling Show at Hollis Equestrian Park, Hollis ME, SMDA-affiliated, contact Gloria Steiger at 207-929-8746 or olgasteig@gmail.com
9	Pleasure Show	Mousam Saddle and Harness Club pleasure show, in Kennebunk ME, contact Andrea at 207-929-8445.
16	Game Show	Mousam Saddle and Harness Club game show, in Kennebunk ME, contact Andrea at 207-929-8445.
20-23	Clinic	Centered Riding Instructor Certification Course Part II, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
20-23	Clinic	Combination Centered Riding Certified Instructor Update with Assistant Margreet Bouwmeester, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
29	Driving Clinic	Maine Driving Club, clinic with Larry Poulin, Drive/Ride Dressage at Upper Pond Stable in Litchfield, ME, contact Anna at 207-798-2616

JULY 2019

7	Dressage Show	Scarlet Day Farm Dressage Schooling show, Gray ME, SMDA affiliated, contact Alicia at apeterstorrey@gmail.com or 207-322-6256
7	Combination Show	Mousam Saddle and Harness Club combination show, in Kennebunk ME, contact Andrea at 207-929-8445.
14	Horse Show	Tri-County Horsemen open show, Union Fairgrounds in Union, ME, contact Marilyn at 207-594-4039 or marilynsmith@roadrunner.com
16	Dressage Show	SMDA Dressage GAIG/USDF Recognized Competition, Hollis Equestrian Park, Hollis ME, judge Ida Norris, contact Elena at 207-317-1472 or elena_raymond@yahoo.com
21	Game Show	Mousam Saddle and Harness Club game show, in Kennebunk ME, contact Andrea at 207-929-8445.
21	Open Equitation Show	Waldo County Riding & Driving Club, fifty-six classes plus six championship \$ classes. New show bill includes several minis classes! 190 Lincolnville Ave, Belfast, ME. Judge Robert MacDonald. Contact wcrdc@yahoo.com
27	Clinic	Mid Summer Medley with Tea-Bri-Lee Farm and Kate Bennett Horsemanship at Tea-Bri-Lee Farm, Winthrop, ME. Contact Kate Bennett at 207-632-0052 or Teagan Irene at 207-931-6793. Please leave a message if calling.

CALENDAR OF EVENTS

AUGUST 2019

4	Dressage Show	Life's A Ride Dressage Schooling Show in Saco, ME, SMDA affiliated, contact Cassi at 207-890-2606 or cassandrajmartin@yahoo.com
4	Pleasure Show	Mousam Saddle and Harness Club pleasure show, in Kennebunk ME, contact Andrea at 207-929-8445.
7-11	Clinic	Gaited Horse Clinic with Larry Whitesell at Whispering Woods Stables, Augusta ME, contact Teresa at teresa@whisperingwoodsstables.com or 207-370-1150
11	Horse Show	Tri-County Horsemen open show, Union Fairgrounds in Union, ME, contact Marilyn at 207-594-4039 or marlynksmith@roadrunner.com
11	Dressage Show	SMDA Dressage Schooling Show at Hollis Equestrian Park, Hollis ME, judge Melanie Peabody, contact Kristine Brassard at 207-252-8353 or kristie.bras-sard@maine.edu
18	Open Equitation Show	Waldo County Riding & Driving Club, fifty-six classes plus six championship \$ classes. New show bill includes several minis classes! 190 Lincolnville Ave, Belfast, ME. Judge Kevin Crane. Contact wcrdc@yahoo.com
22-25	Clinic	Centered Riding Certified Instructor All Level Update, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
25-26	Clinic	Masteron Method Beyond Horse Massage Clinic at Whispering Woods Stables, Augusta ME, contact Teresa at teresa@whisperingwoodsstables.com or 207-370-1150

SEPTEMBER 2019

1	Dressage Show	Life's A Ride Dressage Schooling Show in Saco, ME, SMDA affiliated, contact Cassi at 207-890-2606 or cassandrajmartin@yahoo.com
8	Horse Show	Tri-County Horsemen open show, Union Fairgrounds in Union, ME, contact Marilyn at 207-594-4039 or marlynksmith@roadrunner.com
8	Dressage Show	Scarlet Day Farm Dressage Schooling show, Gray ME, SMDA affiliated, contact Alicia at apeterstorrey@gmail.com or 207-322-6256
13-15	Hunter/Jumper Show	Downeast Medal Finals at Skowhegan Fairgrounds in Skowhegan, ME, Warm-up day Sept 12, contact Ginger Albert at ginger@downeastmedalfinals.com
14	Driving Derby	Maine Driving Club, Derby at Spurwink Farm in Cape Elizabeth, ME, contact Barbara at bechadwick1@gmail.com
15	Dressage Show	SMDA Dressage Schooling Show at Hollis Equestrian Park, Hollis ME, judge Laura Mitchell, contact Maggie Roy at 207-400-4629 or maggie.s.roy@gmail.com
15	Open Equitation Show	Waldo County Riding & Driving Club, fifty-six classes plus six championship \$ classes. New show bill includes several minis classes! 190 Lincolnville Ave, Belfast, ME. Judge Cohn Goodwin. Contact wcrdc@yahoo.com
28-29	Clinic	Centered Riding/Horse Training Clinic, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com

**Is your group planning
their 2019 calendar?**

Send us your dates!

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Email entries to editor@horsesmaineandnh.com.
Include the date, type of show/event, location
(city/state/stable), one contact number, and one
email address.

OCTOBER 2019

12	Arena Driving Trial	Maine Driving Club, Arena Driving Trial at Pen-Beth Farm in Harrison, ME, contact Liz Happel or Barbara Chadwick at adt@penbethfarm.com
19-20	Clinic	Centered Riding/Horse Training Clinic, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
20	Dressage Show	Life's A Ride Dressage Schooling Show in Saco, ME, SMDA affiliated, contact Cassi at 207-890-2606 or cassandrajmartin@yahoo.com

NOVEMBER 2019

16-17	Clinic	Centered Riding/Horse Training Clinic, at Welcome Home Farm in Greene, ME, contact Sam Morrison at 207-946-5045 or wlcmlhome@live.com
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Open Shows Gymkhana Western Riding English Riding
Driving Trail Rides Competitive Trail Clinics

Types of Membership are Family (\$30) and Single (\$25)
Please list family members & ages for juniors

Subscription Year:
Feb 2019 - Jan 2020

Please send with check or money order to:
Secretary Terri Pierce, PO Box 392, Andover ME 04216-0392
secretary@ellisriverriders.com • Visit us on the web at www.ellisriverriders.com


Maine Combined Training Association

www.maine-eventing.org

Memberships available are:
Individual\$25 (specify senior or junior) or **Family**\$30 (list family members & Jr/Sr)
On a separate paper please indicate: new or renewal,
family members names and JR/SR, if a USEA member,
mailing address, email address, and level at which you ride
This information **MUST** be provided along with your check

Make checks payable to MeCTA and send to:
Taylor Ginn, 81 Hallowell Rd, Pownal, ME 04069
tayginn@gmail.com

Subscription Year:
Jan 2019 - Dec 2019





MAINE DRIVING CLUB

www.mainedrivingclub.org

Dues: Individual \$20.00 Family \$25.00 Youth \$10.00 Sponsor \$30.00
Associate Granite State Carriage Association membership \$1.00
Membership year is January to December.

Please make check payable to: The Maine Driving Club and send to:
Paula Leavitt, PO Box 36, Dixmont, ME 04932
tel: 207-234-4537, email: dleavitt@uninets.net

Subscription Year:
Feb. 2019 - Jan. 2020





Maine Hunter/Jumper Association

www.mainehunterjumper.com

Membership Application

Types of Membership: Family (\$30) • Individual (\$25) • Barn (\$35)

Subscription Year: April 2018 - March 2019

Include Name, address, phone and email
If family membership, please list family members (spouse and children under 18)

Send with check or money order payable to Maine Hunter/Jumper Assoc. to Wendy McCann,
64 Witham Rd, Auburn, ME 04210



Mousam Saddle and Harness Club

www.freewebs.com/mousamsaddleandharnessclub

On a separate paper please indicate:
family members names and date of birth for children,
mailing address, phone, & email address

Subscription Year:
April 2018 - March 2019

Please list the names of all horses to be shown
Mousam members 18 years of age are adult members and must have their own membership

Memberships: Family \$27.00 Individual: \$22.00
Mail to: Andrea Valliere, 879 Narragansett Trail, Buxton, ME 04093



State of Maine Dressage Association

Membership forms available at: www.mainedressage.com

Subscription Year: Jan 2019 - Dec 2019

SMDA dues (include USDF dues)
Individual: \$40 • Junior: \$38 • Family: \$45
\$10 late fee for membership renewals after Jan 1

Please send completed application and check made out to SMDA to
Cindi Spear, 25 Tarbox Lane, Buxton, ME 04093

Standardbred Pleasure Horse Organization of Maine (SPHOME)

www.sphomaine.net

Dues: Individual \$20.00 Family \$25.00
Gift: Sponsor \$25.00 Trotter \$50.00 Pace Setter \$100 Blue Ribbon \$250

Subscription Year: April 2018 - March 2019

Please make check payable to SPHO ME and send to:
Denise Metayer, 43 Rumery Road, Lyman, ME 04002






Tri-County Horsemen, Inc.

Membership Application • www.tricountyhorsemen.com

Types of Membership are Family (\$30) and Individual (\$20)

Please include name, address, phone & email
list family members & age as of 12/1/12

Make check or money order payable to:
Tri-County Horsemen, Inc.
and send to:
Rosemary Feyler, 22 Barker Lane, Union, ME 04862, rosemary.feyler@maine.edu

Subscription year:
April 2018 - May 2019



Waldo County Riding & Driving Club

Membership Application

Type of Membership are
Family (\$30) • Individual (\$25) • Additional Adult (\$15)

www.wcrdc.org/

Please attach paper listing family members (spouse and children under 19)
Children over 18 may be added as "Additional Adults"

Send with check or money order payable to Waldo County Riding & Driving Club to:
Avis S. Winchester, Sec., P.O. Box 752, Belfast, Maine 04915
call 338-1788 or email wcrdc@yahoo.com with any questions

Subscription Year:
June 2018 - May 2019

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- A guarantee your members will see your news and events published in the paper.
- Email editor@horsesmaineandnh.com for detailed information.

Maine & NH Horse Organizations

American Saddlebred Association of Maine

Regan Grant, Secretary
207-432-7671
momg23@metrocast.net
www.mainesaddlebredhorse.com

Arabian Horse Association, Inc. of Maine

Laurie Emery, BOD
207-399-6511
mvaemery@hciwireless.net
www.mainearabian.org

Central Maine Dressage Association*

Suzanne Crowell, Treasurer
207-688-2268
scrowel2@maine.rr.com
www.mainedressagesociety.org

Central Maine Team Penning Association

Meghan Farrell, Secretary
207-592-1819
www.cmtpa.com

Cumberland County Riding Club

Lisa Bowe
207-353-7826

Dusty Boots 4-H Group

Terri Pierce
207-779-6774
tpierce385@gmail.com

Eastern Maine Dressage Association

Rebecca Reed
207-478-2097
rebeccareed52@gmail.com
www.mainedressagesociety.org

Ellis River Riders*

Kathi Kyes, President
207-200-7115
president@ellisriverriders.com
www.ellisriverriders.com

Farmer's Draft Horse, Mule & Pony Club

Darcy Winslow, Secretary
207-583-2204
belgian1@verizon.net
www.farmersdraftclub.org

Granite State Carriage Association

Jean Harvey, President
603-667-1880
jharvey@cli-usa.com
www.granitestatecarriage.org

Granite State Draft Horse & Pony Association

Marc McGinnis, Secretary
gsdhpa@yahoo.com
www.granitestatedraft.wixsite.com/club

Granite State Morgan Horse Society

Cindy Harb, Treasurer
603-382-8067
cindyharb@gmail.com
www.nhmorgans.com

Highview Riding Club, Inc.

207-850-1773
www.mainehorseassoc.com

Hollis Area Equestrians

Beth Moody, President
haehollis@gmail.com
www.hollisareaequestrians.org

Joy Valley Riders

207-568-3475
joyvalley.riders@yahoo.com
www.joyvalleyriders.com

Maine Appaloosa Horse Club

Rosalind Clancy, Secretary
207-504-1933
diamondoakkranch@ymail.com
www.maineappaloosahorseclub.com

Maine Barrel Racing Association

Jamie Leeman, President

207-696-4036

peppy22@beeline-online.net
www.mainebarrelracing.com

Maine Combined Training Association*

Kris Nicola, President
207-848-5310
dr3ssag3@gmail.com
www.maine-eventing.org

Maine Cowboy Mounted Shooters

Bill Ledoux, President
207-282-2821
cowboybill@maine.rr.com
www.maineCowboyMountedShooters.com

Maine Dressage Society

Beth Brainerd, Vice President
207-743-6546
hbf@roadrunner.com
www.mainedressagesociety.org

Maine Driving Club*

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treasurer@mainedrivingclub.org
www.mainedrivingclub.org

Maine Farm Bureau

Penelope Jordan, President
207-622-4111
info@mainefarmbureau.com
www.maineFarmBureau.com

Maine Farriers' Association

Susan Walker, President
207-577-1345
mainefarriers@gmail.com
www.maineFarriers.vpweb.com

Maine Horse Association

Dollie Hutchins, Treasurer
207-850-1773
stepntime@metrocast.net
www.maineHorseAssoc.com

Maine Hunter/Jumper Association*

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www.maineHunterJumper.com

Maine Morgan Horse Club, Inc.

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https://sites.google.com/site/mainemorganclub/home

Maine Mounted Search & Rescue Unit

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207-951-0526
info@mainemountedsar.org
www.mainemountedsar.org

Maine National Barrel Horse Association District 03

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www.maineNBHA.com

Maine Quarter Horse Association

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www.meqha.org

Maine Trail Riders Association

Trudy Bickford, President
207-720-0550
trudybickford@mainetrailriders.com
www.mainetrailriders.com

Mousam Saddle & Harness Club*

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mvalliere@roadrunner.com
http://mousamsaddleandharnessclub.webs.com/

N Bar H Riding Club

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New England 4-H Horse Program
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herri.thornton@maine.edu

New England Jumpers Association

Renae Samay
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www.nejumpersassociation.com

NH Barrel Horse Association

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sthInd@aol.com
http://www.nhnbha.com/

NH Dressage & Eventing Association

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603-361-0270
Steffanierossetti@gmail.com
http://www.nhdea.org/

New Hampshire Arabian Horse Association

Lurline Combs, Secretary
603-627-8645
lcombs1@comcast.net
http://www.nharab.org/

New Hampshire Gymkhana Horse Association

Shonoa Straw, President
603-986-3371
https://nh-gha.weebly.com/

New Hampshire Horse & Trail Association

Jane Boucher, Secretary
603-463-7924
f5fy@aol.com
http://www.nhhta.org/

New Hampshire Horse Council

Diane Russell, President
nhhorsecouncil@aol.com
http://www.nhhorsecouncil.org/

New Hampshire Hunter Jumper Association

Kim Romano
secretary@nhhja.com
http://www.nhhja.com/

New Hampsire Quarter Horse Association

Victoria Leonard, Secretary
vleonard@nhqha.com
http://nhqha.com/

North Country Riding Club

Amanda Sherburne, Secretary
207-277-5029
sherburne.amanda@gmail.com
www.dexterridingclub.dom

Northeast Icelandic Horse Club

Ebba Meehan, Secretary
neicelandicHorseclub@gmail.com
www.neihc.com

Northeast Miniature Horse Club

Virginia Gonsalves, Secretary
508-822-3668
gonsalves@newbedfordrehab.com
http://www.northeastminis.info/

Northern Maine Dressage Association

Michele Zambrano
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PATH International

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sbronson@ridingtothetop.org
https://www.pathintl.org/

Pine & Spurs Riding Club

Shaun Bagley, President
pineandspursridingclubme@yahoo.com
https://pineandspursridingclub.yolasite.com/

Prime Time Riders Adult Pony Club

Sam Morrison, President
207-946-5045
wlcmhome@live.com

Riding To The Top Therapeutic Riding Center

207-892-2813
info@ridingtothetop.org
www.ridingtothetop.org

Sebasticook Riding Club

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Silver Heels Riding Club

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Silver Spur Riding Club

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State of Maine Dressage Association*

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Standardbred Pleasure Horse Organ. of ME*

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Tiny Hooves Miniature Horse Club

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Trail Riders of Today (TROT)

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207-234-4762
srday@uninet.net
http://trot-md.org/

Tri-County Horsemen*

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US Pony Clubs, North East Region

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northeast.ponyclub.org

Waldo County Riding and Driving Club*

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wcrdc@yahoo.com

Wentworth Hunt Club

Daun DeFrance
603-479-8364
info@wentworthhunt.org
http://www.wentworthhunt.org/

Western ME Dressage & Eventing Association

Beth Brainerd
207-743-6546
hbf@roadrunner.com
www.mainedressagesociety.org

White Mountain Riding Club

Vicki Herzog, Treasurer
whitemountainridingclub@gmail.com
http://www.whitemountainridingclub.org/

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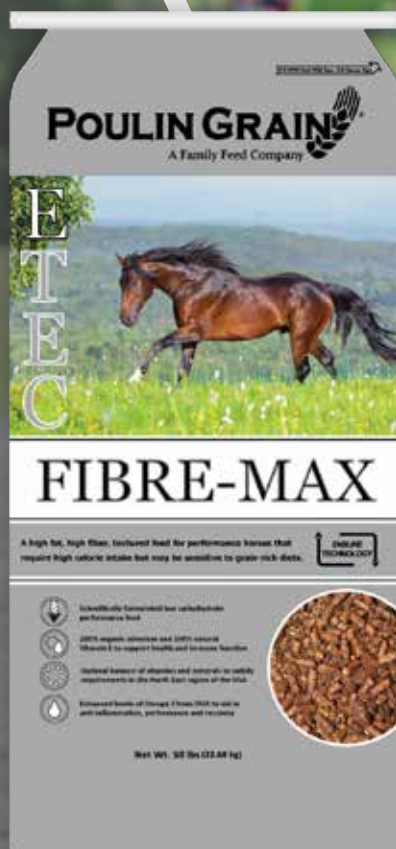
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