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# USDF Announces Launch of Dressage TestPro App

The United States Dressage Federation™ (USDF) is pleased to announce the launch of the Dressage TestPro App, the official USEF/USDF tests app of the USDF. Dressage TestPro, currently available on iOS devices with an Android version expected to launch in June 2019, gives you access to all of the 2019 US Dressage Tests (Introductory-Fourth Level) on your mobile device.

In addition to the convenience of having the tests easily accessible without a Wi-Fi or 4G connection, the Dressage TestPro app allows you to learn the tests in whatever style best suits you, from listening to audio recordings or following along as the app draws the diagrams of each movement. Users may also test themselves by drawing the tests, with the app notifying them of any mistakes along the way.

USDF Executive Director Stephan Hienzsch commented, "We're so happy to have part-

nered with Lion Dogs to bring the US version of their Dressage TestPro App to the dressage community, as the official USEF/USDF tests app of the USDF. With all of the features provided, and the success of their apps with other countries, we are certain this app will provide an unparalleled user experience and learning opportunity."

Lion Dogs co-founder Tracy-Anne Ormrod added, "We are delighted to bring a US version of Dressage TestPro to the market. In collaboration with USDF, we have enhanced TestPro to produce an app that we feel will be an essential part of dressage life in the US."

To download the app, visit the App Store on your iPhone or iPad, and for other 2019 US Dressage Tests products, visit the USDF online store at [store.usdf.org](http://store.usdf.org).

For more information on Dressage TestPro, visit their Facebook page at [www.facebook.com/dressagetestpro](http://www.facebook.com/dressagetestpro), or for information on other test products, contact USDF at [store@usdf.org](mailto:store@usdf.org).

Founded in 1973, the United States Dressage Federation is a nonprofit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit [www.usdf.org](http://www.usdf.org), email [usdressage@usdf.org](mailto:usdressage@usdf.org), or call (859) 971-2277.



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A monthly newspaper for, by, and about Maine and NH residents, we encourage everyone to submit news from their association, barn, clinic, or show at no charge.

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**Deadline** is the tenth of each month. Email articles, ads, photos, and calendar dates to [editor@horsesmaineandnh.com](mailto:editor@horsesmaineandnh.com), for inclusion in the next month's paper. *The Horse's Maine & NH, LLC* reserves the right to edit material for length and clarity, and might not print all material.

**Photographs** are welcome and can be black & white or color. Email photographs to [editor@horsesmaineandnh.com](mailto:editor@horsesmaineandnh.com).

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Our goal is to bring the news to the local equestrian community. We are dedicated to providing quality articles and exceptional customer service to our advertisers and readers.

## Article Submission Guidelines

Submitting articles to *The Horse's Maine & NH* is easy - email your articles and photos to [editor@horsesmaineandnh.com](mailto:editor@horsesmaineandnh.com). Articles must be news; news about your group or your barn, and events that have happened. You can mention future events, but they cannot be advertised in articles.

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- Pictures that display someone on a horse without a helmet, or at least a cowboy hat or derby (which we always assume has a helmet underneath).

Please email or mail calendar dates. We cannot take calendar dates over the phone. Due to space limitations, we do not include camp dates in the calendar.

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Nancy Wines-DeWan and her granddaughter driving Brenna from Ice Follies.

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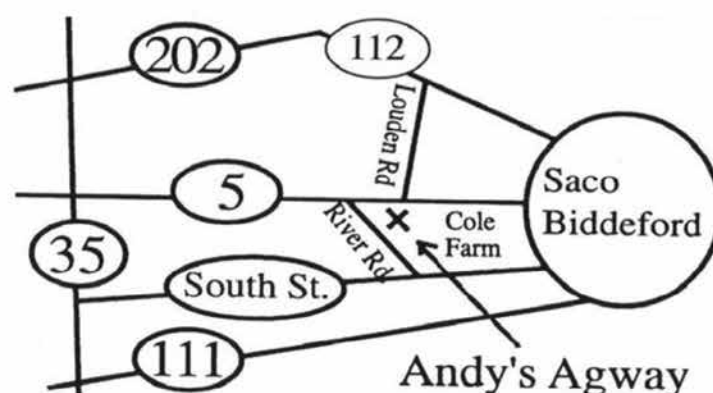
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# From New England Equine Medical & Surgical

## What Type Of Sedation Can I Use On The Farm?

By Kathleen Giguere, DVM

The following are options for sedating a horse. Many of these sedatives have more than one route in which it can be administered, but the safest method for an owner on the farm is the oral route. Reasons to give sedation include transportation, working with fractious horses, or to help take the edge off after surgery.

### Acepromazine Oral Powder Packet

Acepromazine may be prescribed as a pre-anesthetic or as a mild tranquilizer. Acepromazine is a rapid-acting tranquilizer used as an aid for controlling fractious horses during examination, treatment, trailer loading, and transportation. The mechanism of action is a depression effect on the central nervous system causing sedation, muscular relaxation, and activity reduction. This sedative can be given in various forms: by mouth, intramuscular, and intravenous. The most common form used on the farm is the oral powder packet made by Wedgewood. This is dispensed in pre-measured, individual packets that can be used to top-dress feed. Packets are available from 10mg/10mg to 75mg/10mg.

Method	Dosage	Concentration	Period	Duration
Oral	0.25-1.0 mg/lb	10 mg/tablet	Treatment	NA
Oral	0.25-1.0 mg/lb	25 mg/tablet	Treatment	NA
Intramuscular injection	2-4 mg/100lb	10 mg/ml	Treatment	NA
Intravenous injection	2-4 mg/100lb	10 mg/ml	Treatment	NA

This oral form is not FDA approved and is used extra-label for horses. Animals that are exhibiting symptoms of stress, debilitation, cardiac disease, or shock require additional care and attention when treated with tranquilizers.

### Dormosedan Gel

Dormosedan Gel or detomidine hydrochloride, is a safe and effective mild standing sedative for use prior to routine horse care procedures. This is an FDA approved oral sedative that owners can safely administer using a dosing syringe. This sedative is administered by mouth, under the tongue for absorption through the horse's mucous membranes. The syringe delivers the product in 0.25ml increments and is intended for a one time use and should be properly discarded after use. The following table shows the dose volume to be given according to the body weight of the horse:

BODY WEIGHT (lb)	DOSE VOLUME (mL)
330-439	1.00
440-549	1.25
550-659	1.50
660-769	1.75
770-879	2.00
880-989	2.25
990-1,099	2.50
1,100-1,209	2.75
1,210-1,320	3.00

It is important not to use Dormosedan Gel in horses that have pre-existing atrioventricular (AV) or sinoatrial (SA) block, with severe coronary insufficiency, cerebrovascular disease, respiratory disease, or chronic renal failure. Handle gel-dosing syringes with caution to avoid direct exposure to skin, eyes, or mouth. It is best to give the sedative 45-minutes before the stressful event. Duration and level of sedation are dose-dependent but usually range from 90-to-180-minutes.

### Oral Reserpine

Reserpine is an indole alkaloid anti-hypertensive and anti-psychotic drug. The most common legitimate use in horses is for long-term sedation for enforced rest when recovering from injury, and for this purpose it is very helpful. Reserpine binds to the storage vesicles of neurotransmitters, particularly norepinephrine, serotonin, and dopamine. It takes many hours or days to reach full effect and continues to have some subtle sedative effects for many days after the last dose. This sedation can be given intramuscularly or orally. Use caution when administering reserpine in show horses, as the recommended FEI withdraw-



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al is 90 days. The most common adverse effect is diarrhea, which we see regularly. The diarrhea usually resolves with a lower dose of the drug. Different horses vary greatly in their sensitivity to the drug, and other side effects may include colic, sweating, depression, droopy eyes, and a dropped penis.

Method	Dosage (click row for calculator)	Concentration	Period	Duration
Oral	0.002-0.008 mg/kg <sup>1</sup>	0.1 mg/tablet	Daily	NA
Oral	0.002-0.008 mg/kg <sup>1</sup>	0.25 mg/ tablet	Daily	NA
Intramuscular injection	0.002-0.008 mg/kg <sup>1</sup>	0.5 mg/ml	Daily	NA
Intramuscular injection	0.002-0.008 mg/kg <sup>1</sup>	2.5 mg/ml	Daily	NA

### Conclusion

While the horse is sedated, it is important to keep the animal in a quiet, comfortable environment before, during, and after treatment. If the horse is stressed while giving the sedative, you may not reach the proper level of sedation as intended. The horse should also be held off of food until the sedative has worn off. Before administering any of these sedatives, make sure that your horse has had a recent exam performed by a veterinarian to ensure that the chosen sedative will be safe and effective for your horse.



# Happy Horsin' Real Life Professional Tips

By Virginia Shaw

## To Rest or Not to Rest? How to Handle a Break from Training

How do you know if giving your horse a break from training is a good idea? If you were a marathon runner, would you run a marathon every week? Probably not, as we all know that overtraining can result in injury and burnout. Personally, I don't believe horses are any different. It is easy to get caught-up in overtraining; we all want to see results and know that our riding is improving. For as much time and energy we put into our horses, it is nice to know our efforts are making a difference.

One thing that is important to remember is training is different than drilling. Drilling our horse is over the top, it's pushing them to do things over and over until we are sure they understand or do it perfectly. Training, is explanation, its communication, it's getting them to understand and enjoy the work we are asking them to do.

Giving your horse time off from training is similar to you taking a break from work. You have to plan it around competition schedules, your schedule, and when it just feels right. Then you must decide what type of a break are you giving your horse: days or week or months off, partial or complete let down? There are many factors that play into these decisions. Many of these decisions your horse can help you with if you pay attention. Has he had recent health issues, changes in behavior, an injury that could benefit from rest? Or possibly, he's been competing hard and just needs a break to regroup and refresh. If you know your

horse well, these things will speak volumes to you.

Once you determine the appropriate rest period, a plan to maintain the horse must be made. If you are giving him a partial let down you will still want to ride a few days a week and just work him enough to maintain muscle definition and stamina. Perhaps you do some different training, some hill work, some trail riding, things to stimulate him and keep his baseline level of fitness. If you are giving a complete let down it is important to remember that for layoffs longer than a month, bone, soft tissue, and the cardiovascular system will have to be readapted to the workload when you return to training. Meaning, you can't just jump back in the saddle so to speak! It will take time and patience to get your horse back to peak condition.

Knowing when horses need rest is part of proper horsemanship. Sometimes their minds and bodies need a break. It is never a bad thing to take it in stride, so to speak, and give them that time. There is no doubt that the benefits of rest will outweigh the risk of injury and burnout due to overworking.

Happy Horsin'  
Virginia

*Virginia is the head trainer of Behind the Blue, located at West Neck Farm in Nobleboro, ME*



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# Rutgers Equine Science Center announces 2019 Horse Management Seminar topic: The “Feeding and Care of Mare/Foal, Stallion, and Growing Horse”

“Feeding and Care of Mare/Foal, Stallion, and Growing Horse” is the over-arching theme of the upcoming Horse Management Seminar hosted by the Rutgers Equine Science Center and Rutgers Cooperative Extension. The seminar, scheduled from 8:30 am – 3:45 pm on Sunday, February 10, 2019, will feature presentations by several equine experts.

“This year we selected a topic that we have not covered during any of the previous Horse Management Seminars. Even if you don’t currently breed horses, the presentations will have lots of information for everyone!” says Dr. Carey Williams, Extension Equine Specialist and Associate Director of Extension for the Equine Science Center. “Our goal for this workshop is to bring in the leading experts in each of these topic areas. This includes broodmare and growing horse nutrition, care of the stallion, and new reproductive advances. We will also highlight some of the current, and future, research from Rutgers Equine graduate students.”

Williams has assembled presenters who are recognized as the leading experts in their field to offer perspectives and personal insight. The morning will start with “Stallion Care” and “Recent Advanced in Equine Reproduction” by Dr. Ed Squires from University of Kentucky’s Gluck Equine Research Center. “Dr. Squires leads the country in his contribution to the field of equine reproduction,” says Williams. “We are honored to have him here at Rutgers courtesy of Vetoquinol USA.” The morning will also include Dr. Dan Keenan from Foundation Equine, a local veterinarian specializing in equine reproduction. Dr. Keenan will present “Care of the Mare and Foal Pre and Post Birth.”

The afternoon will start off with Dr. Amy Burk, who leads the equine breeding program at the University of Maryland, presenting “Feeding the Pregnant/Lactating Mare”, followed by “GI Development and Nutrition of the Growing Horse” by Dr. Paul Siciliano from North Carolina State University.

Closing out the day will be a panel discussion from the three main speakers, moderated by Williams. Following the panel Dr. Williams’ doctoral student, Jennifer Weinert, will give a short presentation on some of the current research taking place on campus, as well as what future research has been planned.

In addition to these presentations, the seminar will feature informational displays, networking opportunities with industry companies and area organizations, and ample time for one-on-one discussions with the day’s presenters.

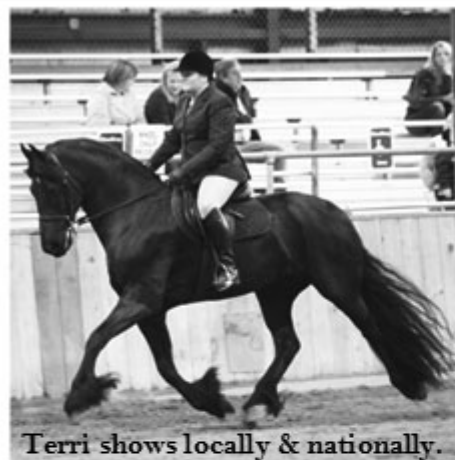
The complete program, registration information, and seminar brochure are posted on the Equine Science Center website at [esc.rutgers.edu](http://esc.rutgers.edu), as well as the registration site at: <http://bit.ly/2019HMS>. Space is limited, and the early bird discount for registration ends on January 28th, so be sure to register early!

For questions, please contact Dr. Carey Williams at 848-932-5529 or [carey.williams@rutgers.edu](mailto:carey.williams@rutgers.edu).

## About Rutgers Equine Science Center

The Equine Science Center is a unit of the New Jersey Agricultural Experiment Station at Rutgers, The State University of New Jersey. Its mission is Better Horse Care through Research and Education in order to advance the well-being and performance of horses and the equine industry. Its vision is to be recognized throughout New Jersey as well as nationally and internationally for its achievements in identifying issues in the horse industry, finding solutions through science-based inquiry, providing answers to the horse industry and to horse owners, and influencing public policy to ensure the viability of the horse industry.

For more information about the Equine Science Center, call 848-932-9419 or visit [esc.rutgers.edu](http://esc.rutgers.edu).



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# Egg Money to Hatch Great Things at Riding To The Top

By Susan Cole

Allie Mannette is an eight-year-old budding equestrian who raises chickens at her family farm in Standish, ME. Every year, she sells her eggs and her handmade Christmas decorations at her grandparent's family hosted craft fair in Gorham, ME, and then donates the money to charity.

In the past she has donated to the Animal Refuge League and to her school's Back Pack Project (providing weekend meals for kids in need). This year, she decided to donate all the money she made to Riding To The Top (RTT) because of how highly her grandparents have spoken of the local nonprofit. Her grandparents, Mary Jane and Gerry Strumph, attended RTT's annual signature event, the Triple B ~ Boots, Band and BBQ in October as guests of their friends the Vances. It was their first introduction to Riding To The Top and the impact that the organization has on the health and wellness of people with disabilities and their families.

On December 6, Allie visited RTT with her mom, Natalie Hodgdon, and her grandparents and got to see firsthand how her donation will make a difference. She observed a lesson, toured the farm, and met some of the 19 horses at RTT. "After I heard about

the event that my grandparents went to and what it was for, I thought it would be nice to donate here." Allie's egg and crafts fair proceeds this year totaled \$126.00, which she presented to Executive Director, Sarah Bronson, during her visit.

"In addition to being a budding equestrian, Allie is a budding philanthropist! She personally understands the impact that horses can have, and for her to make this donation to Riding To The Top as an eight-year-old is truly heart-warming. We were touched by her gift and visit to the farm and look forward to seeing her back as a volunteer in the future!" said Sarah Bronson, Executive Director.

A young horse enthusiast, Allie takes weekly riding lessons at Vienna Farm, in Gorham, ME, with riding instructor Amy Libby. Amy states "Allie has been riding with me for the past three years. She is a dedicated student and fun to work with. It has been a pleasure to watch her riding and horsemanship skills progress, and at eight-years-old, the journey is just beginning."



Allie Mannette, Lily, a RTT horse, and Sarah Bronson RTT Executive Director



## About Riding to the Top

Founded in 1993, Riding To The Top Therapeutic Riding Center's (RTT) mission is enhancing health and wellness through equine assisted activities and therapies. RTT is a PATH Intl. Premier Accredited Center (Professional Association of Therapeutic Horsemanship International). Located just west of Portland in Windham, ME, RTT is the state's only year round PATH Intl. Premier Accredited Center solely dedicated to serving people with disabilities through equine assisted activities and therapies. More than 250 clients visit annually, assisted by certified instructors, over 160 volunteers, and a herd of 18 horses, all specially trained to assist with therapeutic riding, carriage driving, equine assisted learning and hippotherapy. RTT is a community-based nonprofit, receives no federal or state funding and provides scholarships to over 60% of its clients. For more information about client services, volunteering, or making a gift, please visit us at [www.ridingtothetop.org](http://www.ridingtothetop.org) or call 207-892-2813.

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# Riverview Farm Updates

By Jojean Keller

Fences are repaired. Horses are covered with rain sheets and winter weather has wholeheartedly made an appearance, vowing to keep us all in snow, sleet, and other assorted winter weather conditions. Winter shovels, snow plows, salting roads, and de-icing sidewalks are part of the routine.

What are the horses doing, you may ask! How are they entertaining themselves?

First and foremost, we have the Celebration of the Round Bale, truly a sight to see. Horses gather round about the hay, eating, playing halter tag, or nudging each other, or my personal favorite, sleeping (and snoring lightly!). There's a true sense of equine community!

The second common occupation I've noted is the equine version of the Comedy Club! How entertaining to watch these incredibly flexible horse faces contort into the most amazingly funny positions.



Of course, there are always the picturesque poses that you find as you're looking around the fields.

I do hope the winter goes quickly, but in the meantime, I'll enjoy all the equine fun at the farm!





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# Healing Hearts Updates

By Alexis Anduze

At Riverview farm, there is a special horse. This special horse's name is Ry (Hazy Hot N Humid). Ry has a very rare condition called Pemphigus Foliaceous. This is an Auto Immune disease, which is when an affected horse begins to manufacture antibodies against its own skin.

The photo below shows when the bumps on her skin burst and before the vet shaved the area. Before the bumps burst, it looked like ringworm, but Lisa Bosse smelled infection, saw the bumps, and immediately called the vet.



The next photo shows the area after the vet shaved it. Although it looked bad then, now it's covered in her hair. She might always have the scars under her hair, but she'll never have to go through what she went through again.



After months of sitting in a pasture, a girl named Lexi came to the barn. Lexi had just finished dealing with the loss of her pony, Lola. Their first day was some simple lunging. Now, knowing the Topsham Fair was about a month away, they had to work quickly since Lexi was planning on going. Day two was their first day of riding. Ry was amazing. Although she did like to play with her bit, she had

the nicest jog. They worked on this until the Topsham Fair. Once the day came, Ry was all excited. The trailer training did come in handy! Once they arrived, Lexi took her into the ring to warm her up. Their first class was showmanship. They placed second! Next was an English pleasure class. They placed second! Then it was English equitation. They placed first! The western classes were very successful, as well; they won first in both classes! It wasn't long until they had a clinic and did their first canter! It was very good!



Now, Ry enjoys Lexi's Saturday visits, rides, and trick lessons at Riverview Farm. Ry is also looking for a sponsor to help pay for her vet bills and care!

*Jo-Jean Keller, a volunteer at Healing Hearts, states "Lexi's wonderful article tells the story of one of our rescue horses, Hazy Hot N Humid (Ry). I've been fortunate to interact with many young riders at Riverview Farm and through 4H, and of these horse enthusiasts, I believe Lexi is exceptional. She not only rides well, strives to improve her horsemanship, and enjoys competing in horse shows, but is concerned with the happiness and well being of all the horses around her. She is focused and motivated to learn more about horses and those ailments and diseases that may affect their lives. Her relationship with Ry is a great example of her ability to learn about, care for, and nurture a special horse!"*



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# A Year in Review at Hana Poulin Dressage & Driving LLC

By Hana Poulin

Another year has flown by at Hana Poulin Dressage & Driving LLC (HPD&D) located in Brunswick, ME.

In the Spring HPD&D welcomed Dustin Corro and his horse Ru, a 16-year-old Thoroughbred, to the team. As a young adult, Dustin rode Dressage for 12 years. He then moved on to do a wide range of other disciplines, including but not limited to, barrel racing and team penning. For four years he worked for the famous Arabian Nights as a trick rider. Before moving back to Maine, Dustin rode in the Hunter/Jumper circuit in Ocala, FL and New York.

This summer, HPD&D held four individual weeks of summer camp! Ages of the campers ranged from 7-16 years-old. The campers enjoyed learning how to care for horses, also known as cleaning stalls, grooming, bathing, properly tacking up western and english, how to harness, safely hook to carriage, and drive. They were also challenged to maneuver two miniature donkeys, owned by Deborah Arsenault Rogers, through an obstacle course set up by Hana and Dustin. During the hot summer days, the pool was open after riding. One group of campers were fortunate enough to be able to ride and drive with Larry Poulin.

With the efforts of The Maine Driving Club and HPD&D, a two day clinic was held with Larry Poulin. Larry is well known in the equestrian world. He is an

eight-time USET Pairs Champion, an eight-time World Pairs Championship competitor, and a USDF Bronze, Silver, and Gold medalist in the FEI dressage arena. The clinics were a success including riders and drivers of all levels. Larry will be returning to Maine June 29-30, 2019 for another clinic weekend. For more information, check out the Maine Driving Club and Hana Poulin Dressage & Driving LLC on Facebook.

HPD&D attended many of the Maine Driving Club driving events, including four driving derbies. HPD&D primarily competed Ashland Seren a 5-year-old Welsh Cob owned by Katie Matson. Ashland Seren was the Preliminary Level Derby Champion for the season. Along with competing this wonderful pony, HPD&D helped additional clients attend these events. The derbies are a wonderful low-key fun event for everyone to come and enjoy. It's also a great way to get horses out and introduced to new places and obstacles.

HPD&D also attended all the Tri-County horse shows in Union, ME. Two students, Madelyn McDonough and Katie Matson, were very competitive in the show ring. Congratulations to you both on all your trophies!

In a nutshell, these are the happenings at Hana Poulin Dressage & Driving LLC. We are looking forward to lots more to come. Happy Holidays and Happy New Year!



Dustin Corro with campers grooming Prince, owned by Margaret Higgins



Camper Zoe Williams on Cricket, aka The Wonder Pony



Hana Poulin and Susan Porter driving Ashland Seren, owned by Katie Matson. \*Photo credit Schooner Hill



HPD&D campers



Hana Poulin and Dustin Corro



Hana Poulin Dressage & Driving LLC Summer Camp



Camper Hannah Baker on Agamemnon Da Raposa. owned by Hana Poulin



Camper Jack Koch with Rio, owned by Emily Haller



Hana Poulin on Agamemnon Da Raposa with campers



Chelsea Harrington with her horse, Thor, and groom, Erin Vannah, with clinician Mary Gray



Campers with Elizabeth Hamilton driving her horse Sky



Campers with Larry Poulin



Camp pool time



Tri-County awards banquet: Katie Matson, Hana Poulin, and Madelyn McDonough



# State of Maine Dressage Association (SMDA) News

By Susan Pendleton

Although it's cold outside and many of us are taking a break from riding, SMDA is busy making plans for 2019!

## SMDA Equine Edition Omnibus

The 2019 SMDA Omnibus will be going to the printer on January 1, and will be handed out to current (2019) members at the Annual Meeting and Banquet. If you are unable to make the Banquet, the Omnibus will be mailed out to current SMDA members in late January. The Omnibus will include a full listing of SMDA-sponsored schooling shows, SMDA-affiliated schooling shows, and our USDF/USEF Recognized show. The show directory will also include the new 2019 tests!

## Officers and Board of Directors

We are most grateful to the people who stepped forward and offered to serve on SMDA's Board. To formalize the process, we'll be holding an election in early January. The election will be done via an e-survey. SMDA members will be emailed a link to the survey and will be able to vote for the new officers and board members. We'll make things official at the Annual Meeting, which will be a great opportunity to meet the new board, discuss the coming season, and for everyone to provide feedback and have the opportunity to participate.

## 2019 Shows

Show dates are May 19, July 14 (USDF/USEF show), August 11, and September 15. We're also pleased to once again have several SMDA-affiliated shows, including four shows at Life's a Ride in Saco (formerly Breezy Meadows), two shows at Scarlet Day Farm in Gray, and the Standardbred Pleasure Horse Organization (SPHO) show which is held at the Hollis Equestrian Park. All the show information, including the class lists, will be included in our 2019 SMDA Omnibus – Equine Edition.

## Western Dressage

We're seeing more Western Dressage riders at our shows. This year we'll be pinning the classes in two groups: Intro and Basic, and Level 1 and up. We're hoping this will encourage more Western Dressage riders and be more consistent with how the regular dressage classes are pinned.

## USEF Rider Tests

We've also added the USEF Rider Tests to our class list this year. The USEF Rider Tests were developed a few years ago with the objective of providing tests that had more emphasis on the rider's proficiency than the horse's gaits. More information about the USEF Rider Tests is available on USEF's website. It will be interesting to see these tests demonstrated, and if they catch on in popularity.

## Annual Meeting and Awards Banquet

SMDA's Annual Meeting and Banquet will be held Saturday, January 19 at Duffy's Restaurant in Old Orchard Beach. It will be a fun evening as we present awards to our riders to recognize their hard work and achievement. A highlight of the evening will be a talk by Jennifer Mitchell. Jennifer is a USEF Certified Human Sports Science Medicine Practitioner. She has a Physical Therapy practice located in Falmouth, and also travels to barns to provide rider assessments and treatment. It will be an interesting topic as all dressage riders struggle with various physical issues that affect their position and performance. We're also planning a silent auction to help with fundraising, so it should be a fun and interesting evening. Details and the sign-up form are available on SMDA's website.



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# Waldo County Riding & Driving Club

## End of Year Awards Banquet

By Avis Winchester

The Waldo County Riding & Driving Club held their awards banquet and luncheon on Sunday, November 11, at Troy Howard Middle School in Belfast, ME. A delicious pot luck luncheon was enjoyed and followed by The Chinese raffle. A handmade quilt, gift cards, tack supplies, books, and horse toys were among the prizes won by attendees. An exciting bonus drawing of all the non-winning tickets for ten pounds of lobster went to each of two lucky winners donated by the Wiberg family of Stonington. Our thirty-four sponsors were recognized, with many of them as banner sponsors and contributors for many years with the club. Without the sponsor contributions, our awards at our shows and banquet would not be possible.

The following classes had qualifiers for end of year awards with the Grand and Reserve placings:

**Adult Showmanship:** Grand: Sho Nuff Good/Trish Crowell. Reserve: Tara Woods Sugar Cody/Chantel Flewelling

**Junior Showmanship:** Grand: Sheza Lazy Thing/Samantha Fike. Reserve: Sho Nuff Good/Erin Stevenson

**Youth Showmanship:** Grand: Amblin On Easy/Ada Dishner. Reserve: Mystical Version/Madison Wiberg

**Halter Mares:** Grand: Sheza Lazy Thing/Samantha Fike. Reserve: Zips Etched In Stone/Hannah Ferreira

**Halter Geldings:** Grand: Zips Ice Ice Baby/Brooklyn Boerner. Reserve: Mystical Version/Madison Wiberg

**Halter Ponies and Minis:** Grand: GFF Nils/Maeve Littlefield

**Leadline Equitation:** Grand: Tara Woods Sugar Cody/Reese Flewelling

**Leadline Pleasure:** Grand: Tara Woods Sugar Cody/Reese Flewelling

**Leadline Game:** Grand: Tara Woods Sugar Cody/Reese Flewelling

**Youth English W/T Equitation:** Grand (tie): Zips Ice Ice Baby/Brooklyn Boerner and Mystical Version/Madison Wiberg

**Youth English Equitation:** Grand: Amblin On Easy/Ada Dishner. Reserve: Zips Etched In Stone/Hannah Ferreira

**Junior English Equitation:** Grand: Sheza Lazy Thing/Samantha Fike

**Youth English W/T Pleasure:** Grand: Zips Ice Ice Baby/Brooklyn Boerner. Reserve: Mystical Version/Madison Wiberg

**Youth English Pleasure:** Grand: Amblin On Easy/Ada Dishner. Reserve: Zips Etched In Stone/Hannah Ferreira

**Junior English Pleasure:** Grand: Sheza Lazy Thing/Samantha Fike

**Jr/Adult W/T Equitation:** Grand: GFF Nils/Maeve Littlefield. Reserve: Sho Nuff Good/Erin Stevenson

**Adult English Equitation:** Grand: Tara Woods Sugar Cody/Chantel Flewelling

**Junior English Equitation:** Grand: Sheza Lazy Thing/Samantha Fike

**Jr/Adult W/T Pleasure:** Grand: GFF Nils/ Maeve Littlefield. Reserve: Sho Nuff Good/Erin Stevenson

**Adult English Pleasure:** Grand: Tara Woods Sugar Cody/Chantel Flewelling

**Junior English Pleasure:** Grand: Sheza Lazy Thing/Samantha Fike

**Green English Pleasure:** Grand: Zips Etched In Stone/Hannah Ferreira. Reserve: Ivory Sparkles/Chantel Flewelling

**Open Road Hack:** Grand: Sheza Lazy Thing/Samantha Fike

**Open Command:** Grand: Tara Woods Sugar Cody/Chantel Flewelling. Reserve: Sheza Lazy Thing/Samantha Fike

**Open Command W/T:** Grand: Little Joker/Teresa Kinney. Reserve: Sho Nuff Good/Erin Stevenson

**Costume:** Grand: Ivory Sparkles/Logan Flewelling. Reserve: Little Joker/Teresa Kinney

**Open Trail, Lope:** Grand (tie): Tara Woods Sugar Cody/Chantel Flewelling and Sheza Lazy Thing/Samantha Fike

**Jack Benny:** Grand: Sho Nuff Good/Trish Crowell

**Youth W/J Western Horsemanship:** Grand: Mystical Version/Madison Wiberg. Reserve: Little Joker/Theresa Kinney

**Youth Western Horsemanship:** Grand: Zips Etched In Stone/Hannah Ferreira. Reserve: Amblin On Easy/Ada Dishner

**Junior Western Horsemanship:** Grand: Sheza Lazy Thing/Samantha Fike

**Youth W/J Western Pleasure:** Grand: Mystical Version/Madison Wiberg. Reserve: Zips Ice Ice Baby/Brooklyn Boerner

**Youth Western Pleasure:** Grand (tie): Zips Etched In Stone/Hannah Ferreira and Amblin On Easy/Ada Dishner

**Junior Western Pleasure:** Grand: Sheza Lazy Thing/Samantha Fike

**Jr/Adult W/J Western Horsemanship:** Grand: Sho Nuff Good/Erin Stevenson

**Adult Western Horsemanship:** Grand: Tara Woods Sugar Cody/Chantel Flewelling. Reserve: Sho Nuff Good/Erin Stevenson

**Junior Western Horsemanship:** Grand: Sheza Lazy Thing/Samantha Fike

**Jr/Adult W/J Western Pleasure:** Grand: Sho Nuff Good/Erin Stevenson

**Adult Western Pleasure:** Grand: Tara Woods Sugar Cody/Chantel Flewelling. Reserve: Sho Nuff Good/Trish Crowell

**Green Western Pleasure Horse:** Grand: Zips Etched In Stone/Hannah Ferreira

*Special High Point Awards were presented to the following:*

**In Hand Horse and Handler:** Grand: Zips Ice Ice Baby/Brooklyn Boerner. Reserve: Sheza Lazy Thing/Samantha Fike

**English Horse and Rider:** Grand: Mystical Version/Madison Wiberg. Reserve: Zips Ice Ice Baby/Brooklyn Boerner

**Western Horse and Rider:** Grand: Mystical Version/Madison Wiberg. Reserve: Tara Woods Sugar Cody/Chantel Flewelling

**Leadline:** Grand: Reese Flewelling/Tara Woods Sugar Cody

*Individual High Point Awards were presented to individuals and their horses who competed in multiple classes all season:*

**Youth:** Grand: Madison Wiberg/Mystical Version. Reserve: Brooklyn Boerner/Zips Ice Ice Baby

**Junior:** Grand: Samanth Fike/Sheza Lazy Thing. Reserve (tie): Erin Stevenson/Sho Nuff Good and Maeve Littlefield/GFF Nils

**Adult:** Grand: Chantel Flewelling/Tara Woods Sugar Cody. Reserve: Trish Crowell/Sho Nuff Good

We have a planning meeting in January to start planning for our 2019 show season. We have had considerable interest from the minis owners in our area in adding several minis classes to our show program. We encourage any and all minis owners to reach out to us via email at [wcrdc@yahoo.com](mailto:wcrdc@yahoo.com) with your ideas and interest in our club. We look forward to an exciting 2019 show season!





# Musings of a Horse Show Mom

By Stephanie Parron

## Secret Sauce

I had great plans this fall to check-off some bucket list items, but the terrible weather here in New England thwarted all my plans. Fall is my favorite time of year, and favorite time to ride. The air is crisp, but the sun warm, and a lot of my favorite horse things happen in the fall. The beaches open, fox hunting starts, and trails are beautiful. And I had planned to do all of this stuff this year. And every single one was rained out. And not like sprinkling rain or overcast skies. I'm talking downpours that made footing muddy enough to suck shoes right off your horse's feet. So no fun things for me this fall.



You could lose your boot in this mud. Yuck.

Fall also means IEA season. And this IEA season has been a bit different than the past two. Since we have changed barns and trainers, but stayed with our old team, we are a little disconnected from the team. I was worried about how this would all play out this season. And I think Allie was worried about it too, but she wanted to stay on this team, and stay with IEA, so we said we'd see how it all went.

I have really enjoyed being part of our IEA team. The parents, the coaches, the incredible team spirit the girls had with each other, it was really a recipe for fun and success that is hard to replicate. Everything just clicked. It's not the same this year. There are a lot of new team members, which is great for the team, but we don't know them well so there isn't the same closeness. A few of the parents have been...unfriendly. To me. Nothing overt, more subtle, but it's there. Which was something I did not expect, so it took me by surprise.

Ultimately the IEA team is about Allie, not about me. And as much as I enjoyed being a part of it, it's okay if I'm not. She doesn't really need me to help her anymore. She has been really successful again this season so far, with a lot of blue ribbons and being one of the first qualified individually for Regional Finals, as well as helping the team to qualify. Which is all really exciting. I wish it felt as exciting as last year. The feeling is so different,

and other team members have expressed it as well. They've said it doesn't feel the same, some of the older girls have talked about it not being fun anymore. It's like something is missing. It's that mystery ingredient that makes teams unbeatable, that makes them work cohesively. It's not skills, or practice time, or luck. It's something else. Something I can't quite describe, or really explain. It's the special sauce.

I've been thinking about what made our IEA team feel special the last couple years. And it's not one person or one thing. I'm not very much into sports, but I've heard people talk about the Patriots and how the combination of the players was what made the team great. Tom Brady is an amazing quarterback, and Belichick is a great coach, but by themselves they can't make the team great.



These guys are talented, but can't win games by themselves.

And I think it's that way with any organization, club, team, and so on. Everyone involved has to be in it 100%, doing whatever they can to make it successful. Doing their part; being there when needed. Let's face it, if the defense isn't doing their job, and the quarterback keeps getting sacked, I don't care how great he can throw, he'll never get the chance.

Over the years we've been part of other clubs centered around horses and none of them felt like our IEA team did the last few years. I always blamed that on the person running it, whoever was the "leader." And let's face it, leaders do make a huge impact on how the organization feels. But it's not just that, it's the people involved. It's people willing to give their time, go the extra mile, take on responsibility. Help the leaders. Welcome new members, make sure everyone knows what's expected and what to expect. Existing members that mentor the new ones, bring them in, make them feel part of something. That is one of the things that's missing. A few girls have expressed how they just want to ride their classes

and leave this year, where last year they would stay all day to help the younger girls. They don't want to put in that extra. So the whole feeling of the team suffers.

I'm sure this is natural, as girls graduate and move on, there are new girls coming up, and the dynamic changes. I think it would take tremendous effort to keep that special feeling going. And I'll be honest, with some of the chilly reception I have gotten, I'm not going out of my way to help keep it. And it doesn't seem like anyone else is making any efforts either.

So we head to regionals in a couple of months, and we see what happens from there. At least we know what special feels like, so if we come across it again, we'll appreciate it even more.



Some of the girls from last year's team.

*Stephanie Parron and her daughter Allie have been active in the local show circuit and IEA for several years. Stephanie writes a blog of the same title as her articles. You can find more musings at [musingsofahorsemom.blogspot.com/](http://musingsofahorsemom.blogspot.com/)*



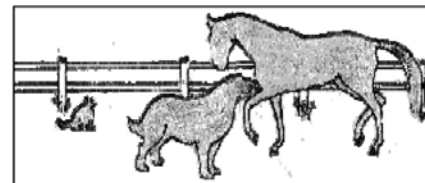
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# What is a Sleigh Rally?

Welcome to the exciting sport of sleighing! A winter sport where sleighing enthusiasts participate in classes judged on specific elements of driving a horse and sleigh. Drivers participate in many different events including: Appointment classes, obstacle courses, pleasure classes, reinsmanship, the ever-popular Currier and Ives and Ives.

### Appointment Classes

Appointment classes are unhitched, and are a showing of sleighing appointments, such as lap robes, foot warmers, muffs, and bells. In addition, the sleigh is judged on its antiquity.

### Currier and Ives

The Currier and Ives class pays homage to the 19th century artwork printed by Currier and Ives. Participants are judged on the authenticity and antiquity of their sleighs and costumes. This includes the overall picture, and the authenticity of dress of the driver, sleigh, appointments, bells, and harness. Participants often go to great lengths to restore their sleigh!

### Obstacle Courses

Obstacle courses require drivers to guide their horses through courses marked with cones and/or other props, such as bales of hay. Drivers must memorize the course, and be careful to avoid hitting any cones. Obstacle classes can vary - one variation includes two drivers who each drive the course and the fastest combination of time wins. Penalties, such as off-course, cones knocked over, or cones dislodged, are added in seconds to the overall time. A marathon course, which may or may not have obstacles to negotiate, can also be part of the day. Usually, this course is longer.

### Pleasure Classes

Horses of every size and breed can compete in pleasure classes, which are typically judged on the horse's suitability, movement, manners, and willingness. Horses are shown at the walk, collected trot, working trot, and a more forward trot. The sleigh and harness must be safe and well-fitted, and the judge might also take into consideration the health and fitness of the horse.

### Reinsmanship Classes

A reinsmanship class is a simple dressage test which tests the driver's accuracy. Horses of every size and breed can compete in reinsmanship, and the class is judged heavy on the driver and less on the horse.

While competitive, sleigh rallies are most importantly a chance to have fun with your horse and connect with other equestrians!



Carol Collins and Barb Pretorius  
\*Photo Schooner Hill Photography



Judy Stevens and her shetland pony horse cross, Annie



Betty Hauger and her granddaughter, with their mini, Rockstar



Darrell and R Kay's Autumn, a Percheron mare, put to a Canadian bobsled



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Feb 9	Skyline Farm	Sleigh day in North Yarmouth ME, contact 207-829-9203
Feb 10	T.R.O.T at Beem Farm	Sleigh rally in Palmyra ME, contact 207-368-5710
Feb 16-17	GMHA	Sleighing weekend - Saturday:combined test; Sunday: sleigh rally. Woodstock VT, contact Tracy at 802-457-1509 x204



# Derry Trail Riders (DTR)

By Patty Roncone

What do you do when you are new to New Hampshire and don't know anyone in the area?

Well, you follow your childhood dream and take horseback riding lessons, which leads you to the amazing opportunity to share your passion with a great group of fellow horse lovers!

Three years ago, I was given horseback riding lessons as a Christmas gift by my husband. I had always been head-over-heels in love with horses, but the opportunity just had not presented itself for me to follow my childhood dream. Two years later, my husband bought me that lesson horse as yet another Christmas present. (Yes, I have an amazing husband!)

What I acquired next was the granting of my membership into The Derry Trail Riders...a gift that keeps giving in so many ways...

Let me tell you a little about the history of Derry Trail Riders (DTR). The organization was founded in 1959 and is based in southern New Hampshire and northeastern Massachusetts. Originally, thirteen people met at Horse Hollow in Derry, NH to trail ride. In 1962, they organized their first NHHTA affiliated trail ride.

Over the years, Derry Trail Riders have sponsored many horse shows and gymkhanas and a myriad of club events. Monthly meetings are held at member's homes, often including a home cooked meal and an occasional guest speaker.

There are two benefit rides annually to benefit the State Parks. Some examples of other ways the members have helped out in the State Parks are as follows:

1. In Bear Brook State Park in Allenstown, the Derry Trail Riders have upgraded Lane Trail and helped to clear other trails. The DTR also funded the construction of the ADA compliant mounting ramp inside Bear Brook State Park.
2. At Patuckaway State Park, DTR funded the building of two bridges and removed an old collapsed bridge.

Derry Trail Riders have also supported members who have experienced hard times by buying hay, or organizing and sponsoring a benefit ride for a member in need of cancer surgery/treatments.

This year, the Derry Trail Riders also participated in the Christmas/Holiday Parade in Derry by having a float and horses march in the parade.

I myself, being an "older" new rider, have found that members are always inclusive. They are willing to share their knowledge about good horsemanship and just about anything related to the care of horses.

I would welcome you to look into joining, I know I'm glad I did!

Please like us on Facebook or here is the address to our website <http://www.derrytrailriders.com>.

Happy Trails!





# An Equine Affaire To Remember: A Culmination of 25 Years of Excellence in all Things Equestrian

By Beth Volpe

For twenty-five years, Equine Affaire has provided equestrians with the ultimate destination for education, entertainment, shopping, and more. Featuring two hundred educational sessions and seminars, the country's largest horse-themed trade show, and of course, horses as far as the eye can see, Equine Affaire is a delight for horse lovers of all ages. The 2018 Equine Affaire in Massachusetts took place November 8-11 at the Eastern States Exposition in West Springfield, MA. Excited visitors from all across the country surged through the gates each morning, united by their love of the horse.

"The thing I like most about Equine Affaire is the energy," said Muffy Seaton, competitive driving coach and featured Equine Affaire clinician, "Everyone really wants to be here, and they all want to learn. You walk in the building and it just hits you in the face. The energy is tangible."

Every year, Equine Affaire focuses on bringing the world's best professional horsemen and horsewomen together to share knowledge and expertise. With a full schedule each day and multiple arenas in use, attendees flocked to the clinics in droves and often left standing room only. This year, prominent horsemanship trainers Clinton Anderson, Mark Rashid, Brandi Lyons, Warwick Schiller, and Tik Maynard shared training tips and techniques while solving real-life problems with horse owners and their mounts. Dozens of other experts shared their insights and perspectives on how to excel in specific disciplines, ranging from eventing to dressage to driving and beyond, as well as horse care and management, nutrition, business practices, etc.

"Education is one of the key components of this event," said Coagi Long, president of Equine Affaire. "We love to bring a variety of prominent horse trainers, speakers, and specialists to Massachusetts so everyone can benefit from their expertise. It's one of the many reasons Equine Affaire is the place to be if you love horses or work in the horse industry."

In addition to educating and energizing horse owners, Equine Affaire inspires people with new experiences – including meeting unusual breeds of horses. In the Breed Pavilion and the barns, visitors interacted with dozens of unique breeds, including Friesians, Gypsy Vanners,

Fjords, and Belgians. Representatives from various breed associations fielded questions and told stories, making the breed exhibits a popular destination for families and especially children.

"Coming to Equine Affaire is very good because people get to learn more about horses," said Dani Amante, a young visitor from Long Island. "They see different horses' anatomy, they get to see how differently the horses are built and it helps people when they can feel the different textures of their coats and see their height differences."

In addition to the educational exhibits, Equine Affaire presents the country's largest horse-related trade show. With more than 450 vendors in five buildings, attendees enjoyed shopping, sampling products, and interacting with vendors. Sponsors such as Absorbine, Farnam, Nutrena, and more stocked their booths with informational pamphlets and products, and each booth also featured friendly and knowledgeable staff. Many of the clinicians held court at their own booths, answering questions from attendees in between clinics. According to Amy Cairry, the director of marketing for W.P. Young, parent company of Absorbine, the opportunity to build relationships with consumers is one of the highlights of Equine Affaire.

"We've loved watching Equine Affaire grow over the years, adding new programs, vendors, and exhibitions," Amy said. "It's been great to watch that growth and be part of it. We have really great conversations with thousands of people over the four days. It's an incredibly energizing way to get really good feedback from our consumers and to really connect with the equine world."

Absorbine is also the proud sponsor of the Fantasia, Equine Affaire's beloved musical celebration of the horse. While no Fantasia is the same, every performance showcases the elegance, diversity, beauty, and magic of the horse. This year's Fantasia featured a variety of acts, including Scott Seymour's driving team of six Belgians; Christine Drentwett's beautiful Andalusian, Cocados, in garocha; Loop Rawlins' One Man Wild West Show; and Luke Gingerich's fabulous American Quarter Horse, CJ Rio Zan Bar Gun, at liberty and under saddle, among others. The International Jousting Association hosted a jousting

demonstration between Scott Venable and Eliza Eldredge, while Nikki Fourtzialas presided. Finally, Christine Drentwett's own daughter, Shawn Drentwett, and her Friesian, Ricco, closed the show with a magical act complete with lighted costumes.

"Fantasia is an opportunity for everyone who enjoys horses to come together," Amy said. "It bridges across all ages, all experiences, and really pulls everyone together to celebrate the horse. It's so fun to watch the kids' mouths drop open when they see those beautiful horses and costumes under the spotlights."

The Versatile Horse & Rider Competition, sponsored by Nutrena, also took place during Equine Affaire on November 9. As one of the most popular events of the exposition, horse-and-rider teams race through a timed obstacle course designed to test the horse's athletic prowess, the rider's horsemanship skills, and the communication between horse and rider. More than 20 pre-selected horse-and-rider teams competed for \$5500 in cash plus other prizes, but only one horse and rider earned the title of Versatile Horse and Rider Champion: Jason Charles and Ms. Whiz It. The winning pair scored 69 points and finished the course in 5 minutes and 6 seconds. Lindsey Partridge and Trivia Time earned second place with a score of 61 points, while Luke Reinbold and Lonetree Set Free took third with a score of 60.

Equine Affaire gratefully acknowledges the contributions and support of all its sponsors, including Absorbine, sponsor of Fantasia; Cosequin, sponsor of the Equine Fundamentals Forum; Farnam, sponsor of the courtesy shopping bag; Horizon Structures, the official barn of Equine Affaire; Wahl, the official clipper of Equine Affaire; Nutrena, sponsor of the Versatile Horse & Rider Competition; and U.S. Equestrian, as well as dozens of other organizations.

On the heels of such a successful Equine Affaire in Massachusetts, start planning today to visit Equine Affaire in Columbus, Ohio on April 11-14, 2019. You can visit [equineaffaire.com](http://equineaffaire.com) for more information, including updates for next the Equine Affaire in Massachusetts. Featured clinician and horsemanship trainer Brandi Lyons recommends that everyone make the effort to attend Equine Affaire.



"I don't care if you're in California, come to Ohio or Massachusetts. Get on a plane and get here," Brandi advised. "You will be inspired. You will be educated. You're going to get excited. Far and away, Equine Affaire is the best-run, biggest show in the country. It's incredibly well done and it's the show to be at."

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# Skijor Skowhegan

## Be the thrill. See the thrill. Feel the thrill.

Northeast Equestrian Skijoring Regionals is a team time-trial race where a horse and rider pull a snowboarder or alpine skier down a 1,000-foot track of gates and jumps. Skijor Skowhegan is the only equestrian skijoring race in the Northeast.

Skijoring means “ski driving” in the Norwegian language and is a popular sport in the Scandinavian countries. Today, the sport is appreciated and practiced widely throughout the United States’ Midwest. Main Street Skowhegan is proud to bring the sport to Maine and the Northeast.

Competitors compete for cash prizes and other swag, as skijoring teams are ranked in a time-trial format. The fastest horse rider and skier/snowboarder team is awarded first place, and the second fastest team is awarded second place.

The event is scheduled for February 9, 2019, 1:00-4:00pm at Eaton Mountain Ski Area. Skijor Skowhegan competitor registration is now open! Visit their website and use the event ticket link to sign up! [www.somersetsnowfest.org/skijor-skowhegan/](http://www.somersetsnowfest.org/skijor-skowhegan/)



Equestrian skijoring, photo courtesy Gallatin Valley Skijoring Association

### Regulations

There will be a veterinarian on site with the authority to disqualify an animal for medical reasons. Any member of the organizing committee can require a horse to be examined by the veterinarian prior to racing.

Horses from out-of-state are required to provide a 1-year Coggins test and health certificate, per state regulations. Horses traveling in-state are required to provide a 3-year Coggins test.

Due to the nature of the event, Skijor Skowhegan’s insurance requires horse riders to be a minimum of 14 yo and skiers/snowboarders a minimum of 10 yo.

Sportsmanship is important to the success of the event and is a value of the Skijor Skowhegan community. Please use humane treatment of your horse and be respectful of other competitors, event officials, volunteers, and spectators.

Dogs MUST be leashed at all times while on the event premises. This is a fast-paced event and we expect dogs to be leashed for the safety of them, the horses, and competitors. If you have questions regarding how your dog will react, be a responsible owner and please leave them at home for the day.

Unmanned Aerial Vehicle (UAV) and drones are prohibited from flying at this event.

### Divisions

Pro—considered to be the highest skilled competitors with the fastest horses. A team consists of horse, rider and skier. The skier/snowboarder is expected to use the jumps included in the course.

Novice—considered to be beginning level competitors riding horses that may not have speed enough to be competitive in the pro division. Novice skier/snowboarders are not expected to hit jumps.

### Rules

1. Rules are the same for Pro and Novice divisions.
2. All skiers must wear approved snow sport helmets. Eye protection is recommended. If skier is under 18, parent/ guardian must sign parental consent forms.
3. Helmets are required for riders. If rider is under 18, parental consent form must be signed.
4. Horses must have at least two front winter shoes.
5. A horse may not run more than two times in a day.
6. The same team (i.e. same rider, same skier) may only compete once (see rule 8) and in only one division
7. A rider may ride up to two horses in each division in a single day.
8. It is permissible on the 2nd run of any horse in any division, for the rider to become the skier and the skier to become the rider. Keep in mind a horse can only run twice in a day.
9. Finishing the race: the skier must finish in an upright position and on at least one ski, with rope in hand when crossing the finish line. Both skier boots must cross the finish line.
10. Gates: both ski tips and both boots must go around a gate, or the gate is considered missed. Ski tips and ski boots must cross the horizontal plane of the gate also the vertical plane. Both skis do not need to be on the surface when passing the gate but must not cross the vertical plane, i.e. consider the gate is extended straight up to the sky; both skis must go around the imaginary gate extended to the sky.
11. If the skier drops the rope before crossing the start line, he/she will be allowed a restart, immediately.
12. The event official is authorized to pull competitors from a race if they deem the team is not fit to compete. Event official has the final decision.
13. Event organizers have the right to put age limits on divisions.
14. Competing under the influence of drugs or alcohol is strictly prohibited. Skijor Skowhegan and event organizers have the final say in related matters.

### Penalties

A five (5) second penalty is assessed for each missed jump or gate if registered for the Pro division.

A five (5) second penalty is assessed for each missed gate if registered for the Novice division.



*You are cordially invited...*

**CMDA Year End Awards Banquet**

**Hosted by: Central Maine Dressage Association**  
Saturday, January 19, 2019 at 12pm  
Mallett Hall in Pownal Center, ME  
Contact: centralmainedressage@gmail.com



**MeCTA Year End Awards Banquet**

**Hosted by: Maine Combined Training Association**  
Saturday, January 26, 2019 at 6pm  
The Elk's Lodge in Waterville, ME  
Contact: Wendy Madore at 207-949-0886



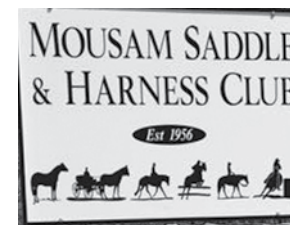
**MeHJA Year End Awards Banquet**

**Hosted by: Maine Hunter/Jumper Association**  
Saturday, January 19, 2019  
Annual meeting at 4pm, Social Hour at 5:30pm, Dinner and Awards at 6:30pm  
Martindale Country Club in Auburn, ME  
Contact: mainehjassn@gmail.com



**Mousam Saddle and Harness Club Year End Awards Banquet**

**Hosted by: Mousam Saddle and Harness Club**  
Saturday, January 12, 2019 at 5pm  
The Elk's Club in Saco, ME  
Contact: 207-929-8445



**SMDA Year End Awards Banquet**

**Hosted by: State of Maine Dressage Association**  
Saturday, January 19, 2019 at 5pm  
Duffy's Tavern & Grill in Old Orchard Beach, ME  
Contact: ccox3022@gmail.com





## Funny Fever (reprinted from January 2018)

I pulled into Shirley's place around 3 and carried my black toolbox into the barn. Shirley was standing in front of Red's dutch door with her arms crossed over the top, watching him. I pulled out my stethoscope and thermometer as Shirley opened the door and snapped a lead onto Red's halter. Shirley was right. The normally engaging and energetic gelding *was* spacey. I did a physical exam. His heart rate was a little high and his temperature was now 104.9. I noted the stocked up hind legs. One possibility was a puncture wound with a subsequent leg infection, but there was no break in the skin of his legs, and no pain when I squeezed his legs from top to bottom. Another possibility was Potomac Horse Fever, but there is usually a very watery diarrhea with that disease.

The medications that we use against Lyme seem to work well against Anaplasmosis. We occasionally see horses that have both going on at the same time. In our practice we have found that the treatment duration (usually two weeks) is not as long as for Lyme (six weeks). By the third day of treatment, horses seem better. The fever usually doesn't reoccur once the antibiotics are started. This disease is so new to us that we aren't sure how long the immunity lasts, but some literature says at least two years. I personally have not seen any repeat cases yet.

Like Lyme, Anaplasmosis only appears in areas where there are all the ingredients: deer as a primary host for the tick, probably an intermediate host like mice, and the

presence of the deer tick. To summarize, if your horse comes down with an unexplained fever that keeps returning, even after dosing with Banamine, call your vet to get a diagnosis and treatment. In our area Anaplasmosis is not as serious as Lyme in the horse. In people, however, it can be devastating. As with Lyme, herbal preparations and complementary treatments along with or after the antibiotic course are often helpful.

*Dr. Jefferson is the founding veterinarian of Maine Equine Associates. His essays from past columns in "The Horse's Maine and NH" are now in a book, Maine Horse Doctor: On The Road with Dr. J, available on Amazon. You can access his most recent columns on his web site, MaineEquineAssociates.com or on HorsesMaineAndNH.com*

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<b>January</b> <ul style="list-style-type: none"><li>Horse Health: Sedation</li><li>Winter Sports</li></ul>	<b>February</b> <ul style="list-style-type: none"><li>Builders: Barns &amp; Interior Features</li><li>Trailers</li></ul>	<b>March</b> <ul style="list-style-type: none"><li>Foot Care: Basic Management</li><li>Horse Health: Vaccinations</li></ul>
<b>April</b> <ul style="list-style-type: none"><li>Builders: Barns &amp; Fencing</li><li>Show Season</li></ul>	<b>May</b> <ul style="list-style-type: none"><li>County Fair Guide</li><li>Horse Health: Supplements</li></ul>	<b>June</b> <ul style="list-style-type: none"><li>Foot Care: Common Problems &amp; Diseases</li><li>Insurance: Liability</li></ul>
<b>July</b> <ul style="list-style-type: none"><li>Horse Health: Feeds &amp; Feeding</li><li>Rider Health: Fitness</li></ul>	<b>August</b> <ul style="list-style-type: none"><li>Builders: Barns &amp; Arenas</li><li>Insurance: Farm Buildings &amp; Equipment</li></ul>	<b>September</b> <ul style="list-style-type: none"><li>Horse Health: Alternative Therapy</li><li>Rider Health: Sports Phycology</li></ul>
<b>October</b> <ul style="list-style-type: none"><li>Foot Care: Winter Management</li><li>Gift Guide</li></ul>	<b>November</b> <ul style="list-style-type: none"><li>Gift Guide</li><li>Horse Health: Dental</li></ul>	<b>December</b> <ul style="list-style-type: none"><li>Gift Guide</li><li>Insurance: Equine</li></ul>

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# CALENDAR OF EVENTS

Anyone is welcome to put Maine or NH equestrian events in the Calendar of Events at no charge. Email entries to [editor@horsesmaineandnh.com](mailto:editor@horsesmaineandnh.com). Include the date, what it is, where it is (town/stable), and a contact number and/or email (contacts limited to two numbers or two emails, or one of each; no web pages please). Due to space limitations, we do not list camp sessions in the calendar. Sorry, we cannot take calendar entries over the phone. Check your calendar entries for accuracy.

## JANUARY 2019

<b>12</b>	<b>Annual Awards Banquet</b>	Mousam Saddle and Harness Club annual banquet at the Elk's Club in Saco, ME, contact Andrea at 207-929-8445
<b>12</b>	<b>Annual Awards Banquet</b>	NEJA annual awards banquet at the Ramada Inn in Lewiston, ME, contact 207-514-6626 or <a href="mailto:nejumperassociation@gmail.com">nejumperassociation@gmail.com</a>
<b>16</b>	<b>Educational Event</b>	Hay Analysis and Feed Talk at Andy's Agway, Dayton, ME. Bring your hay samples in by Jan 1. Andy's Agway sends it out for analysis and hosts and provides results and feeding recommendations, contact 207-282-2998
<b>19</b>	<b>Annual Awards Banquet</b>	SMDA annual awards banquet, Duffey's Tavern in Old Orchard Beach, ME, contact <a href="mailto:ccox3022@gmail.com">ccox3022@gmail.com</a>
<b>19</b>	<b>Annual Awards Banquet</b>	CMDA annual awards banquet, Mallett Hall in Pownal, ME, silent auction and potluck, contact <a href="mailto:centralmainedressage@gmail.com">centralmainedressage@gmail.com</a>
<b>19</b>	<b>Annual Awards Banquet</b>	MeHJA annual awards banquet, Martindale Country Club in Auburn, ME, contact Wendy McCann at <a href="mailto:mainehjassn@gmail.com">mainehjassn@gmail.com</a>
<b>26</b>	<b>Annual Awards Banquet</b>	MeCTA annual awards banquet at the Elk's Lodge in Waterville, ME, contact 207-848-5310

## FEBRUARY 2019

<b>2, 9, and 16</b>	<b>Educational Event</b>	Workshop Series - Fundamentals of Horsemanship for Middle Aged and Seniors three-day workshop series with Kate Bennett at Kate Bennett Horsemanship, Scarborough, ME. Contact Kate Bennett at 207-632-0052 or <a href="mailto:bennettk428@gmail.com">bennettk428@gmail.com</a> . Please leave a message if calling.
<b>2, 9, and 16</b>	<b>Educational Event</b>	Workshop Series - Fundamentals of Horsemanship for Tweens and Teens three-day workshop series with Kate Bennett at Kate Bennett Horsemanship, Scarborough, ME. Contact Kate Bennett at 207-632-0052 or <a href="mailto:bennettk428@gmail.com">bennettk428@gmail.com</a> . Please leave a message if calling.
<b>16</b>	<b>Fundraiser</b>	NEJA 2nd Annual Barn Bash Fundraiser at the Ramada Inn in Lewiston, ME, contact 207-514-6626 or <a href="mailto:nejumperassociation@gmail.com">nejumperassociation@gmail.com</a>
<b>19</b>	<b>Educational Forum</b>	Maine Driving Club, Carriage Maintenance, presented by John Happel. Time and Location TBD, contact Anna at 207-798-2616
<b>24</b>	<b>Hunter/Jumper Show</b>	NEJA Winter Series I Hunter/Jumper show at Hideaway Acres in Cumberland, ME, affiliated with MEHJA, contact 207-514-6626 or <a href="mailto:nejumperassociation@gmail.com">nejumperassociation@gmail.com</a>

## MARCH 2019

<b>23</b>	<b>Educational Forum</b>	Maine Driving Club, Driver Fitness/Body Mechanics, presented by Sam Morrison in Augusta. Time and Location TBD, contact Anna at 207-798-2616
<b>31</b>	<b>Hunter/Jumper Show</b>	NEJA Winter Series II Hunter/Jumper show at Hideaway Acres in Cumberland, ME, affiliated with MEHJA, contact 207-514-6626 or <a href="mailto:nejumperassociation@gmail.com">nejumperassociation@gmail.com</a>

## APRIL 2019

<b>27</b>	<b>Driving Clinic</b>	Maine Driving Club, clinic with Mary Gray, Dressage Readiness/Prep for ADT, contact Anna at 207-798-2616
<b>31</b>	<b>Two-Phase Show</b>	NEJA Spring Schooling Two-Phase show at Kennebec Morgan Farm in Woolwich, ME, affiliated with MeCTA, contact 207-514-6626 or <a href="mailto:nejumperassociation@gmail.com">nejumperassociation@gmail.com</a>

## MAY 2019

<b>4</b>	<b>Certification</b>	Special Olympics Coaches Training & Certification at Hearts & Horses Farm, 63 Justin Merrill Road in Buxton Me, contact 207-879-0489; this course is FREE of charge
<b>5</b>	<b>Driving Clinic</b>	Maine Driving Club, clinic with Scott Monroe, Driven Dressage at Upper Pond Stable in Litchfield, ME, contact Anna at 207-798-2616
<b>10-12</b>	<b>Horse Show</b>	Maine Appaloosa Horse Club 50th Anniversary Horse Show, open classes for all breeds and appaloosa classes, at Skowhegan Fairgrounds in Skowhegan ME, contact Mike Grass at 207-368-9414 or <a href="mailto:grassands252@gmail.com">grassands252@gmail.com</a>
<b>15</b>	<b>Dressage Show</b>	SMDA Dressage Schooling Show at Hollis Equestrian Park, Hollis ME, judge Krista Nordgren, contact Nancy Smith at 207-653-8255 or <a href="mailto:nancy.smith2002@yahoo.com">nancy.smith2002@yahoo.com</a>
<b>16-19</b>	<b>Clinic</b>	Horse Speak Immersion Clinic with Sharon Wilsie at Whispering Woods Stables, Augusta ME, contact Teresa at <a href="mailto:teresa@whisperingwoodsstables.com">teresa@whisperingwoodsstables.com</a> or 207-370-1150
<b>26</b>	<b>Dressage Show</b>	Life's A Ride Dressage Schooling Show in Saco, ME, SMDA affiliated, contact Cassi at 207-890-2606 or <a href="mailto:cassandrajmartin@yahoo.com">cassandrajmartin@yahoo.com</a>

## JUNE 2019

<b>2</b>	<b>Horse Show</b>	Tri-County Horsemen open show, Union Fairgrounds in Union, ME, contact Marilyn at 207-594-4039 or <a href="mailto:marilynksmith@roadrunner.com">marilynksmith@roadrunner.com</a>
<b>9</b>	<b>Dressage Show</b>	SPHO Dressage Schooling Show at Hollis Equestrian Park, Hollis ME, SMDA-affiliated, contact Gloria Steiger at 207-929-8746 or <a href="mailto:olgasteig@gmail.com">olgasteig@gmail.com</a>
<b>29</b>	<b>Driving Clinic</b>	Maine Driving Club, clinic with Larry Poulin, Drive/Ride Dressage at Upper Pond Stable in Litchfield, ME, contact Anna at 207-798-2616

## JULY 2019

<b>7</b>	<b>Dressage Show</b>	Scarlet Day Farm Dressage Schooling show, Gray ME, SMDA affiliated, contact Alicia at <a href="mailto:apeterstorrey@gmail.com">apeterstorrey@gmail.com</a> or 207-322-6256
<b>14</b>	<b>Horse Show</b>	Tri-County Horsemen open show, Union Fairgrounds in Union, ME, contact Marilyn at 207-594-4039 or <a href="mailto:marilynksmith@roadrunner.com">marilynksmith@roadrunner.com</a>
<b>16</b>	<b>Dressage Show</b>	SMDA Dressage GAIG/USDF Recognized Competition, Hollis Equestrian Park, Hollis ME, judge Ida Norris, contact Elena at 207-317-1472 or <a href="mailto:elena_raymond@yahoo.com">elena_raymond@yahoo.com</a>
<b>27</b>	<b>Clinic</b>	Mid Summer Medley with Tea-Bri-Lee Farm and Kate Bennett Horsemanship at Tea-Bri-Lee Farm, Winthrop, ME. Contact Kate Bennett at 207-632-0052 or Teagan Irene at 207-931-6793. Please leave a message if calling.



# CALENDAR OF EVENTS

## AUGUST 2019

4	Dressage Show	Life's A Ride Dressage Schooling Show in Saco, ME, SMDA affiliated, contact Cassi at 207-890-2606 or cassandrajmartin@yahoo.com
7-11	Clinic	Gaited Horse Clinic with Larry Whitesell at Whispering Woods Stables, Augusta ME, contact Teresa at teresa@whisperingwoodsstables.com or 207-370-1150
11	Horse Show	Tri-County Horsemen open show, Union Fairgrounds in Union, ME, contact Marilyn at 207-594-4039 or marilynsmith@roadrunner.com
11	Dressage Show	SMDA Dressage Schooling Show at Hollis Equestrian Park, Hollis ME, judge Melanie Peabody, contact Kristine Brassard at 207-252-8353 or kristie.bras-sard@maine.edu
25-26	Clinic	Masteron Method Beyond Horse Massage Clinic at Whispering Woods Stables, Augusta ME, contact Teresa at teresa@whisperingwoodsstables.com or 207-370-1150

## SEPTEMBER 2019

1	Dressage Show	Life's A Ride Dressage Schooling Show in Saco, ME, SMDA affiliated, contact Cassi at 207-890-2606 or cassandrajmartin@yahoo.com
8	Horse Show	Tri-County Horsemen open show, Union Fairgrounds in Union, ME, contact Marilyn at 207-594-4039 or marilynsmith@roadrunner.com
8	Dressage Show	Scarlet Day Farm Dressage Schooling show, Gray ME, SMDA affiliated, contact Alicia at apeterstorrey@gmail.com or 207-322-6256
13-15	Hunter/Jumper Show	Downeast Medal Finals at Skowhegan Fairgrounds in Skowhegan, ME, Warm-up day Sept 12, contact Ginger Albert at ginger@downeastmedalfinals.com
14	Driving Derby	Maine Driving Club, Derby at Spurwink Farm in Cape Elizabeth, ME, contact Anna at 207-798-2616
15	Dressage Show	SMDA Dressage Schooling Show at Hollis Equestrian Park, Hollis ME, judge Laura Mitchell, contact Maggie Roy at 207-400-4629 or maggie.s.roy@gmail.com

## OCTOBER 2019

12	Driving Clinic	Maine Driving Club, ADT in Harrison, ME, contact contactAnna at 207-798-2616
20	Dressage Show	Life's A Ride Dressage Schooling Show in Saco, ME, SMDA affiliated, contact Cassi at 207-890-2606 or cassandrajmartin@yahoo.com

**Is your group planning  
their 2019 calendar?**

**Send us your dates!**

***The Horse's Maine & NH*  
is STILL the best way  
to reach the  
Maine and NH  
equestrian communities.**

Email entries to [editor@horsesmaineandnh.com](mailto:editor@horsesmaineandnh.com).  
Include the date, type of show/event, location  
(city/state/stable), one contact number, and one  
email address.

# 2019

### January

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### February

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

### March

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### April

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### May

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### June

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

### July

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### August

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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*An All-Inclusive Guide for All Things Equestrian*

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*An All-Inclusive Guide for All Things Equestrian*

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494 Bean Road, Otisfield, ME  
207-595-7444  
avalon.meadows@gmail.com  
Hunter/Jumper, Boarding, Training

### Black Thunder Friesians

Cindi Spear  
25 Tarbox Lane, Buxton, ME  
207-651-1651  
blktunderfriesians@yahoo.com  
Boarding, Dressage, Training

### Brook Ledge Farm

Erin Vannah  
26 Woodledge Lane, Thomaston, ME  
207-542-7307  
brookledgefarm@icloud.com  
Boarding, Clinics

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769 East Side Road, Hancock, ME  
207-422-3001  
dlsequarterhorses@yahoo.com  
Lessons, Boarding, Camp

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www.eastmarkfarm.com  
Lessons, Boarding, Training

### Few Acres Farm

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dwcby@roadrunner.com  
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207-257-2278  
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### Glowin' Dreams Farm

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207-897-6536  
qtrhorse@gmail.com  
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### Hana Poulin Dressage & Driving LLC

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38 Bridge Road, Brunswick, ME  
207-200-0308  
hpoulin@alumni.unity.edu  
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### Hawk's Nest Farm

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40 Hawkes Lane, Bath, ME  
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cassandrajmartin@yahoo.com  
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### Northern Lights Horse Rescue

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### Oak Hill Equestrian Center

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97 White Oak Hill Road, Poland, ME  
207-515-1163  
oakhillhorse@gmail.com  
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### Piper Ridge Horse Farm

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61 Sokokis Trail South, Limerick, ME  
207-793-4101  
frannie@piperridgefarm.com  
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207-522-1651  
riverviewhorsefarm@aol.com  
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dnabeewee@yahoo.com  
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207-926-5789  
spfhorses@gmail.com  
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1289 Village Road, Smithfield, ME  
207-634-4770  
diane@thistle-ridge.com  
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paza@myottmail.com  
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## Central Maine Dressage Association

membership app available at [www.centralmainedressage.org](http://www.centralmainedressage.org)  
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[www.mainehunterjumper.com](http://www.mainehunterjumper.com)

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Types of Membership: Family (\$30) • Individual (\$25) • Barn (\$35)

*Subscription Year: April 2018 - March 2019*

Include Name, address, phone and email  
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Send with check or money order payable to Maine Hunter/Jumper Assoc. to Wendy McCann,  
64 Witham Rd, Auburn, ME 04210



## Mousam Saddle and Harness Club

[www.freewebs.com/mousamsaddleandharnessclub](http://www.freewebs.com/mousamsaddleandharnessclub)

On a separate paper please indicate:  
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mailing address, phone, & email address

*Subscription Year:*  
April 2018 - March 2019

**Please list the names of all horses to be shown**  
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Memberships: Family \$27.00 Individual: \$22.00  
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Membership forms available at: [www.mainedressage.com](http://www.mainedressage.com)

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**SMDA dues (include USDF dues)**  
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*Subscription Year: April 2018 - March 2019*

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Membership Application • [www.tricountyhorsemen.com](http://www.tricountyhorsemen.com)

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**and send to:**  
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*Subscription year:*  
April 2018 - May 2019



## Waldo County Riding & Driving Club

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[www.wcrdc.org/](http://www.wcrdc.org/)

Please attach paper listing family members (spouse and children under 19)  
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**Send with check or money order payable to Waldo County Riding & Driving Club to:**  
Avis S. Winchester, Sec., P.O. Box 752, Belfast, Maine 04915  
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*Subscription Year:*  
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- Email [editor@horsesmaineandnh.com](mailto:editor@horsesmaineandnh.com) for detailed information.

# Maine & NH Horse Organizations

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